

shoot at goal  
saethu at y gôl

javelin throwing  
taflu gwaywffon

loose maul  
sgarmes rydd

touch down  
tirio'r bêl

emphatic victory  
buddugoliaeth ysgubol

rugby ball  
pêl rygbi

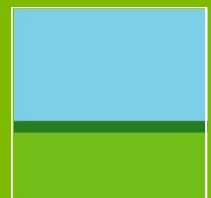
finishing line  
llynell derfyn

drop-goal  
gôl adlam

# Welsh and English

## Dictionary of Sporting & Recreational Terms

NATIONAL PLAYING  
FIELDS CYMRU



# **National Playing Fields Association / The European Language Initiative**

## **Lexicon of Sport and Recreational Terms in Welsh and English**

### **Background**

This dictionary of sports and recreational terms has been created as a joint undertaking between the National Playing Fields Association (NPFA) and The European Language Initiative (TELI). The project received financial assistance from the Welsh Language Board, whose contribution is gratefully acknowledged.

### **History of Welsh-language terms for sports and recreation**

Welsh terms for use in sports and recreation have been coined for over fifty years, and one of the earliest users of such terms in print was Dr Gwent Jones of Swansea who wrote articles on international rugby games for one of the Welsh-language papers. Reading his articles, one is struck by his increasing use of natural-sounding Welsh terms instead of merely transliterating English terms into Welsh. 'Bacs' ('backs'), for instance became 'cefnwyr' and other terms gradually followed suit. Several people contributed to this increasing trend, pre-eminent among them being Eic Davies, who used the increasing attention given to sport in the Welsh-language media to popularise the terms he coined. Such was their success that both spectators and the players themselves used them naturally and unselfconsciously. One only has to listen to the Welsh-language commentaries on Radio Cymru (the BBC's Welsh-language service) and S4C (the Welsh-language Fourth Channel in Wales) to appreciate to what extent they have become a natural part of the linguistic armoury of Welsh-speakers.

### **Rationale**

There are now more participants and followers of sport than there have ever been. This has been encouraged by such diverse factors as the growth of media coverage of sporting events, the new opportunities for training and enjoying sport thanks to public and private investment in facilities and the efforts of major bodies such as the Sports Council for Wales and the NPFA. It is important that the growth in sporting achievement and opportunities should be matched by initiatives to assist Welsh speakers and learners in discussing their favourite sports using the correct and appropriate vocabulary.

### **Aim**

The purpose of the new dictionary is to provide support for users of the Welsh language in a subject area that has become increasingly important to people of all ages, namely sport and recreation.

### **Content**

The sports included here are athletics, basketball, bowls, cricket, football, golf, hockey, rounders, rugby and tennis. Bearing younger users in mind we have also included a selection of terms relating to the sport of 'Quidditch' which features prominently in the Harry Potter novels by J. K. Rowling. We have followed the example set by the Welsh translator of the first of the novels, Emily Hughes, to whom we express our gratitude.

A further category of terminology included here relates to dogs and dog-owners. This reflects the policy of the NPFA in seeking a managed and acceptable use of playing field areas for dog exercising. Far from adopting a posture of exclusion, the NPFA regards dog-walking as a good form of outdoor exercise for those concerned, both human and canine. A sensible approach to this subject can be of benefit to all and be detrimental to no one.

### **Thanks**

The project team would like to express their thanks to a number of experts who were an invaluable source of authentic terminology. These included Jane Nockolds, Manager of Umpire Training for Hockey England, and the late Jeff Butterfield, a world-class international rugby player. The team would also like to thank Mrs Gwent Jones for making available her comprehensive collection of articles by her late husband, Dr Gwent Jones.

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## Abbreviations

adjective	<b>adj</b>	ansoddair
adverb	<b>adv</b>	adferf
conjunction	<b>conj</b>	cysylltair
noun	<b>n</b>	enw
plural noun	<b>npl</b>	enw lluosog
plural	<b>pl</b>	lluosog
preposition	<b>prep</b>	arddodiad
verb-noun	<b>v</b>	berfenw

## Byrfoddau

adferf	<b>adf</b>	adverb
ansoddair	<b>ans</b>	adjective
arddodiad	<b>ardd</b>	preposition
berfenw	<b>be</b>	verb-noun
cysylltair	<b>cys</b>	conjunction
enw benywaidd	<b>eb</b>	feminine noun
enw gwrywaidd	<b>eg</b>	masculine noun
enw gwrywaidd neu fenywaidd	<b>egb</b>	masculine or feminine noun
fenywaidd		noun
enw lluosog	<b>ell</b>	plural noun
rhywun	<b>rhn</b>	someone
rhywbeth	<b>rhth</b>	something

athletics	<b>ath</b>	<b>ath</b>	athletau
basketball	<b>bb</b>	<b>pf</b>	pêl-fasged
bowls	<b>bo</b>	<b>bo</b>	bowls
cricket	<b>cr</b>	<b>cr</b>	criced
dogs	<b>dg</b>	<b>cn</b>	cwn
football	<b>fb</b>	<b>pd</b>	pêl-droed
golf	<b>go</b>	<b>go</b>	golff
hockey	<b>ho</b>	<b>ho</b>	hoci
Quidditch	<b>qu</b>	<b>qu</b>	Quidditch
rounders	<b>ro</b>	<b>ro</b>	rownderi
rugby	<b>rg</b>	<b>rg</b>	rygbi
tennis	<b>tn</b>	<b>tn</b>	tennis

# A

**abuse** *n*  
cam-drin *be*

**abuse** *v*  
cam-drin *be*

**accelerate** *v*  
*ath*  
cyflymu *be*

**acceleration** *n*  
*ath*  
cyflymu *be*  
cyflymiad *eg*

**access** *n* to the jack  
*bo*  
mynediad (*eg*) i'r jac

**accident** *n*  
damwain *eb*  
damweiniau

**accidental** *adj*  
damweiniol *ans*

**accomplish** *v*  
cyflawni *be*

**accomplished** *adj*  
medrus *ans*

**accomplished player**  
chwaraewr (*eg*) medrus  
chwaraewyr medrus

**accomplished player**  
chwaraewraig (*eb*) fedrus  
chwaraewyr medrus

**accuracy** *n*  
cywirdeb *eg*

**accurate** *adj*  
cywir *ans*

**ace** *n*  
*tn*  
as *egb*  
asau,  
as-bwynt *eg*  
as-bwyntiau  
**to serve an ace**  
serfio as(-bwynt)

**active** *adj*  
gweithgar *ans*,  
prysur *ans*

**activity** *n*  
= general  
gweithgarwch *eg*  
= specific  
gweithgaredd *eg*  
gweithgareddau

**adaptable** *adj*  
*bo*  
i'w addasu

**advanced aerobics** *npl*  
*ath*  
aerobeg (*eb*) uwch

**advantage** *n*  
mantais *eb*  
manteision

**advantage** *n*  
*tn*  
mantais *eb*  
manteision

**advantage rule** *n*  
y rheol (*eb*) fantais

**adversarial** *adj*  
gwrthwynebus *ans*

**adversary** *n*  
gwrthwynebydd *eg*  
gwrthwynebwy

**advertising** *n*  
hysbysebu *be*,  
hysbyseb *eb*  
hysbysebion

**aerobics** *npl*  
*ath*  
aerobeg *eb*

**against the run of play**  
yn erbyn rhediad y chwarae

**aggression** *n*  
ymosodedd *eg*

**aggressive** *adj*  
ymosodol *ans*

**aggressive play** *n*  
chwarae'n (*be*) ymosodol  
chwarae (*eg*) ymosodol

**aggressive player** *n*  
= male  
chwaraewr (*eg*) ymosodol  
= female  
chwaraewraig (*eb*) ymosodol  
chwaraewyr ymosodol

**agile** *adj*  
ystwyth *ans*

**agility** *n*  
ystwythder *eg*

**agility area** *n*  
*dg*  
man (*eg*) cwn ystwyth  
mannau cwn ystwyth

**agility dog course** *n*  
*dg*  
cwrs (*eg*) cwn ystwyth  
cyrsgau cwn ystwyth

**albatros** *n*  
*go*  
albatros *eg*

**alert** *adj*  
effro *ans*

**alertness** *n*  
bod (*be*) yn effro

**alive ball** *n*  
*bb*  
pêl (*eb*) fyw  
peli byw

**all-round player** *n***= male**chwaraewr (*eg*) amryddawn**= female**chwaraewraig (*eb*)

amryddawn

chwaraewyr amryddawn

**all-rounder** *n***cr****= male**chwaraewr (*eg*) amryddawn**= female**chwaraewraig (*eb*)

amryddawn

chwaraewyr amryddawn

**all-rounder** *n*chwaraewr (*eg*) amryddawn

chwaraewyr amryddawn,

chwaraewraig (*eb*)

amryddawn

chwaraewyr amryddawn

**all-weather area** *n*cae (*eg*) pob-tywydd

caeau pob-tywydd

**all-weather pitch** *n*maes (*eg*) pob-tywydd

meyseidd pob-tywydd

**cr**llain (*eb*) pob-tywydd

lleiniau pob-tywydd

**all-weather surface** *n*wyneb (*eg*) pob-tywydd

wynebau pob-tywydd

**ambitious shot** *n***go**erygd (*eb*) uchelgeisiol

erygdion uchelgeisiol

**anabolic steroid** *n*steroid (*eg*) anabolig

steroidau anabolig

**analysis** *n*dadansoddiad *eg*

dadansoddiadau

**angle** *n***bo**ongl *eb*

onglau

**angled delivery** *n***ro**tafliad (*eg*) ar ongl

tafliadau ar ongl

**ankle strap** *n***tn**strapen (*eg*) migwrn

strapiau migwrn

**anti-climax** *n*siom *eb*

siomedigaethau

**anti-fouling sign** *n***dg**arwydd (*eg*) gwahardd

baeddu

**apparatus** *n*cyfarpar *eg***approach** *n***ath****= jumping events**dynesiad *eg***approach** *v***ath****= jumping events**nesáu *be***approach** *n*

nesáu,

dynesu,

dod / tynnu at *be***approach** *v*

nesáu,

dynesu,

dod / tynnu at *be***approach run** *n***ath****= jumping events**rhediad (*eg*) at y naid

rhediadau at y naid

**arc** *n***bo**arc *eg*

arcau

**armband** *n*rhwymyn (*eg*) braich

rhwymau braich

**arrogance** *n*haerllugrwydd *eg***arrogant** *adj*haerllug *ans***artificial** *adj*

artiffisial,

ffug *ans***artificial lighting** *n*goleuadau (*ell*) artiffisial,goleuo (*be*) artiffisial**artificial pitch** *n***cr**llain (*eb*) artiffisial

lleiniau artiffisial

**artificial surface** *n*wyneb (*eg*) artiffisial

wynebau artiffisial

**artificial turf** *n*porfa (*eb*) artiffisial**Ashes** *npl, the***cr**Lludw (*ell*), *y***assistant coach** *n***= male**hyfforddwr (*eg*) cynorthwyol**= female**hyfforddwraig (*eb*)

gynorthwyol

hyfforddwyr cynorthwyol

**assistant manager** *n***= male**rheolwr (*eg*) cynorthwyol**= female**rheolwraig (*eb*) gynorthwyol

rheolwyr cynorthwyol

**assistant referee** *n*dyfarnwr (*eg*) cynorthwyol

dyfarnwyr cynorthwyol

**Association of Cricket Umpires****cr**Cymdeithas (*eb*) Dyfarnwyr

Criced

## Association of Cricket Umpires and Scorers

cr

Cymdeithas (*eb*) Dyfarnwyr a Sgorwyr Criced

## astroturf *n*

astroturf *eg*

## athlete *n*

ath

= male

athletwr *eg*,  
mabolgampwr *eg*

= female

athletwraig *eb*  
athletwyr,  
mabolgampwraig *eb*  
mabolgampwyr

## athletics *n*

athletau *ell*,  
mabolgampau *ell*

## Athletics Association of Wales *n*

Cymdeithas (*eb*) Athletau Cymru

## atmosphere *n*

awyrgylch *eb*

## atmospheric *adj*

atmosfferig *eg*

## attack *n*

ymosodiad *eg*  
ymosodiadau

## attack *v*

ymosod *be*

## attacker *n*

ymosodwr *eg*  
ymosodwyr

## attacking *adj*

ymosodol *ans*

## attacking field *n*

cr

maes (*eg*) ymosodol

## attacking play *n*

chwarae (*eg*) ymosodol  
chwarae'n (*be*) ymosodol

## attacking player *n*

cr

= male

chwarawr (*eg*) ymosodol

= female

chwarawraig (*eb*) ymosodol  
chwarawyr ymosodol

## attacking player *n*

ho

chwarawr (*eg*) sy'n ymosod  
chwarawyr sy'n ymosod

## attacking shot *n*

tn

ergyd (*eb*) ymosodol  
ergydion ymosodol

## attacking team *n*

bb

tîm (*eg*) sy'n ymosod  
timau sy'n ymosod,  
tîm (*eg*) ymosodol  
timau ymosodl

## attendant *n*

gweinydd *eg*  
gweinyddion

## average *n*

cr

cyfartaledd *eg*  
cyfartaleddau

## award *v* a goal

fb, ho

caniatáu (*be*) gôl

## award *v* a penalty

fb, ho

rhoi (*be*) cic gosb

## awards ceremony *n*

seremoni (*eb*) wobrwyo  
seremonïau gwobrwyo

## away goal *n*

fb

gôl (*eb*) oddi cartref  
golïau oddi cartref

## away win *n*

ennill (*be*) oddi cartref

## awesome *adj*

aruthrol *ans*

## awesome skill *n*

sgil (*eb*) aruthrol,  
medrusrwydd (*eg*) aruthrol

## awesome speed *n*

cyflymder / cyflymdra (*eg*)  
aruthrol

## awesome strength *n*

cryfder (*eg*) aruthrol

# B

## back *adj*

fb

cefn *ans*

**in the back of the net**

yng nghefn y rhwyd

## back *v*

bacio *be*

## back bowl *n*

bo

pêl (*eb*) gefn

## back court *n*

bb

cwrt (*eg*) cefn  
cyrtiau cefn

## back court violation *n*

bb

treisio'r (*be*) cwrt cefn

## back foot *n*

cr

troed (*eb*) ôl

**off the back foot**

oddi ar y droed ôl

## back four *npl*

fb

pedwar (*eg*) (yn y) cefn

## back *v* into an opponent

bacio (*be*) i mewn i  
wrthwynebydd

**back line** *n*

ro  
llinell (*eb*) ôl  
llinellau ôl

**back nine** *n*

go  
= holes  
ail naw  
= tyllau

**back** *n* of the stick

ho  
cefn (*eg*) y ffon  
cefnau'r ffyn

**back pass** *n*

fb  
pàs (*eb*) yn ôl

**back row** *n*

rg  
rheng (*eb*) ôl  
rhengoedd ôl

**back spin** *n*

go  
ôl-droelliad *eg*

**back straight** *n*

ath  
= on the track  
trac (*eg*) syth ôl  
traciau syth ôl

**backboard** *n*

bb, ho  
bwrdd (*eg*) cefn  
byrddau cefn

**backhand** *n*

bo  
cefn (*eg*) llaw  
tn  
ergyd (*eb*) wrthlaw  
ergydion gwrthlaw  
a two-handed backhand  
ergyd wrthlaw â'r ddwy law

**backhand hit** *n*

ro  
ergyd (*eb*) wrthllaw  
ergydion gwrthlaw

**backhand stroke** *n*

ergyd (*eb*) wrthlaw  
ergydion gwrthlaw

**back-line** *n*

ho  
llinell (*eb*) gefn  
llinellau cefn

**backs** *npl*

rg  
olwyr *ell*

**backstop** *n*

ro  
ôl-stop *eg*  
ôl-stopiau

**backstop line** *n*

ro  
llinell (*eb*) ôl-stop  
llinellau ôl-stop

**backswing** *n*

bo  
swing (*eb*) cefn  
ro  
ôl-swing *eb*  
ôl-swingiadau

**backward area** *n*

ro  
parth (*eg*) cefn  
parthau cefn

**backward hit** *n*

ro  
ergyd (*eb*) tuag yn ôl  
ergydion tuag yn ôl

**backward line** *n*

ro  
llinell (*eb*) ôl  
llinellau ôl

**bad behaviour** *n*

ymddygiad (*eg*) gwael,  
ymddwyn (*be*) yn wael

**bag** *n*

go  
bag *eg*  
bagiau

**bail** *n*

cr  
cat / caten *eb*  
catiau

**balance** *n*

bo  
cydbwysedd *eg*

**balance** *v*

bo  
cydbwysu *be*

**ball** *n*

pêl *eb*  
peli

**ball returned to back court**

pêl wedi ei dychwelyd i'r  
cwrt cefn

**ball boy** *n*

tn  
bachgen (*eg*) y bêl  
bechgyn y bêl

**ball control** *n*

rheoli'r (*be*) bêl,  
rheolaeth (*eb*) ar y bêl

**ball game** *n*

gêm (*eb*) bêl  
gemau pêl

**ball girl** *n*

tn  
merch (*eb*) y bêl  
merched y bêl

**ball kids** *npl*

tn  
plant (*eg*) y bêl

**ball marker** *n*

go  
marciwr pêl *eg*  
marcwyr pêl

**ban** *n*

ho  
gwaharddiad *eg*  
gwaharddiadau

**ban** *v*

ho  
gwahardd *be*  
to ban without appeal  
gwahardd heb apelio  
ganiatáu apêl



**bank** *n*

go

bancyn *eg*  
bencydd

**banned substance** *n*

ath

sylwedd (*eg*) gwaharddedig  
sylweddau gwaharddedig

**base** *n*

= foundation

sail *eb*  
seiliau

ro

safle *eg*  
safleoedd

**base line** *n*

ath

llinell (*eb*) fas  
llinellau bas

**baseball cap** *n*

cap (*eg*) pêl-fas  
capiau pêl-fas

**baseline** *n*

tn

llinell (*eb*) gefn  
llinellau cefn

**basket** *n*

bb

basged *eb*  
basgedi

**basketball** *n*

pêl-fasged *eb*

**basketball court** *n*

cwrt (*eg*) pêl-fasged  
cyrtau pêl-fasged

**basketball player** *n*

chwaraewr (*eg*) pêl-fasged  
chwaraewyr pêl-fasged

**basketballer** *n*

= male

chwaraewr (*eg*) pêl-fasged

= female

chwaraewraig (*eb*)  
pêl-fasged  
chwaraewyr pêl-fasged

**bat** *n*

cr

bat *eg*  
batiau

**bat** *v*

cr

batio *be*

**baton** *n*

ath

ffon *eb*  
ffyn

**batsman** *n*

cr

batiwr *eg*  
batwyr

**batter** *n*

ro

batiwr *eg*  
batwyr

**batter's umpire** *n*

ro

dyfarnwr (*eg*) batio  
dyfarnwyr batio

**batting** *n*

cr

batio *be*  
batiad *eg*

**batting average** *n*

cr

cyfartaledd (*eg*) batio  
cyfartaleddau batio

**batting crease** *n*

cr

cris (*eg*) batio

**batting order** *n*

cr

trefn (*eb*) (*y*) batio

ro

trefn (*eb*) fatio  
trefniadau batio

**batting square** *n*

ro

sgwâr (*eg*) batio  
sgwariau batio,  
sgwâr (*eb*) fatio  
sgwariau batio

**beat** *v*

trechu,  
maeddu,  
curo *be*

**beaten finalist** *n*

= player male

chwaraewr (*eg*) a gollodd yn  
y rownd olaf

= player female

chwaraewraig (*eg*) a gollodd  
yn y rownd olaf  
chwaraewyr a gollodd yn y  
rownd olaf

= team

tîm (*eg*) a gollodd yn y  
rownd olaf  
timau a gollodd yn y rownd  
olaf

**behaviour** *n*

ymddygiad *eg*

**bell** *n*

ath

= for final lap

cloch *eb*  
clychau

**bend** *v* the ball

fb

crymanu'r (*be*) bêl

**benefit** *n*

budd *eg*  
buddion

**benefit** *v* (from / by)

elwa (*be*) o

**benefit match** *n*

gêm (*eb*) fudd  
gemau budd

**bias** *n*

bo

tuedd *eb*

**bicycle riding** *n*

gyrru (*be*) beic

**big hit** *n*

tn

ergyd (*eb*) fawr  
ergydion mawr

**big hitter** *n***tn**erygydiwr (*eg*) mawr  
erygdwyr mawr**big match** *n*gêm (*eb*) fawr  
gemau mawr**big serve** *n***tn**serfiad (*eg*) mawr  
serfiadau mawr**big server** *n***tn**serfiwr (*eg*) mawr  
serfwyr mawr**birdie** *n***go**byrdi *eg*  
byrdïau,  
pluen *eb*  
plu**birdie** *v***go**cael (*be*) byrdi / pluen**birdie opportunity** *n***go**cyfle (*eg*) am fyrdi /  
am bluen  
cyfleoedd am fyrdi /  
am bluen**birdie putt** *n***go**pyt (*eb*) am fyrdi /  
am bluen**blatant** *adj*amlwg *ans***blatant disregard for the rules**anwybyddu'r rheolau'n  
llwyr**blatant foul** *n*trosedd (*egb*) amlwg  
troseddau amlwg**block** *v*atal *be*,  
blocio *be***qu**rhwystro *be***blocking** *n***bb**blocio *be***blocking bowl** *n***bo**pêl (*eb*) flocio  
peli blocio**blow** *n*ergyd *eb*  
ergydion**blow** *v*chwythu *be***blow** *n* to the headergyd (*eb*) i'r pen  
ergydion i'r pen**blow** *n* to their prideergyd (*eb*) i'w balchder  
ergydion i'w balchder**blow** *v* the (final) whistlechwythu'r (*be*) chwiban (olaf)**bludger** *n***qu**dilynwr *eg*  
dilynwyr**a rogue bludger**

dilynwr castiog

**blunder** *n*camgymeriad *eg*  
camgymeriadau**blunder** *v*gwneud (*be*) camgymeriad**bodily contact** *n*cyswllt (*eg*) corfforol**body ball** *n***ro**pêl (*eb*) at y corff  
peli at y corff**bodyline bowling** *n***cr**bowlïo (*be*) at y corff**bogey** *n***pl bogeys****go**bogi *eg*  
**a bogey seven**  
bogi saith  
un dros y safon *eg***bounce** *n*adlam *eg*  
adlamau**bounce** *v*adlamu *be***bounce pass** *n***bb**pàs (*eb*) sboncïo  
pasïau sboncïo**bouncer** *n***cr**bownsar *eg*  
bownsars**bouncing** *n***bb**sboncïo *be*,  
bownsïo *be***boundary** *n***cr**ffin *eb*  
ffiniau**to reach the boundary**

cyrraedd y ffin

**a catch on the boundary**

dal (y bêl) ar y ffin

**boundary line** *n***bb, ro**llinell (*eb*) (y) ffin  
llinellau ffin**bounds** *npl***bb**ffiniau *ell*  
**in bounds**  
o fewn y ffin

**bowl** *n*

**bo**

pêl *eb*  
peli

**bowl** *v*

**bo, cr**

bowlio *be*

**bowl** *v* **over the wicket**

**cr**

bowlio (*be*) dros y wiced

**bowl** *v* **round the wicket**

**cr**

bowlio (*be*) rownd y wiced,  
bowlio (*be*) o amgylch y  
wiced

**bowler** *n*

**bo, cr, ro**

bowliwr *eg*  
bowlwyr

**bowler's end** *n*

**cr**

pen (*eg*) (y) bowliwr

**bowler's grip** *n*

**ro**

gafael (*eb*) (y) bowliwr

**bowler's swing** *n*

**ro**

swing (*eb*) bowliwr

**bowler's umpire** *n*

**ro**

dyfarnwr (*eg*) bowlio  
dyfarnwyr bowlio

**bowling** *n*

**cr**

bowlio *be*

**bo**

bowlio *be*,  
bowliad *eg*  
bowliadau

**bowling arm** *n*

**bo**

braich (*eb*) fowlio  
breichiau bowlio

**bowling average** *n*

**cr**

cyfartaledd (*eg*) bowlio  
cyfartaleddau bowlio

**bowling club** *n*

**bo**

clwb (*eg*) bowlio  
clybiau bowlio

**bowling crease** *n*

**cr**

cris (*eg*) bowlio

**bowling green** *n*

**bo**

llain (*eb*) fowlio  
lleiniau bowlio

**bowling square** *n*

**ro**

sgwâr (*eg*) bowlio  
sgwârïau bowlio,  
sgwâr (*eb*) fowlio  
sgwârïau bowlio

**bowls** *n*

**bo**

bowls *ell*

**bowls player** *n*

**bo**

chwaraewr (*eg*) bowls,  
chwaraewraig (*eb*) bowls  
chwaraewyr bowls

**box** *n*

**cr**

= protector

blwch *eg*  
blychau

**fb**

= penalty area

blwch *eg*  
blychau

**in the box**

yn y blwch

**bravado** *n*

ymorchestu *be*

**brave** *adj*

dewr *ans*

**breach** *n*

torri *be*

**breach** *v*

torri *be*

**breach** *n* **of the rules**

torri'r (*be*) rheolau

**breach** *v* **the rules**

torri'r (*be*) rheolau

**break** *n*

**fb**

toriad *eg*  
toriadau

**on the break**

ar y toriad

**break** *v* **back**

**tn**

torri'n (*be*) ôl

**break** *v* **down**

**ho**

torri (*be*) i lawr

**to break down play**

torri'r chwarae

**break** *n* **of serve / service**

**tn**

torri'r (*be*) serfiad

**break point** *n*

**tn**

torbwynt *eg*  
torbwyntiau

**break** *v* **serve / service**

**tn**

torri'r (*be*) serfiad

**break** *v* **the record**

torri'r (*be*) record

**break** *v* **through**

torri (*be*) drwodd

**break-through** *n*

torri (*be*) drwodd

**breath** *n*

anadl *egb*  
anadiadau

**breather** *n*

hoe *eb*  
**take a breather**  
 cael hoe (fach)

**breath-taking** *adj*  
 syfrdanol *ans*

**breath-taking display** *n*

arddangosiad (*eg*)  
 syfrdanol / rhyfeddol  
 arddangosiadau  
 syfrdanol / rhyfeddol

**broadcast** *n*

darlediad *eg*  
 darlediadau

**broadcast** *v*

darledu *be*

**broadcaster** *n*

= **male**  
 darledwr *eg*  
 = **female**  
 darledwraig *eb*  
 darledwyr

**bronze medal** *n*

medal (*eb*) efydd  
 medalau efydd

**broom** *n*

*qu*  
 pastwn *eg*  
 pastynau

**broomstick** *n*

*qu*  
 ysgub *eb*  
 ysgubau

**buck** *v*

*qu*  
 lluchio *be*

**buggy** *n*

*go*  
 bygi *eg*  
 bygis

**build** *v* **the head**

*bo*  
 adeiladu'r (*be*) pen

**bully** *n*

*ho*  
 bwli *eg*  
 bwliâu  
**to award a bully**  
 dyfarnu bwli  
**to take a bully**  
 cymryd bwli

**bully-off** *n*

*ho*  
 cychwyniad *eg*  
 cychwyniadau

**bully** *v* **off**

*ho*  
 bwlio *be*

**bump** *v*

*bo*  
 bympio *be*

**bunker** *n*

*go*  
 byncer *eg*  
 bynceri,  
 pwll (*eg*) tywod  
 pyllau tywod

**bunker shot** *n*

*go*  
 ergyd (*eb*) o'r tywod / o'r  
 byncer  
 ergydion o'r tywod / o'r  
 byncer

**bye** *n*

*cr*  
 bei *eb*  
 beis,  
 pêl (*eb*) heibio  
 peli heibio

**C****caddy** *n*

*go*  
 cadi *egb*  
 cadiâu

**caddy** *v*

*go*  
 cadio *be*,  
 cario'r (*be*) clybiau

**calling in** *n*

*ro*  
 galwad (*eb*) i mewn  
 galwadau i mewn,  
 galw (*be*) i mewn

**cancel** *v* **play**

*bb*  
 diddymu'r (*be*) chwarae

**cancel** *v* **score**

*bb*  
 diddymu (*be*) sgôr

**canisite** *n*

*dg*  
 man (*eg*) toiled cwn  
 manau toiled cwn

**cannon** *n*

*bo*  
 canon *eg*  
 canonau

**cannon** *v*

*bo*  
 taro (*be*) dwy bêl

**cap** *n*

*cr*  
 cap *eg*  
 capiau  
**a player with 29 caps**  
 chwaraewr wedi ennill  
 29 o gapiau

**cap** *v*

rhoi (*be*) cap  
**a twice-capped player**  
 chwaraewr â dau gap

**capacity crowd** *n*

tyrfa (*eb*) lond y lle

**capped player** *n*

= **male**  
 chwaraewr (*eg*) (sydd) wedi  
 ennill cap(iau)

= female

chwaraewraig (*eb*) (sydd)  
wedi ennill cap(iau)  
chwaraewyr (sydd) wedi  
ennill cap(iau)

**captain** *n*

capten *eg*  
capteiniaid

**captain** *v*

bod (*be*) yn gapten

**captain** *v* a team

bod (*be*) yn gapten ar dîm

**captain's armband** *n*

rhwymyn (*eg*) (braich) y  
capten  
rhwymau (braich) y  
capteiniaid

**captaincy** *n*

capteiniaeth *eb*

**carbon graphite** *n*

go

= club

clwb (*eg*) carbon graffit  
clybiau carbon graffit

**card** *n*

cerdyn *eg*  
cardiau

**card** *v*

ho

cael (*be*) cerdyn  
**he has been 'carded'**  
mae (*ef*) wedi cael cerdyn

**carpet** *n*

bo

carped *eg*  
carpedi

**cast** *v* the jack

bo

taflu'r (*be*) jac

**casting** *n* the jack

bo

taflu'r (*be*) jac

**catch** *n*

daliad *eg*  
daliadau

**to make / take / drop a  
catch**

dal / gollwng y bêl

**an easy catch**

daliad hawdd / rhwydd

**catch** *v*

dal *be*

**to catch the ball**

dal y bêl

**catch** *v* the ball

dal (*be*) y bêl

**caution** *n*

rhybudd *eg*  
rhybuddion

**caution** *v*

rhybuddio *be*

**central defender** *n*

fb

amddiffynnwr (*eg*) canol (y)  
cae  
amddiffynwyr canol (y) cae

**centre** *n*

= player

canolwr *eg*  
canolwyr

= position

canol *eg*

**centre back** *n*

fb

canolwr (*eg*) cefn  
canolwyr cefn

**centre circle** *n*

fb

cylch (*eg*) canol  
cylchoedd canol

**Centre Court** *n*

tn

Cwrt (*eg*) Canol

**centre forward** *n*

fb

canolwr (*eg*) blaen  
canolwyr blaen

**centre half** *n*

fb

canolwr *eg*  
canolwyr

**centre line** *n*

llinell (*eb*) ganol  
llinellau canol

**centre manager** *n*

= male

rheolwr (*eg*) canolfan / y  
ganolfan

= female

rheolwraig (*eb*) canolfan / y  
ganolfan  
rheolwyr canolfan / y  
ganolfan

**centre** *n* of the green

go

canol (*eg*) y lawnt

**centre pass** *n*

ho

pàs (*eg*) canol  
pasiau canol

**centre-line** *n*

llinell (*eb*) ganol  
llinellau canol

**centrifugal force** *n*

ath

grym (*eg*) allgyrchol  
grymoedd allgyrchol

**chain** *n*

cr

= 22 yards

cadwyn *eb*  
cadwyni

**challenge** *n*

her *eb*

**challenge** *v*

herio *be*

**champion** *n*

= male

pencampwr *eg*

= female

pencampwraig *eb*  
pencampwragedd

**Champions' League** *n*

**fb**  
Cynghrair (*eb*) y  
Pencampwyr

**change** *n*

**tn**  
newid *eg*  
newidiadau  
**change of ends**  
newid pen

**change** *v*

**tn**  
newid *be*  
**to change ends**  
newid pen

**change** *n of pace*

**tn**  
newid (*be*) cyflymder /  
cyflymdra

**change-over** *n*

**ath**  
= **in relay race**  
cyfnewid *eg*

**change-over zone** *n*

= **in relay race**  
parth (*eg*) cyfnewid  
parthau cyfnewid

**changing room** *n*

ystafell (*eb*) newid  
ystafelloedd newid

**character** *n*

cymeriad *eg*  
cymeriadau

**charge** *n*

yмосodiad *eg*  
yмосodiadau,  
hyrddiad *eg*  
hyrddiadau

**charge** *v*

yмосod *be*,  
hyrddio *be*

**charge** *v a player with an offence*

cyhuddo (*be*)  
chwaraewr(aig) o drosedd

**charge** *v an opponent*

hyrddio (*be*) yn erbyn  
gwrthwynebydd

**charged time-out** *n*

**bb**  
amser (*eg*) allan am hyrddio  
amserau allan am hyrddio

**charging** *n*

hyrddio *be*

**charitable status** *n*

statws (*eg*) elusenol

**chaser** *n*

**qu**  
ymliidiwr *eg*  
ymliidwyr

**chest pass** *n*

**bb**  
pàs (*eb*) o'r frest  
pasiau o'r frest

**child prodigy** *n*

plentyn (*eg*) athrylithgar  
plant athrylithgar

**chip** *n*

**fb**  
cic (*eb*) godi  
ciciau codi

**tn**

tsip *eg*  
**a chip shot**  
ergyd tsipio

**chip** *n (shot)*

**go**  
tsip,  
clip *eb*

**chip shot** *n*

**fb**  
tsip *eg*  
tsipiau

**chip** *v*

**fb, tn**  
tsipio *be*

**go**

tsipio,  
clipio *be*  
**to chip the ball**  
tsipio'r bêl

**choose** *v*

**ho**  
dewis *be*  
**to choose possession**  
dewis cæi (*y*) meddiant  
**to choose end(s)**  
dewis pen

**circle-line** *n*

**ho**  
llinell (*eb*) gylch  
llinellau cylch

**circuit training** *n*

hyfforddiant (*eg*) cylchol

**claw grip** *n*

**bo**  
gafael (*eb*) crafanc

**clay court** *n*

**tn**  
cwrn (*eg*) clai  
cyrtiau clai

**clean** *v up*

**dg**  
glanhau *be*  
**to clean up after a dog**  
glanhau ar ôl ci

**clear** *v*

clirio *be*

**clear** *v (the ball)*

**fb**  
clirio'r (*be*) bêl  
**to clear off the line**  
clirio oddi ar y llinell,  
clirio'r (*bêl*) oddi ar y llinell

**climax** *n*

uchafbwynt *eg*  
uchafbwyntiau

**clock** *n*

**bb**  
cloc *eg*  
clociau

**close** *adj*

**cr**  
agos *ans*  
**close fielder**  
maeswr agos

**close-in shot** *n*

bb

ergyd (*eb*) glos  
ergydion clos

**club** *n*

go

clwb *eg*  
clybiau

**club face** *n*

go

wyneb (*eg*) y clwb

**club pro** *n*

go

chwaraewr (*eg*) proffesiynol  
y clwb  
chwaraewyr proffesiynol y  
clwb / clybiau

**club secretary** *n*

go

ysgrifennydd (*eg*) clwb  
ysgrifennyddion clybiau

**clubhouse** *n*

go

clwb *eg*  
clybiau

**cluster** *n*

bo

clwstwr *eg*  
clystyrau

**a cluster round the jack**

clwstwr o gwmpas y jac /  
amgylch y jac

**cluster** *v*

bo

clystyru *be*

**to cluster round the jack**

clystyru o gwmpas y jac /  
amgylch y jac

**coach** *n*

= male

hyfforddwr *eg*

= female

hyfforddwraig *eb*  
hyfforddwyr

**coach** *v*

hyfforddi *be*

**coaching** *n*

hyfforddiant *eg*

**Codes npl of Laws**

cr

Codau'r (*ell*) Cyfreithiau

**collapse** *n*

cr

colli (*be*) wicedi'n gyflym

**collapse** *v*

cr

colli (*be*) wicedi'n gyflym

**collegiate league** *n*

bb

cynghrair (*eg*) colegol  
cynghreiriau colegol

**colour** *n*

lliw *eg*  
lliwiau

**combined event** *n*

ath

= decathlon, heptathlon,

pentathlon

digwyddiad (*eg*) ar y cyd  
digwyddiadau ar y cyd

**commentary** *n*

sylwebaeth *eb*  
sylwebaethau

**commentary box** *n*

blwch (*eg*) sylwebu  
blychau sylwebu

**commentate** *v*

sylwebu *be*

**commentator** *n*

sylwebydd *eg*  
sylwebyddion

**commit** *v* a foul

cyflawni (*be*) trosedd

**commit** *v* an offence

cyflawni (*be*) trosedd

**community recreation**

**space** *n*

man (*eg*) hamdden  
cymunedol  
mannau hamdden  
cymunedol

**community use** *n*

defnyddio *be* / defnydd (*eg*)  
gan y gymuned,  
defnydd (*eg*) cymunedol

**compete** *v*

cystadlu *be*

**competition** *n*

cystadleuaeth *eb*  
cystadlaethau

**competitive** *adj*

cystadleuol *ans*

**competitor** *n*

cystadleuydd *eg*  
cystadleuwyr

**complete** *v* a round

go

cwblhau (*be*) rownd

**concede** *v* defeat

idlio *be*

**concentrate** *v*

canolbwyntio *be*

**they're concentrated  
around the ball**

maen nhw wedi crynhoi o  
amgylch / gwmpas y bêl

**concentration** *n*

canolbwyntio *be*

**condition** *n*

cyflwr *eg*  
cyflyrau

**conditions are poor**

mae cyflwr y maes / llain  
yn sâl / wael

**in good condition**

mewn cyflwr da

**confidence** *n*hyder *eg***to develop confidence**

magu hyder

**to lose confidence**colli hyder,  
gwangalonni,  
digalonni**confident** *adj*hyderus *ans*,  
ffyddiog *ans***confront** *v*wynebu *be***confrontation** *n*gwrthdaro *be / eb***contact** *n*cyswllt *eg***contact** *v*cysylltu â *be***contact game** *n*gêm (*eb*) gyswllt  
gemau cyswllt**contact sport** *n*camp (*eb*) gyswllt  
campau cyswllt**contest** *n*cystadleuaeth *eb*  
cysylltiadau**contest** *v*cystadlu *be***control** *n*rheolaeth *eb***to be in control of the ball**bod yn rheoli'r bêl, bod â  
rheolaeth ar / dros y bêl**control** *v*rheoli *be***control** *v* the ballrheoli'r (*be*) bêl**control** *v* the gamerheoli'r (*be*) gêm**controlled pace** *n**bo*cyflymder / cyflymdra (*eg*)  
dan reolaeth**controlled weight** *n**bo*pwysau (*ell*) dan reolaeth**conversion** *n**rg*trosiad *eg*  
trosiadau**convert** *v**rg*trosi *be***to convert a try**

trosi cais

**converted try** *n**rg*trosgais *eg*  
trosgeisau**convincing victory** *n*buddugoliaeth (*eb*)  
ddiamheuol / lwyr  
buddugoliaethau  
diamheuol / lwyr**co-ordination** *n*cydlynu *be*,  
cydlyniant *eg***corner** *n**fb*cornel *egb*  
corneli**to concede a corner**

ildio cornel

**to take a corner**

cymryd cic gornel

**corner arc** *n**fb*arc (*eb*) gornel  
arcau cornel**corner flag** *n**fb*lluman (*eg*) cornel  
llumanau cornel**corner kick** *n**fb*cic (*eb*) gornel  
ciciau cornel**correct line** *n**bo*llinell (*eb*) gywir  
llinellau cywir**correct weight** *n**bo*pwysau (*ell*) cywir**counter-balance** *v**bo*gwrthbwysu *be***county championship** *n**cr*pencampwriaeth (*eb*) y  
siroedd  
pencampwriaethau'r siroedd**County League** *n**bo*Cynghrair (*eg*) Sirol**county tournament** *n**bo*twrnamaint (*eg*) sirol  
twrnameintiau sirol**County Triples League** *n**bo*Cynghrair (*eg*) Trioedd Sirol**court** *n**tn*cwrw *eg*  
cyrtiau**to step onto the court**

camu ar y cwrw

**courtesy** *n**bo*cwrteisi *eg***cover** *n**cr*cyfar *eg*  
cyfars**cover** *v**bo*gwarchod *be**tn*sgilio *be***to cover for a partner**

sgilio dros bartner



**cover** *v* **a post****ro**gwarchod (*be*) postyn**cover** *v* **the court****tn****= against rain**gorchuddio'r (*be*) cwrt**cover-drive** *n***cr**cyfar-dreif *eg*

cyfar-dreifs

**cover-point** *n***cr**cyfar-pwynt *eg***covers** *npl***tn****= against rain**gorchuddion *ell***cradle grip** *n***bo**gafael (*eb*) crud**crease** *n***cr**cris *eg*

crisiau

**cricket** *n***cr**criced *eg***cricket ball** *n***cr**pêl (*eb*) griced

peli criced

**cricket bat** *n***cr**bat (*eg*) criced

batiau criced

**cricket ground** *n***cr**maes (*eb*) criced

meysydd criced

**cricket pitch** *n***cr**llain (*eb*) griced

lleiniau criced

**cricketer** *n***cr**cricedwr *eg*

cricedwyr

**cross** *n*croesiad *eg*

croesiadau

**a well-timed cross**

croesiad wedi'i amseru'n

dda / gelfydd

**cross** *v*croesi *be***to cross the ball**

croesi'r bêl

**crossbar** *n*bar *eg*

bariau,

croesfar *eg*

croesfariau

**rg**trawst *eg*

trawstiau

**ath**croesfar *eg*

croesfariau

**to hit the crossbar**

taro'r bar / croesfar / trawst

**cross-country** *adj***ath**traws-gwlad *ans***cross-country event** *n***ath**cystadleuaeth (*eb*)

traws-gwlad

cystadlaethau traws-gwlad

**cross-country race** *n***ath**ras (*eb*) traws-gwlad

rasys traws-gwlad

**cross-country running** *n***ath**rhedeg (*be*) traws-gwlad**cross-court shot** *n***tn**ergyd (*eb*) ar draws y cwrt

ergydion ar draws y cwrt

**crowd** *n*tyrfa *eb*

torfeydd

**rg**torf *eb*

torfeydd

**crown green bowls** *n***bo**bowls (*ell*) lawnt gefngrom**crucial point** *n***tn**pwynt (*eg*) hollbwysig

pwyntiau hollbwysig

**cup game** *n***fb**gêm (*eb*) gwpan

gemau cwpan

**cup-tie** *n*gêm (*eb*) gwpan

gemau cwpan

**fb**gornest (*eb*) gwpan

gornestau cwpan

**curve** *n***bo**troad *eg*

troadau

**curved path** *n***bo**llwybr (*eg*) tro

llwybrau tro

**cut** *n***cr**slaes *eb*,slaesau *be***go****= a shot**torriad *eg*

torriadau

**= selection of players**rhaniad *eg***cut** *v***cr**slaesio *be***cutter** *n***cr**pêl (*eb*) dorri

peli torri

# D

## **danger** *n*

perylg eg  
perylgon

## **dangerous** *adj*

perylgus *ans*

## **dangerous play** *n*

chwarae (*eg*) peryglus  
chwarae'n (*be*) beryglus

## **dead ball** *n*

pêl (*eb*) farw  
peli marw

## **dead bowl** *n*

**bo**

pêl (*eb*) farw  
peli marw

## **dead end** *n*

**bo**

pen (*eg*) cau

## **dead-ball line** *n*

**rg**

y ffin (*eb*) gwsg,  
y llinell (*eb*) gwsg

## **dead-ball situation** *n*

**ro**

sefyllfa (*eb*) pêl farw  
sefyllfaoedd pêl farw

## **decathlon** *n*

**ath**

decathlon *eg*

## **decide** *v* **the tie break**

**tn**

penderfynu'r (*be*) gêm

## **decision** *n*

penderfyniad *eg*  
penderfyniadau  
**the umpire's decision is final**  
mae penderfyniad y  
dyfarnwr yn derfynol

## **decisive** *adj*

= **conclusive**

terfynol *ans*

= **resolute**

penderfynol *ans*

## **decisiveness** *n*

pendantrwydd *eg*

## **dedicated dog exercise area** *n*

**dg**

man (*eg*) penodol i ymarfer  
cwn

## **deep fielder** *n*

**ro**

maeswr (*eg*) dwfn  
maeswyr dwfn

## **deep fielding** *n*

**ro**

maesu (*be*) dwfn  
maesu'n (*be*) ddwfn

## **deep-square-leg** *n*

**cr**

= **fielder**

maeswr (*eg*) coes sgwâr bell

= **position**

safle (*eg*) coes sgwâr bell

## **default** *n*

**tn**

diffyg *eg*

diffygion

**to win by default**

ennill drwy ddiffyg

## **defeat** *v*

trechu *be*,

maeddu *be*,

curo *be*

## **defence** *n* **of the championship**

amddiffyn (*be*) y  
bencampwriaeth

## **defence** *n*

amddiffyniad *eg*  
amddiffyniadau,  
amddiffyn *be*

## **defend** *v*

amddiffyn *be*

## **defender** *n*

= **male**

amddiffynnwr *eg*

= **female**

amddiffynwraig *eb*

amddiffynwyr

## **defending** *adj*

amddiffynnol *ans*

## **defending champion** *n*

**tn**

pencampwr (*eg*) /  
pencampwraig (*eb*) sy'n  
amddiffyn  
pencampwyr sy'n amddiffyn

## **defending player** *n*

chwarawwr (*eg*) amddiffyn  
chwarawwr amddiffyn

## **defending team** *n*

tîm (*eg*) sy'n amddiffyn

## **defensive** *adj*

amddiffynnol *ans*

## **defensive play** *n*

chwarae('n) (*eg*)  
amddiffynnol

## **defensive player** *n*

**bb**

= **male**

chwarawwr (*eg*)  
amddiffynnol

= **female**

chwarawraig (*eb*)  
amddiffynnol  
chwarawwr amddiffynnol

## **definite goal** *n*

**ho**

gôl (*eb*) bendant  
golïau pendant

## **deflect** *v* (**off / from**)

taro / dod oddi ar *be*

## **deflection** *n*

gwyriad *eg*  
gwyriadau

## **dehydrate** *v*

colli (*be*) dwr

**dehydrated** *adj*  
wedi colli (*be*) dwr

**delay** *n*

*bb*

oedi *be*

**delay in re-starting the game**

oedi cyn ailgychwyn y gêm,  
oedi cyn ailddechrau'r gêm

**deliberate** *adj*

bwriadol *ans*

**deliberate foul** *n*

troseddu'n (*be*) fwriadol  
trosedd (*egb*) bwriadol /  
fwriadol  
troseddau bwriadol

**deliberate offence** *n*

*ho*

trosedd (*egb*) bwriadol /  
fwriadol  
troseddau bwriadol

**deliberately** *adv*

yn fwriadol *adf*

**deliver** *v*

*bo*

taflu *be*

*cr*

bowlio *be*

**deliver v the ball**

*ro*

taflu'r (*be*) bêl

**delivery** *n* (of the ball)

*bo, ro*

tafliad *eg*

tafliadau

*cr*

pêl *eb*

peili

**a swinging delivery**

pêl ogyddo

*tn*

trawiad *eg*

trawiadau

**delivery action** *n*

*bo*

dull (*eg*) taflu

dulliau taflu

**delivery arm** *n*

*bo*

braich (*eb*) daflu

**delivery style** *n*

*bo*

arddull (*eb*) daflu

arddulliau taflu

**deny v an opponent the ball** *v*

atal / rhwystro (*be*)  
gwrthwynebydd rhag cael  
y bêl

**derby game** *n*

*fb*

gêm (*eb*) dderby

gemau derby

**designate v an offender**

*bb*

enwi (*be*) troseddwr

**despair** *n*

anobaith *eg*

**despair v**

anobeithio *be*

**desperate** *adj*

gwyllt *ans*

**desperate tackle** *n*

tacl (*eb*) wyllt

**desperation** *n*

anobaith *eg*

**determined** *adj*

penderfynol *ans*

**determined player** *n*

= male

chwaraewr (*eg*) penderfynol

= female

chwaraewraig (*eb*)

benderfynol

chwaraewyr penderfynol

**deuce**

*tn*

diws *eg*

**development centre** *n*

canolfan (*eb*) ddatblygu  
canolfannau datblygu

**diagonal kick** *n*

*rg*

cic (*eb*) letraws

ciciau lletraws

**dimensions** *npl*

dimensiwn *eg*

dimensiynau

**direct free kick** *n*

*fb*

cic (*eb*) rydd union

ciciau rhydd union

**disability** *n*

anabledd *eg*

anableddau

**people with disabilities**

pobl ag anabledd

**disabled** *adj*

anabl *ans*

**disadvantaged** *adj*

dan anfantais

**disaster** *n*

trychineb *eb*

trychinebau

**discus** *n*

*ath*

disgen *eb*

disgiau

**dislodge** *v*

*bo*

symud *be*

**dismiss** *v*

*cr*

cael (*be*) allan

**to dismiss a batsman**

cael batiwr allan

**to be dismissed**

ei gael allan

**dismissal** *n*

cr

cael (*be*) allan

**disposal** *n*

dg

gwaredu *be*

**disposal bin** *n*

dg

bin (*eg*) gwaredu  
biniau gwaredu

**disposal cost** *n*

dg

cost (*eb*) gwaredu  
costau gwaredu

**disqualification** *n*

anghymhwysiad *eg*  
anghymhwysiadau

**disqualify** *v*

anghymhwyso *be*  
**to be disqualified**  
cael eich anghymhwyso

**dissent** *n*

anghytuno *be*,  
anghytundeb *eg*  
**to show dissent**  
dangos anghytundeb /  
eich bod yn anghytuno

**dissent** *v*

anghytuno *be*

**distance event** *n*

ath

cystadleuaeth (*eb*) bellter  
cystadlaethau pellter

**ditch** *n*

bo

ffos *eb*  
ffosydd

**dive** *n*

= swimming

plymio *be*,  
plymiad *eg*  
plymiadau

= general

deifio *be*

**dive** *v*

= swimming

plymio *be*

= general

deifio *be*

**to take a dive**

plymio,  
deifio

**diving tackle** *n*

tacl (*eb*) o'r ochr,  
tacl (*eb*) deifio

**doctor** *n*

meddyg *eg*  
meddygon,  
doctor *eg*  
doctoriaid

**dog** *n*

dg

ci *eg*  
cwn

**dog area** *n*

dg

man (*eg*) i gwn  
mannau i gwn

**dog ban** *n*

dg

gwahardd (*be*) cwn,  
gwaharddiad (*eg*) ar gwn  
gwaharddiadau ar gwn

**dog control** *n*

dg

rheoli (*be*) cwn

**dog excreta** *npl*

dg

carthion (*ell*) cwn

**dog faeces** *npl*

dg

baw (*eg*) cwn

**dog faeces deposit bin** *n*

dg

bin (*eg*) gwaredu baw cwn  
biniau gwaredu baw cwn

**dog grid** *n*

dg

grid (*eg*) cwn  
gridiau cwn

**dog loo** *n*

dg

toiled (*eg*) cwn  
toiledau cwn

**dog mess** *n*

dg

baw (*eg*) cwn

**dog nuisance** *n*

dg

niwsans (*eg*) cwn

**dog registration** *n*

dg

cofrestru (*be*) cwn

**dog repellent** *n*

dg

atalydd (*eg*) cwn  
atalwyr cwn

**dog restriction** *n*

dg

cyfyngiad (*eg*) cwn  
cyfyngiadau cwn

**dog toilet** *n*

dg

toiled (*eg*) cwn  
toiledau cwn

**dog trainer** *n*

dg

= male

hyfforddwr (*eg*) cwn

= female

hyfforddwraig (*eb*) cwn  
hyfforddwyr cwn

**dog warden** *n*

dg

warden (*eg*) cwn  
wardeiniaid cwn

**dog-ban byelaw** *n*

dg

is-ddeddf (*eb*) gwahardd  
cwn  
is-ddeddfau gwahardd cwn

**dog-dirt bin** *n*

dg

bin (*eg*) baw cwn  
biniau baw cwn

**dog-exercise zone** *n*

dg

man (*eg*) ymarfer cwn  
mannau ymarfer cwn

**dog-free area** *n*

dg

man (*eg*) heb gwn  
mannau heb gwn

**dog-on-lead byelaw** *n*

dg

is-ddeddf (*eb*) cwn ar  
dennyn  
is-ddeddfau cwn ar dennyn

**dog-poop bin** *n*

dg

bin (*eg*) baw cwn  
biniau baw cwn

**Dogs on Leads area** *n*

dg

man (*eg*) Cwn ar Dennyn  
mannau Cwn ar Dennyn

**dog-toilet area** *n*

dg

man (*eg*) toiled cwn  
mannau toiled cwn

**dog-walking** *n*

dg

cerdded (*be*) cwn

**dog-waste bin** *n*

dg

bin (*eg*) gwastraff cwn  
biniau gwastraff cwn

**dominate** *v*

bod (*be*) (yn) drechaf

**donkey drop** *n*

ro

gollyngiad (*eg*) asyn  
gollyngiadau asyn

**doping** *n*

rhoi / cymryd (*be*) cyffuriau

**double bogey** *n*

go

dwy ergyd (*eb*) dros y safon,  
bogi (*eg*) dwbl

**double dribble** *n*

bb

dribl (*eg*) dwbl

**double dribble** *v*

bb

driblo (*be*) dwbl

**double fault** *n*

tn

ffawt (*eg*) dwbwl  
ffawtiau dwbl

**double foul** *n*

bb

trosedd (*egb*) dwbl / ddwbl  
troseddau dwbl

**double team** *n*

bb

tîm (*eg*) dwbl  
timau dwbl

**double-fault** *v*

tn

gwneud (*be*) ffawt dwbwl

**doubles champion** *n*

tn

= male

pencampwr (*eg*) parau

= female

pencampwraig (*eb*) parau  
pencampwyr parau

**doubles pairing** *n*

tn

pâr *eg*  
parau

**doubles partner** *n*

tn

partner (*eg*) parau  
partneriaid parau

**doubles player** *n*

tn

= male

chwaraewr (*eg*) parau

= female

chwaraewraig (*eb*) parau  
chwaraewyr parau

**down-pass** *n*

ath

= in relay race

pàs (*eb*) i lawr  
pasiau i lawr

**draw** *n*

tynnu'r (*be*) enw o'r het

go

= order of play

trefn (*eb*) y chwarae

**draw** *v*

tynnu'r (*be*) enw o'r het

bo

tynnu *be*

**draw** *v* a game / match

cael (*be*) gêm gyfartal

**draw** *v* the shot

bo

tynnu'r (*be*) bêl

**draw** *v* to rest

bo

tynnu (*be*) i aros

**draw** *v* to the jack

bo

tynnu (*be*) at y jac

**draw shot** *n*

bo

ergyd (*eb*) dynnu  
ergydion tynnu

**drawing bowl** *n*

bo

pêl (*eb*) dynnu  
peli tynnu

**drawing player** *n*

bo

= male

chwaraewr (*eg*) tynnu,

= female

chwaraewraig (*eb*) tynnu  
chwaraewyr tynnu

**drawing shot** *n*

bo

tafliad (*eg*) tynnu  
tafliadau tynnu

**drawn game** *n*

gêm (*eb*) gyfartal  
gemau cyfartal

**drawn line** *n*

*bo*  
llinell (*eb*) wedi ei thynnu  
llinellau wedi eu tynnu

**drawn shot** *n*

*bo*  
tafliad (*eg*) wedi ei dynnu  
tafliadau wedi eu tynnu

**dress** *n*

*tn*  
gwisg *eb*  
gwisgoedd

**dribble** *n*

dribl *eg*

**dribble** *v*

driblo *be*

**dribbling** *n*

*bb*  
driblo *be*

**drift** *v*

*bo*  
gwyro *be*

**drive** *n*

*bo*  
gyriad *eg*  
gyriadau  
**out and out drive**  
gyriad gwirioneddol

*cr*

dreif *eg*  
dreifs

**drive** *v*

*go*  
gyrru *be*,  
dreifio *be*

**drive shot** *n*

*bo*  
tafliad (*eg*) gyrru  
tafliadau gyrru

**drive volley** *n*

*tn*  
foli (*eb*) dreif  
foliau dreif

**driver** *n*

*go*  
dreifar *eg*  
dreifars

**driving distance** *n*

*go*  
pellter (*eg*) dreifio / gyrru *eg*

**drop v a shot**

*go*  
gollwng / ildio (*be*) ergyd

**drop shot** *n*

*tn*  
ergyd (*eb*) bwt  
ergydion pwt

**drop volley** *n*

*tn*  
foli (*eb*) bwt  
foliau pwt

**drop volley** *v*

*tn*  
bwrw (*be*) foli bwt

**drop-goal** *n*

*rg*  
gôl (*eb*) adlam  
goliau adlam

**drop-kick** *n*

*rg*  
cic (*eb*) adlam  
ciciau adlam

**drug** *n*

cyffur *eg*  
cyffuriau

**drug** *v*

rhoi (*be*) cyffur

**drug testing** *n*

profi (*be*) am gyffuriau

**dry grass** *n*

gwair (*eg*) / porfa (*eb*) /  
glaswellt (*eg*) sych

**duck** *n*

*cr*  
heb sgorio *be*  
**out for a duck**  
allan heb sgorio (*dim*)  
**to break one's duck**  
dechrau sgorio  
**to score / make a duck**  
sgorio *dim*

**duck** *v*

*cr*  
osgoi *be*

**dug-out** *n*

*fb*  
lloches *eb*  
llochesi

**dummy** *n*

*bb*  
ffugio *be*

**dummy** *v*

*bb*  
ffugio *be*

**dunk** *n*

*bb*  
dowcio *be*

**duration** *n of play*

cyfnod (*eg*) y chwarae  
cyfnodau'r chwarae

# E

**eagle** *n*

*go*  
eryr *eg*  
eryrod

**eagle** *v*

*go*  
eryru *be*

**eagle three** *n*

*go*  
eryr (*eg*) mewn tair ergyd

**edge** *n*

**cr**

ymyl *eb*

ymylon

**inside edge (of the bat)**

ymyl fewnol y bat

**outside edge (of the bat)**

ymyl allanol y bat

**edge** *n* of the green

**go**

ymyl (*egb*) y lawnt

**edge** *n* of the stick

**ho**

ymyl (*eb*) y ffon

**electronic timing display** *n*

**ath**

cloc (*eg*) amseru electronig

clochiau amseru electronig

**elevated green** *n*

**go**

lawnt (*eb*) uchel

lawntiau uchel

**élite** *adj*

élite *ans*

**élite** *n*

élite *eg*

**emphatic victory** *n*

buddugoliaeth (*eb*) ysgubol

buddugoliaethau ysgubol

**encroach** *v*

**ath**

gorgyffwrdd *be*

**encroachment** *n*

**ath**

gorgyffwrdd *be*

**end** *n*

= position

pen *eg*

= finish

diwedd *eg*

**end** *v*

gorffen *be*

**end line** *n*

**bb**

llinell (*eb*) orffen

llinellau gorffen

**endanger** *v*

perylu *be*

**end-of-season play-off** *n*

gêm (*eb*) dros ben ar

ddiwedd (*y*) tymor

gemau dros ben ar

ddiwedd (*y*) tymor

**end-to-end play** *n*

**fb**

chwarae (*be*) o'r naill ben

i'r llall

**endurance** *n*

dycnwch *eg*,

gwytnwch *eg*

**test of endurance**

prawf dycnwch,

prawf o / ar ddycnwch /

wytnwch

**endurance track race** *n*

**ath**

ras (*eb*) ddycnwch ar drac

rasys dycnwch ar drac

**endurance track shoe** *n*

**ath**

esgid (*eb*) trac dycnwch

esgidiau trac dycnwch

**enforce** *v*

gorfodi *be*

**enthusiasm** *n*

brwdfrydedd *eg*

**equal** *v* the record

dod (*be*) yn gyfartal â'r

record

**error** *n*

= mathematical

gwall *eg*

gwallau

= general

camgymeriad *eg*

camgymeriadau

**tn**

camgymeriad *eg*

camgymeriadau

**unforced error**

camgymeriad diangen

**ethos** *n*

**bo**

ethos *eg*

**ethos** *n* of the rink

**bo**

ethos (*eg*) y llain

**etiquette** *n*

**bo**

defod *eb*

defodau

**European Cup** *n*

**fb**

Cwpan (*eg*) Ewrop

**evade** *v*

osgoi *be*

**evasion** *n*

osgoi *be*

**evasive** *adj*

osgoi *be*

**to take evasive action**

osgoi,

cymryd camau i osgoi

**excellence** *n*

rhagoriaeth *eb*

**exchange** *n*

**tn**

cyfnewid *eg*

cyfnewidiadau

**exchange** *v*

**tn**

cyfnewid *be*

**excrement** *n*

**dg**

carthion *ell*

**execute** *v*

gweithredu *be*

**execute v a (clever) move**symud (*be*) (yn gelfydd)**execute v a shot****bo**cyflawni (*be*) tafliad**execution n**gweithredu *be***bo**cyflawniad *eg***exercise n**ymarfer *eg*

ymarferion

**exercise v**ymarfer *be***experience n**profiad *eg*

profiadau

**experience v**profi *be*,cael (*be*) profiad**experienced adj**profiadol *ans***experienced player n**chwaraewr (*eg*) profiadol

chwaraewyr profiadol

**explode v****bo**ffrwydro *be***extra n****cr**rhediad (*eg*) ychwanegol

rhediadau ychwanegol

**extra end n****bo**pen (*eg*) ychwanegol

pennau ychwanegol

**extra period n****bb**cyfnod (*eg*) ychwanegol

cyfnodau ychwanegol

**extra time n**amser (*eg*) ychwanegol**extra-cover n****cr**cyfar (*eg*) ychwanegol**extreme sport n**camp (*eb*) eithafol**eye-shade n****tn**cysgod (*eg*) llygaid

cysgodion llygaid

**F****FA Cup n****fb**Cwpan (*eg*) yr FA**FA Cup Final n****fb**Gêm (*eb*) Derfynol Cwpan yr FA

Gemau Terfynol yr FA

**face n of the stick****ho**wyneb (*eg*) y ffon**fade v****bo**cilio *be***fair adj**teg *ans***fair play n**chwarae (*eg*) teg**fair tackle n**tacl (*eb*) deg

taclau teg

**fairway n****go**rhodfa *eb*

rhodfeydd,

tir (*eg*) glas**fall n**cwmpo *be*,cwmp *eg*

cwmpïadau,

syrthio *be*,**the fall of wickets**

wicedi'n cwmpo / syrthio

**fall v**

cwmpo,

syrthio *be***falter v**arafu *be***famous victory n**buddugoliaeth (*eb*) enwog

buddugoliaethau enwog

**fan n**

= supporter, male

cefnogwr *eg*

= supporter, female

cefnogwraig *eb*

cefnogwyr

**far post n****fb**postyn (*eg*) pellaf

pyst pellaf

**fast bowler n****cr**bowlwr (*eg*) cyflym

bowlwyr cyflym

**fast break n****bb**toriad (*eg*) cyflym

toriadau cyflym

**fast court n****tn**cwrn (*eg*) cyflym

cyrtiau cyflym

**fast delivery n****ro**tafliad (*eg*) cyflym

tafliadau cyflym

**fast green n****bo**llain (*eb*) gyflym

lleiniau cyflym



**fast surface** *n***tn**wyneb (*eg*) cyflym  
wynebau cyflym**fault** *n***tn**ffawt *eg*  
ffawtiau**favourite** *n*ffefryn *eg*  
ffefrynnau  
**the favourite to win**  
y ffefryn i ennill**feint** *v*ffugio *be***feint** *n* to the leftffugio (*be*) i'r chwith**feint** *v* at playing the ballffugio (*be*) chwarae'r bêl**feint** *n*ffugio *be*,  
ffugiad *eg*  
ffugiadau**fence** *n***dg**ffens *eg*  
ffensiau**fence** *v***dg**ffensio *be***fencing** *n***dg**ffens *eg*  
ffensiau**fibreglass pole** *n***ath**polyn (*eg*) ffibr gwydr  
polion ffibr gwydr**field** *v***cr**maesu *be***field** *n* of playmaes (*eg*) (*y*) chwarae  
meysydd (*y*) chwarae**field** *n*cae *eg*  
caeau**= pitch**maes *eg*  
meysydd**field athletics** *n*athletau (*ell*) maes,  
mabolgampau (*ell*) maes**field event** *n*cystadleuaeth (*eb*) maes  
cystadlaethau maes**field goal** *n***bb**gôl (*eb*) faes  
goliau maes**field markings** *npl*marciau (*ell*) (ar *y*) cae**fielder** *n***cr**maeswr *eg*  
maeswyr**fielding** *n***cr**maesu *be***fielding triangle** *n***ro**triongl (*eg*) maesu  
trionglau maesu**fifteen all****tn**

pymtheg yr un

**fifteen forty****tn**

pymtheg i ddeugain

**fifteen love****tn**

pymtheg i ddim

**fifteen thirty****tn**

pymtheg i ddeg ar hugain

**fight-back** *n*brwydro'n (*be*) ôl,  
ymladd (*be*) yn ôl**fight** *v* backbrwydro'n (*be*) ôl,  
ymladd (*be*) yn ôl**final** *n*ffeinal *eb*,  
rownd (*eb*) derfynol**final decision** *n***bo**penderfyniad (*eg*) terfynol  
penderfyniadau terfynol**final lap** *n***ath**lap (*eg*) terfynol  
lapiau terfynol**find** *v* a line**bo**cael (*be*) hyd i linell**fine** *adj*arbennig odda *ans*,  
**a fine player**  
chwaraewr arbennig o dda**fine** *n*dirwy *eb*  
dirwyon  
**to impose a fine**  
gosod dirwy**fine** *v*dirwyo *be*  
**to fine a player**  
dirwyo chwaraewr**fine-leg** *n***cr**coes (*eb*) fain**finishing green** *n***go**lawnt (*eb*) olaf  
lawntiau olaf**finishing line** *n***ath**llinell (*eb*) derfyn  
llinellau (*ell*) terfyn**finishing tape** *n***ath**tâp (*eg*) terfyn  
tapiau terfyn

**fire** *v*

**bo**

tanio *be*

**fire** *v* accurately

**bo**

tanio'n (*be*) gywir

**firing shot** *n*

**bo**

ergyd (*eb*) danio  
ergydion tanio

**first class cricket** *n*

**cr**

criced (*eg*) dosbarth cyntaf

**first count** *n*

**bb**

cyfrif (*eg*) cyntaf

**First Division** *n*

**fb**

Adran (*eb*) Gyntaf  
**a first division team**  
tîm yn yr Adran Gyntaf,  
tîm o'r Adran Gyntaf

**first end** *n*

**bo**

pen (*eg*) cyntaf  
pennau cyntaf

**first half** *n*

hanner (*eg*) cyntaf  
**a first-half goal**  
gôl yn yr hanner cyntaf

**first innings** *n*

**cr**

batiad (*eg*) cyntaf

**first post** *n*

**ro**

postyn (*eg*) cyntaf  
pyst cyntaf

**first round** *n*

y rownd (*eb*) gyntaf  
**a first-round win**  
ennill yn y rownd gyntaf

**first service** *n*

**tn**

serfiad (*eg*) cyntaf  
serfiadau cyntaf

**first-post fielder** *n*

**ro**

maeswr (*eg*) postyn cyntaf  
maeswyr postyn cyntaf

**fit** *adj*

ffit,  
heini *ans*

**fitness** *n*

ffitrwydd *eg*

**fitness training** *n*

hyfforddiant (*eg*) ffitrwydd

**five-seconds rule** *n*

**bb**

rheol (*eb*) pum eiliad  
rheolau pum eiliad

**fixed stance** *n*

**bo**

safiad (*eg*) cyntaf  
safiadau cyntaf

**flag** *n*

= of assistant referee

lluman *eg*  
llumanau

= banner

baner *eb*  
baneri

**flag-post** *n*

postyn (*eg*) lluman  
pyst llumanau,  
polyn (*eg*) lluman  
polion (*y*) llumanau

**flanker** *n*

**rg**

blaen asgellwr *eg*  
blaen asgellwyr

**flat green bowls** *n*

**bo**

bowls (*ell*) lawnt wastad

**flexibility** *n*

hyblygrwydd *eg*

**flexible** *adj*

hyblyg *ans*

**flick** *n*

**ho**

fflic *eg*  
ffliciau  
**a flick shot**  
trawiad fflic

**flick** *v*

**ho**

fflicio *be*

**flight** *n*

llwybr *eb*  
llwybrau

**flight** *n* of the ball

llwybr (*eg*) y bêl

**flooded pitch** *n*

maes (*eg*) dan ddwr  
meysydd dan ddwr

**floodlight** *n*

llifolau *eg*  
llifoleuadau

**floodlight** *v*

llifoleuo *be*

**floodlighting** *n*

llifoleuadau *ell*

**cr**

llifoleuo *be*  
llifoleuadau *ell*

**floodlit** *adj*

wedi ei lifoleuo,  
dan lifoleuadau

**floodlit game / match** *n*

**cr**

gêm (*eg*) dan lifoleuadau  
gemau dan lifoleuadau

**flow** *n*

llif *eg*

**flow** *v*

llifo *be*

**flow** *n* of the game

llif (*eg*) y gêm

**fluent play** *n*

chwarae('n) (*eg*) llyfn

**fluid** *adj*

llyfn *ans*

**fluid movement** *n*

symudiad (*eg*) llyfn,  
chwarae ('n) (*be*) llyfn

**fluid play** *n*

chwarae ('n) (*be*) llyfn

**fluid style** *n*

dull (*eg*) llyfn

**fluke** *n*

**bo**

ffliwc *eg*  
ffliwciau

**fly** *v*

**qu**

saethu *be*

**fly kick** *n*

**rg**

cic (*eb*) wib  
ciciau gwib,  
cic (*eb*) sgrech  
ciciau sgrech

**fly-away** *n*

**ath**

= vaulting

rhyddhau *be*

**fly-half** *n*

**rg**

maswr *eg*  
maswyr

**foam landing-bed** *n*

**ath**

= high jump

gwely (*eg*) disgyn o ewyn  
gwelyau disgyn o ewyn

**focus** *n*

**bo**

ffocws *eg*

**focus** *v*

canolbwyntio,  
ffocysu *be*

**focus** *v*

canolbwyntio *be*

**follow** *v*

**bo**

dilyn *be*

**follow** *v on*

**cr**

dilyn (*be*) ymlaen

**follow** *v through*

**go**

dilyn (*be*) trwodd

**follower** *n*

dilynwr *eg*  
dilynwyr

**following wind** *n*

**go**

gwynt (*eg*) o'r cefn  
gwyntoedd o'r cefn

**follow-on** *n*

**cr**

dilyn (*be*) ymlaen  
**to avoid the follow-on**  
osgoi dilyn ymlaen

**follow-through** *n*

dilyn (*be*) drwodd

**go**

dilyn (*be*) trwodd

**foot** *n*

= part of body

troed *eb*  
traed

= measurement

troedfedd *eb*  
troedfeddi

**foot fault** *n*

**tn**

ffawt (*eg*) troed  
ffawtiau troed

**football** *n*

**fb**

pêl-droed *eg*

**football boot** *n*

**fb**

esgid (*eb*) bêl-droed  
esgidiau pêl-droed

**football field** *n*

**fb**

cae (*eg*) pêl-droed  
caeau pêl-droed

**Football League** *n*

**fb**

Cynghrair (*eb*) Pêl-droed  
Cynghreiriau Pêl-droed

**football pitch** *n*

**fb**

maes (*eg*) pêl-droed  
meisydd pêl-droed

**footballer** *n*

**fb**

pêl-droediwr *eg*  
pêl-droedwyr

**football-player** *n*

**fb**

pêl-droediwr *eg*  
pêl-droedwyr

**forbidden** *adj*

gwaharddedig *ans*

**forbidden by the rules**

yn cael ei wahardd gan y  
rheolau

**forehand** *n*

cledr (*eb*) llaw

**bo**

blaenllaw *eg*

**tn**

cledr (*eg*) llaw

cledrau llaw

**a forehand winner /  
smash**

ennill ag ergyd cledr  
llaw /smash

**forehand stroke** *n*

ergyd (*eb*) flaenllaw

ergydion blaenllaw

**forfeit** *n*

**bb**

fforffedu *be*

**form** *n*

**to be in / on form**

chwarae'n (*be*) dda /

gelfydd,

cael (*be*) hwyl ar (*ei*)

chwarae

**forty fifteen**

**tn**  
deugain i bymtheg

**forty love**

**tn**  
deugain i ddim

**forty thirty**

**tn**  
deugain i ddeg ar hugain

**forward** *adj*

ymlaen *ans*

**forward** *n*

blaenwr *eg*  
blaenwyr

**forward area** *n*

**ro**  
parth (*eg*) blaen  
parthau blaen

**forward leg** *n*

**bo**  
troed (*eb*) flaen  
traed blaen

**forward line** *n*

**ro**  
llinell (*eb*) flaen  
llinellau blaen

**forward stride** *n*

**bo**  
cam (*eg*) ymlaen  
camau ymlaen

**forward swing** *n*

**bo**  
swing (*eb*) ymlaen

**Fosbury Flop** *n*

**ath**  
= high jumping  
Fflop (*eg*) Fosbury

**foul** *n*

trosedd *egb*  
troseddau

**foul** *v*

troseddu *be*  
**dg**  
= soil / dirty  
baeddu *be*  
**to foul a play area**  
baeddu man chwarae

**foul** *v* **an opponent**

troseddu (*be*) yn erbyn  
gwrthwynebydd

**foul** *n* **by the team in control of the ball**

**bb**  
trosedd (*egb*) gan y tîm sy'n  
rheoli'r bêl

**foul play** *n*

chwarae (*eg*) budr,  
chwarae'n (*be*) fudr

**foul tackle** *n*

tacl (*eb*) fudr  
taclau budr

**four** *n*

**cr**  
pedwar  
**to hit a four**  
taro pedwar  
**to score four runs**  
sgorio pedwar rhediad

**four against four**

**bo**  
pedwar (*eg*) yn erbyn  
pedwar

**fourth official** *n*

**fb**  
pedwerydd swyddog *eg*

**fourth post** *n*

**ro**  
y pedwerydd postyn *eg*

**fourth-post fielder** *n*

**ro**  
maeswr (*eg*) (y) pedwerydd  
postyn  
maeswyr (y) pedwerydd  
postyn

**free hit** *n*

**ho**  
ergyd (*eb*) rydd  
ergydion rhydd

**free kick** *n*

cic (*eb*) rydd  
ciciau rhydd  
**to award a free kick**  
rhoi cic rydd  
**to take a free kick**  
cymryd cic rydd

**free shot** *n*

**bb**  
ergyd (*eb*) rydd  
ergydion rhydd

**free throw** *n*

**bb**  
tafliad (*eg*) rhydd  
tafliadau rhydd

**free throw penalty** *n*

**bb**  
cosb (*eb*) tafliad rhydd  
cosbau tafliad rhydd

**free-throw line** *n*

**bb**  
llinell (*eb*) tafliad rhydd  
llinellau tafliad rhydd

**free-throw shot** *n*

**bb**  
ergyd (*eb*) tafliad rhydd  
ergydion tafliad rhydd

**front court** *n*

**bb**  
cwrn (*eg*) blaen  
cyrtau blaen

**front line** *n*

**ro**  
llinell (*eb*) flaen  
llinellau blaen

**front nine** *n*

**go**  
= holes  
naw cyntaf

**front row** *n*

**rg**  
rheng (*eb*) flaen  
rhengoedd blaen

**front toucher** *n*

**bo**  
cyffyrddiad (*eg*) rhydd  
cyffyrddiadau rhydd

**full court press** *n*

**bb**  
tyrru (*be*) cwrt llawn

**full-back** *n*

cefnwr *eg*  
cefnwyr

**full-pitch** *n*

**cr**  
lluchiad (*eg*) di-dor  
lluchladau di-dor

**full-toss** *n*

**cr**  
pelen (*eb*) llawn  
pelenni llawn

**fun-running** *n*

**ath**  
rhedeg (*be*) am hwyl

# G

**gain** *v an advantage*

cael (*be*) mantais dros

**gain** *v possession*

ennill (*be*) y meddiant

**gamble** *n*

menter,  
gambl *eb*  
**to take a gamble**  
mentro

**gamble** *v*

**go**  
mentro

**game** *n*

gêm *eb*  
gemau  
**game, Miss Williams**  
gêm i Miss Williams

**game** *n of pairs*

**bo**  
gêm (*eb*) o barau

**game** *n of rinks*

**bo**  
gêm (*eb*) o rinciau

**game** *n of triples*

**bo**  
gêm (*eb*) o drioedd

**game and first set**

**tn**  
gêm a set gyntaf

**game on**

dechrau'r (*be*) chwarae

**game plan** *n*

cynllun (*eg*) (ar gyfer) gêm

**game point** *n*

**tn**  
o fewn pwynt i ennill y gêm

**game, set and match**

**tn**  
gêm, set a gornest

**game to love**

**tn**  
gêm i ddim

**gamesmanship** *n*

**bo**  
trechafwriaeth *eb*

**gate position** *n*

**ro**  
safle (*eg*) gât  
safleoedd gât

**gauge** *v*

**bo**  
barnu *be*,  
mesur *be*

**glance** *n*

**cr**  
cildrawiad *eg*  
cildrawiadau  
**a glance to fine-leg**  
cildrawiad i'r goes fain

**glance** *v*

**cr**  
cildaro *be*

**glide** *v*

**qu**  
hofran *be*

**glove** *n*

maneg *eb*  
menig

**go** *v for a jog*

mynd (*be*) i loncian

**go** *v for a run*

mynd (*be*) am rediad

**goal** *n*

gôl *eb*  
goliau

**goal area** *n*

**fb**  
cwrt (*eg*) y gôl

**goal kick** *n*

**fb**  
cic (*eb*) gôl  
ciciau gôl

**goal line** *n*

llinell (*eb*) (y) gôl  
llinellau gôl

**goal scorer** *n*

sgoriwr (*eg*) y gôl  
sgorwyr goliau  
**the goal scorer**  
sgoriwr y gôl /  
sgoriwr goliau

**goalie** *n*

gôl-geidwad *eg*  
gôl-geidwaid

**fb**  
golwr *eg*  
golwyr

**goalkeeper** *n*

gôl-geidwad *eg*  
gôl-geidwaid

**goal-less draw** *n*

*fb*  
gêm (*eb*) ddi-sgôr  
gemau di-sgôr

**goal-line** *n*

*ho*  
llinell (*eb*) gôl  
llinellau gôl

**goal-mouth** *n*

*fb*  
ceg (*eb*) y gôl

**goal-mouth scramble** *n*

*fb*  
ymgiprys (*be*) o flaen y gôl

**goal-post** *n*

postyn (*eg*) y gôl  
pyst y gôl

**gold medal** *n*

medal (*eb*) aur  
medalau aur

**golden goal** *n*

*fb*  
gôl (*eb*) euraid(d)  
golïau euraid(d)

**golden pole** *n*

*qu*  
polyn (*eg*) eurai(d)  
polïon euraid(d)

**Golden Snitch** *n, the*

*qu*  
y Snichyn (*eg*) Aur

**golf bag** *n*

*go*  
bag (*eg*) golff  
bagïau golff

**golf ball** *n*

*go*  
pêl (*eb*) golff  
peli golff

**golf buggy** *n*

*go*  
bygi (*eg*) golff  
bygis golff

**golf club** *n*

*go*  
clwb (*eg*) golff  
clybiau golff

**golf links** *n*

*go*  
cwrs (*eg*) golff glan môr  
cyrïau golff glan môr

**golf trolley** *n*

*go*  
troli (*eg*) golff  
trolïau golff

**golfer** *n*

*go*  
golffiwr *eg*,  
golffwraig (*eb*)  
golffwyr

**good behaviour** *n*

ymddwyn (*be*) yn dda,  
ymddygiad (*eg*) da

**good call** *n*

*tn*  
= by the linesman  
galwad (*eb*) dda  
galwadau da

**Good Dog Campaign** *n*

*dg*  
Ymgyrch (*eb*) Ci Da  
Ymgyrchoedd Ci Da

**good second bowl**

*bo*  
ail bêl (*eb*) dda

**good shot!**

ergyd (*eb*) dda!

**googly** *n*

*cr*  
gwgli *eg*  
gwglis

**governing body** *n*

corff (*eg*) rheoli  
cyrff rheoli

**grand slam** *n*

*rg*  
camp (*eb*) lawn  
campau llawn

**Grand Slam  
Tournament** *n*

*tn*  
Twrnamaint (*eg*) y  
Gamp Lawn  
Twrnameintau'r Gamp  
Lawn

**grandstand** *n*

prif eisteddle *eg*  
prif eisteddleoedd

**graphite racquet** *n*

*tn*  
raced (*eb*) graffit  
racedi graffit

**grasp** *v*

cydio *be*

**grass** *n*

porfa *eb*  
porfeydd,  
gwair *eg*  
glaswellt *eg*

**grass court** *n*

*tn*  
cwrt (*eg*) porfa / gwair /  
glaswellt  
cyrtïau porfa / gwair /  
glaswellt

**grass pitch** *n*

llain (*eb*) borfa / gwair /  
laswellt  
lleinïau porfa / gwair /  
glaswellt  
maes (*eg*) porfa / gwair /  
glaswellt  
meysydd porfa / gwair /  
glaswellt

**green** *n*

*go*  
lawnt *eb*  
lawntïau

**green** *n*, **the****bo**llain, *y eb*  
lleiniau, *y***green card** *n***ho****= warning**cerdyn (*eg*) gwyrdd  
cardiau gwyrdd**greenkeeper** *n***go**tirmon *eg*  
tirmyn**grip** *n*gafael *egb*  
gafaelion**a firm grip**

gafael gadarn

**go****= part of club**grip *eg*  
gripiau**= holding the club**gafael *egb***grip** *v***bo, go**gafael *be***groin strain** *n*straen (*eg*) cesail *y*  
forddwyd**ground****rg**tirio *be***to ground the ball**

tirio'r bêl

**ground crew** *n***tn**criw'r (*eg*) cwrt  
criwiau'r cwrt**ground shot** *n***tn**ergyd (*eb*) isel  
ergydion isel**ground stroke** *n***tn**ergyd (*eb*) isel  
ergydion isel**grounds staff** *n*staff (*eg*) (*y*) cae / maes**grounds' maintenance** *n*cynnal a chadw('r) (*be*)  
maes**grubber kick** *n***rg**cic (*eb*) bwt  
ciciau pwt**grunt** *v***tn**tuchan *be***guard** *n***bb, cr**gard *eg*  
gardiau**to take guard**

bod yn barod

**guard** *v***qu**gwarchod *be*  
**to guard the goalposts**  
gwarchod pyst *y gôl***guide dog** *n***dg**ci (*eg*) tywys  
cwn tywys**gully** *n***cr**gyli *eg*  
gylïau**gymnasium** *n*campfa *eb*  
campfeydd**gymnast** *n***= male**gymnastwr *eg***= female**gymnastwraig *eb*  
gymnastwyr**gymnastics** *npl*gymnasteg *eb***H****half** *n*hanner *eg*  
haneri**half marathon** *n***ath**hanner (*eg*) marathon**half volley** *n***tn**hanner foli *eg*  
hanner folis**half volley** *v***tn**taro (*be*) hanner foli**half-backs** *npl***rg**haneri *ell***halftime** *n*egwyl *eb***halftime score** *n*sgôr (*eb*) ar yr egwyl  
sgoriau ar yr egwyl**half-volley** *n***cr**hanner foli *eg***halfway cut** *n***go****= selection**rhaniad *eg*  
rhaniadau**halfway line** *n*llinell (*eb*) hanner  
llinellau hanner**hammer** *n***ath**morthwyl *eg*  
morthwylion

**hammer throwing** *n*

**ath**

taflu'r (*be*) morthwyl

**hand ball** *n*

**fb**

llawio'r (*be*) bêl

**deliberate hand ball**

llawio'r bêl yn fwriadol

**hand protectors** *npl*

**ho**

amddifynwyr (*ell*) llaw

**handicap** *n*

**go**

handicap *eg*

**hard court** *n*

**tn**

cwrt (*eg*) caled  
cyrtiau caled

**hat-trick** *n*

trithro *eg*  
trithroeon

**cr**

**to score a hat-trick**

cyflawni trithro,  
cymryd tair wiced yn  
olynol / o'r bron

**fb**

**to score a hat-trick**

sgorio tair gôl

**head** *n*

**go**

= of club

pen *eg*  
= o'r clwb

**head v the ball**

**fb**

penio'r (*be*) bêl

**Head Greenkeeper** *n*

**go**

prif dirmon *eg*  
prif dirmyn

**head** *n, the*

**bo**

= green

pen *eg, y*  
pennau, *y*

**headband** *n*

**tn**

rhwymyn (*eg*) pen  
rhwymynnau pen

**header** *n*

**fb**

= player

peniwr *eg*  
penwyr

**a good header of the ball**

yn beniwr da / yn penio'n  
dda

**header** *n*

**fb**

= shot

peniad *eb*  
peniadau

**health** *n*

iechyd *eg*

**healthy** *adj*

iach *ans*

**healthy exercise** *n*

ymarfer (*eg*) iach

**hedge** *n*

**dg**

clawdd *eg*  
cloddiau

**hedging** *n*

**dg**

clawdd *eg*  
cloddiau

**heel** *n*

**rg**

sawdl *egb*  
sodlau

**heel** *v*

**rg**

sodli *be*

**held ball** *n*

**bb**

pêl (*eb*) wedi ei dal  
peli wedi eu dal

**helmet** *n*

**cr**

helmed *eb*  
helmedi / helmedau

**heptathlon** *n*

**ath**

heptathlon *eg*

**high cross** *n*

**fb**

croesiad (*eg*) uchel  
croesiadau uchel

**high jump** *n*

**ath**

naid (*eb*) uchel  
neidiau uchel

**high jump shoe** *n*

**ath**

esgid (*eb*) naid uchel  
esgidiau naid uchel

**high jumper** *n*

**ath**

neidiwr (*eg*) uchel  
neidwyr uchel

**high jumping** *n*

**ath**

neidio'n (*be*) uchel,  
naid (*eb*) uchel  
neidiau uchel

**high workrate** *n*

gweithio'n (*be*) galed

**hip** *n*

**bo**

clun *eb*  
cluniau

**hit** *n*

trawiad *eg*  
trawladau

**hit** *v*

taro *be*,  
bwrw *be*

**hit v the target**

taro'r / bwrw'r (*be*) targed

**hit v the net**

**fb**

taro'r / bwrw'r (*be*) rhwyd

**hockey** *n*

**ho**

hoci *eg*



**hockey ball** *n*

ho

pêl (*eb*) hoci  
peli hoci**hockey pitch** *n*

ho

maes (*eg*) hoci  
meysydd hoci**hockey stick** *n*

ho

ffon (*eb*) hoci  
ffyn hoci**hockey-player** *n*

ho

= male

chwaraewr (*eg*) hoci

= female

chwaraewraig (*eb*) hoci  
chwaraewyr hoci**hold** *v* **serve**

tn

cadw'r (*be*) serfiad**holding** *n*

bb

dal *be*  
**no holding**  
dim dal**holding shot** *n*

bo

tafliad (*eg*) dal  
tafliadau dal**hole** *n*

go

twll *eg*  
tyllau**hole** *v*

go

suddo *be***hole** *n* **in one**

go

twll (*eg*) mewn un**hole** *v* **in one**

go

cael (*be*) twll mewn un**hollow** *n*

go

pant *eg*  
pantiau**home advantage** *n*mantais (*eb*) (*chwarae*)  
gartref**home changing room** *n*ystafell (*eb*) newid y tîm  
cartref  
ystafelloedd newid timau  
cartref**home crowd** *n*tyrfa (*eb*) gartref  
torfeydd cartref**home fixture** *n*gêm (*eb*) gartref  
gemau cartref**home game** *n*gêm (*eb*) gartref  
gemau cartref**home straight** *n*

ath

hyd (*eg*) olaf  
hydoedd olaf**home win** *n*ennill (*be*) gartref**hook** *n*

cr

bachiad *eg*  
bachiadau**hook** *v*

cr, ho

bachu *be*  
**to hook an opponent**  
bachu gwrthwynebydd**hook shot** *n*

bb

ergyd (*eb*) gam  
ergydion cam**hooker** *n*

rg

bachwr *eg*  
bachwyr**hoop** *n*

qu

cylch *eg*  
cylchoedd**hop** *n*

ath

sbonc *eb*  
sbonciau**hop** *v*

ath

sboncio *be***House Championship** *n*

qu

Pencampwriaeth (*eb*) y Tai  
Pencampwriaethau'r Tai**hummock** *n*

go

twyn *eg*  
twyni**hump** *n*

go

crwb *eg*  
crybiau**hurdle** *n*

ath

clwyd *eb*  
clwydi**hurdler** *n*

ath

neidiwr (*eg*) dros y clwydi  
neidwyr dros y clwydi**hurdles** *n* (**race**)

ath

ras (*eb*) dros y clwydi  
rasys dros y clwydi  
**100 metres hurdles**  
**(women)**  
100 metr (*eg*) dros y clwyd  
(merched / menywod)  
**110 metres hurdles**  
**(men)**  
110 metr (*eg*) dros y clwydi  
(dynion)**hurdling** *n*

ath

neidio (*be*) dros y clwydi

**hygiene** *n*

dg  
glendid *eg*

**hygienic** *adj*

dg  
glanwaith *ans*



**identification number** *n*

ath  
rhif (*eg*) adnabod  
rhifau adnabod

**illegal** *adj*

anghyfreithlon *ans*

**illegal dribble** *n*

bb  
dribl (*eg*) anghyfreithlon

**illegal tackle** *n*

tacl (*eg*) anghyfreithlon  
taclau anghyfreithlon

**illegal use of hands**

bb  
defnyddio'r (*be*) dwylo'n  
anghyfreithlon

**impact** *n*

bo  
trwiad *eg*  
trwiadau

**impetus** *n*

bo  
hwb *eg*

**impose** *v a fine*

gosod (*be*) dirwyo

**impressive** *adj*

trwiadol *ans*

**impressive performance** *n*

perfformiad (*eg*) trwiadol  
perfformiadau trwiadol

**improve** *v*

gwella *be*

**improvement** *n*

gwelliant *eg*  
gwelliannau

**in the lead**

ar y blaen

**incapacitate** *v*

analluogi *be*

**incapacitated** *adj*

analluog *ans*

**incapacitated player** *n*

chwaraewr (*eg*) yn methu  
chwarae  
chwaraewyr yn methu  
chwarae

**incapacitating** *adj*

analluogi *be*

**incapacitating injury** *n*

anaf (*eg*) sy'n analluogi  
anafiadau sy'n analluogi

**incoming runner** *n*

ath  
= in relay  
rhedwr (*eg*) sy'n dod i mewn  
rhedwyr sy'n dod i mewn

**Incrediball  
mini-rounders** *n*

ro  
mini-rownderi (*ell*) Incrediball

**indirect free kick** *n*

fb  
cic (*eb*) rydd anuniongyrchol  
ciciau rhydd anuniongyrchol

**indoor** *adj*

dan do  
**indoor games**  
chwaraeon dan do

**indoor games** *npl*

gemau (*ell*) dan do

**indoor green** *n*

bo  
llain (*eb*) dan do  
lleiniau dan do

**indoor rounders** *n*

ro  
rownderi (*ell*) dan do

**induce** *v a catch*

ro  
cymell (*be*) daliad

**infield** *n*

cr  
mewnfaes *eg*,  
maes (*eg*) agos

**infielder** *n*

cr  
mewnfaeswr *eg*  
mewnfaeswyr

**inflict** *v an injury*

achosi (*be*) anaf

**infringe** *v*

torri *be*

**infringe** *v a rule*

torri (*be*) rheol

**infringement** *n*

torri *be*

**infringement** *n of a rule*

torri (*be*) rheol

**injection** *n*

ho  
saethiad (*eg*) i mewn  
saethiadau i mewn  
**injection from the back-  
line**  
saethu i mewn o'r llinell  
gefn

**injure** *v*

anafu *be*

**injure** *v an opponent*

anafu (*be*) gwrthwynebydd

**injured** *adj*

= male  
wedi ei anafu  
= female  
wedi ei hanafu  
wedi eu hanafu

**injury** *n*

anaf *eg*  
anafiadau

**injury time** *n*

amser (*eg*) am anafiadau

**inland course** *n***go**

cwrs (*eg*) mewndirol  
cyrsgiau mewndirol

**innings** *n***cr**

batiad *eg*  
batiadau

**inside centre** *n***rg**

canolwr *eg*  
canolwyr

**inside forward** *n***fb**

mewnwr *eg*  
mewnwyr

**inside lane** *n***ath**

lôn (*eb*) fewnol  
lonydd fewnol

**inside left** *n***fb**

mewnwr (*eg*) chwith  
mewnwyr chwith

**inside right** *n***fb**

mewnwr (*eg*) de  
mewnwyr de

**instructor** *n***= male**

hyfforddwr *eg*

**= female**

hyfforddwraig *eb*  
hyfforddwyr

**in-swing** *n***cr**

troi (*be*) i mewn

**in-swinger** *n***cr**

pêl (*eb*) fewndro  
peli mewndro

**integrity** *n*

gonestrwydd *eg*,  
unplygrwydd *eg*

**intense** *adj*

dwys *ans*

**intense concentration** *n*

canolbwyntio (*be*) dwys,  
canolbwyntio'n (*be*) ddwys

**intensity** *n*

dwyster *eg*

**intentional foul** *n*

trosedd (*egb*) bwriadol /  
fwriadol  
troseddau bwriadol

**intentional offence****ho**

trosedd (*egb*) bwriadol /  
fwriadol  
troseddau bwriadol

**intercept** *v*

rhyng-gipio *be*

**bb**

rhyngipio *be*

**intercept v a pass**

rhyng-gipio'r (*be*) bêl

**intercept v the ball**

rhyng-gipio'r (*be*) bêl

**interception** *n*

rhyng-gipiad *eg*  
rhyng-gipiadau

**interfere** *v*

ymyrryd *be*

**interfere v with the game**

ymyrryd (*be*) â'r gêm

**interfering** *n***bb**

ymyrryd *be*

**international** *adj*

rhyngwladol *ans*

**international** *n***= game / match**

gêm (*eb*) ryngwladol  
gemau rhyngwladol

**= player**

chwaraewr (*eg*) rhyngwladol  
chwaraewyr rhyngwladol

**international arena** *n*

arena (*eb*) ryngwladol  
arenau rhyngwladol

**interpret** *v*

dehongli *be*

**interpret v the rules**

dehongli'r (*be*) rheolau

**interpretation** *n*

dehongliad *eg*  
dehongliadau

**interpretation n of the rules**

dehongliad (*eg*) o'r rheolau

**interrupt** *v*

tarfu (*be*) ar

**interrupt v play**

tarfu (*be*) ar y chwarae

**interruption** *n*

tarfu (*be*) ar

**interruption n to the game**

tarfu (*be*) ar y gêm

**interval** *n*

egwyl *eg*

**iron** *n***go**

haearn *eg*  
heyryn

**issue v a caution** *n*

rhybuddio *be*

# J

**jack** *n*

**bo**

jac *eg*

**jack high**

jac uchel

**javelin** *n*

**ath**

gwaywffon *eb*

gwaywffyn

**javelin shoe** *n*

**ath**

esgid (*eb*) gwaywffon

esgidiau gwaywffon

**javelin thrower** *n*

**ath**

taflwr (*eg*) gwaywffon

taflwyr gwaywffon

**javelin throwing** *n*

**ath**

taflu (*be*) gwaywffon

**jerk** *n*

**qu**

plwc *eg*

**jerk** *v*

**qu**

neidio *be*

**jinx** *n*

melltith *eb*

**jinx** *v*

melltithio *be*

**the ground is jinxed**

mae'r maes wedi ei

felltithio

**jock strap** *n*

jocstrap *eg*

jocstrapiau

**jog** *n*

loncian *be*

**jog** *v*

loncian *be*

**jogger** *n*

lonciwr *eg*

loncwyr

**jogging** *n*

loncian *be*

**jogging path** *n*

**ath**

llwybr (*eg*) loncian

llwybrau loncian

**jogging route** *n*

**ath**

llwybr (*eg*) loncian

llwybrau loncian

**joint leader** *n*

**go**

cydarweinydd *eg*

cydarweinwyr

**jostle** *v*

**ath**

gwthio *be*

**jump** *n*

naid *eb*

neidiau

**jump** *v*

neidio *be*

**jump ball** *n*

**bb**

pêl (*eb*) neidio

pele neidio

**juxtaposition** *n*

**bo**

cyfiosod *be*

# K

**keep** *v fit*

cadw'n (*be*) heini

**keep** *v one's nerve* *n*

cadw'ch (*be*) hyder

**keep** *v the time*

cadw'r (*be*) amser

**keep** *v wicket*

**cr**

cadw (*be*) wiced

**keeper** *n*

**qu**

ceidwad *eg*

ceidwaid

**kennel** *n*

**dg**

cwt *eg*

cytiau,

cynel *eg*

cynelau

**key player** *n*

= **male**

chwaraewr (*eg*) allweddol

= **female**

chwaraewraig (*eb*) allweddol

chwaraewyr allweddol

**kick** *n*

cic *eb*

ciciau

**kick** *v*

cicio *be*

**kick** *v off*

dechrau'r (*be*) gêm

**kicker** *n*

ciciwr *eg*

cicwyr

**kickers** *npl*

**ho**

cicwyr *ell*

**kick-off** *n*

cic (*eb*) gychwyn

**before kick-off**

cyn i'r gêm ddechrau /

gychwyn

**kill** *v the end*

**bo**

lladd (*be*) y pen

**kit** *n*

= **clothes**  
dillad *eg*  
= **equipment**  
offer *eg / ell*

**knock** *n*

**ho**  
cnoc *eb*  
cnociau,  
ergyd *eb*  
ergydion

**knock** *v*

**ho**  
cnocio *be*,  
bwrw *be*  
**to knock a player off the ball**  
cnocio chwaraewr oddi ar  
y bêl

**knock** *v up*

**ho**  
cnoc *eb*  
cnociau  
**tn**  
ymarfer *be*

**knock-up** *n*

**tn**  
ymarfer *eg*  
ymarferiadau



**ladies' doubles** *npl*

**tn**  
parau'r (*ell*) merched /  
menywod

**lake** *n*

**go**  
llyn *eg*  
llynnoedd

**land** *v*

**ath**  
disgyn / glanio *be*

**land protection** *n*

gwarchod (*be*) tir

**landing** *n*

**ath**  
disgyn *eg*

**landing-bed** *n*

**ath**  
gwely (*eg*) disgyn / glanio  
gwelyau disgyn / glanio

**lane** *n*

**ath**  
lôn *eb*  
lonydd

**lap** *n*

**ath**  
lap *eg*  
lapiau

**lap** *v*

**ath**  
lapio *be*,  
rhedeg (*be*) lap  
**to run a lap**  
rhedeg lap

**lap** *v an opponent*

**ath**  
lapio (*be*) gwrthwynebydd

**lap indicator board** *n*

**ath**  
bwrdd (*eg*) dangos lapiau  
byrddau dangos lapiau

**larvae** *npl*

**dg**  
larfâu *ell*

**last batter** *n*

**ro**  
batiwr (*eg*) olaf  
batwyr olaf

**last bowl** *n*

**bo**  
pêl (*eb*) olaf  
peli olaf

**last sixteen** *npl*

**tn**  
un ar bymtheg olaf

**late cut** *n*

**cr**  
slaes (*eb*) hwyr  
slaesiau hwyr

**late tackle** *n*

tacl (*eb*) hwyr  
taclau hwyr

**laws of the game** *npl*

rheolau'r (*ell*) gêm

**lead** *n*

**dg**  
tennyn *eg*  
tenynnau

**lead** *v*

arwain *be*

**lead** *v the charge*

arwain (*be*) yr ymosodiad

**lead** *v the game*

arwain (*be*) / bod ar y blaen  
yn y gêm

**Lead** *n, the*

**bo**  
Arweinydd (*eg*), yr

**leader** *n*

arweinydd *eg*  
arweinwyr

**leader board** *n*

**go**  
bwrdd (*eg*) yr arweinwyr

**leading foot** *n*

**bo**  
troed (*eb*) arwain

**league bowling** *n*

**bo**  
bowlïo'r (*be*) cyngghair

**league rugby**

**rg**  
rygbi (*eg*) cyngghair

**learning opportunity** *n*

cyfle (*eg*) dysgu / i ddysgu  
cyfleoedd dysgu / i ddysgu

**leash** *n*

**dg**  
tennyn *eg*  
tenynnau

**leash** *v*

**dg**

rhoi (*be*) ar dennyn

**leashing** *n*

**dg**

rhoi (*be*) ar dennyn

**leather ball** *n*

pêl (*eb*) ledr  
peli lledr

**leave** *v* **the ball**

**tn**

gadael (*be*) y bêl

**left back** *n*

**fb**

cefnwr (*eg*) chwith  
cefnwyr chwith

**left half** *n*

**fb**

hanerwr (*eg*) chwith  
hanerwyr chwith

**left wing** *n*

**fb**

asgell (*eb*) chwith  
esgyll chwith

**left winger** *n*

**fb**

asgellwr (*eg*) chwith  
asgellwyr chwith

**left-handed** *adj*

llaw (*eb*) chwith

**left-handed player**

= **male**

chwaraewr (*eg*) llaw chwith

= **female**

chwaraewraig (*eb*) law  
chwith  
chwaraewyr llaw chwith

**left-hander** *n*

= **male**

chwaraewr (*eg*) llaw chwith

= **female**

chwaraewraig (*eb*) law  
chwith  
chwaraewyr llaw chwith

**leg before wicket (l.b.w.)**

**cr**

coes o flaen wiced (c.f.w)

**leg bye** *n*

**cr**

bei (*eb*) i'r goes

**leg cut** *n*

**cr**

slaes (*eb*) i'r goes  
slaesiau i'r goes

**leg guard** *n*

**ho**

gard (*eg*) coes  
gardiau coes

**leg stump** *n*

**cr**

stwmp (*eg*) coes  
**the leg stump**  
stwmp y goes

**legal stop** *n*

**bb**

atal (*be*) yn gyfreithlon

**leg-break** *n*

**cr**

gwriad (*eg*) coes  
gwriadau coes

**leg-cutter** *n*

**cr**

gyriad (*eg*) coes  
gyriadau coes

**leg-drive** *n*

**cr**

gyriad (*eg*) o'r goes  
gyriadau o'r goes

**leg-glance** *n*

**cr**

cildrawiad (*eg*) o'r goes  
cildrawiadau o'r goes

**legitimate** *adj*

cyfreithlon *ans*

**legitimate shot** *n*

**bo**

erygd (*eb*) gyfreithlon  
erygdion cyfreithlon

**legitimately** *adv*

yn gyfreithlon *adf*

**leg-side** *n*

**cr**

ochr (*eb*) y goes

**leg-spin** *n*

**cr**

sbin (*eg*) o'r goes

**leisure** *n*

hamdden *eg*

**leisure centre** *n*

canolfan (*eb*) hamdden  
canolfannau hamdden

**length** *n*

**bo**

hyd *eg*  
**length of jack**  
hyd y jac

**length ball** *n*

**cr**

pêl (*eb*) o'r hyd iawn  
peli o'r hyd iawn

**leniency** *n*

trugaredd *eg*,  
caredigrwydd *eg*

**lenient** *adj*

trugarog *ans*,  
caredig *ans*

**level** *v*

**cr**

gwneud (*be*) yn gyfartal  
**to level the series**  
gwneud y gyfres yn  
gyfartal

**level** *adj*

gwastad *ans*

**level playing field**

cae chwarae gwastad

**level** *n*

lefel *eb*  
lefelau

**life skill** *n*

sgil (*eg*) bywyd  
sgiliau bywyd

**light rough** *n*

**go**  
garw (eg) ysgafn

**line** *n*

**bo, tn, go**  
llinell *eb*  
llinellau

**line practice**

ymarfer hyd

**a tight line**

llinell dynn

**down the line**

ar hyd y llinell

**on the line**

ar y llinell

**line** *n* for batters out

**ro**  
llinell (*eb*) i fatwyr sydd allan

**line** *n* for waiting batters

**ro**  
llinell (*eb*) i fatwyr yn / sy'n  
aros eu tro  
llinellau i fatwyr yn / sy'n  
aros eu tro

**line** *v* up the body

**bo**  
alinio'r (*be*) corff

**line and length** *n*

**cr**  
llinell (*eb*) a hyd

**linear style** *n*

**ath**  
= shot put  
arddull (*eb*) linellol  
arddulliau llinellol

**line-out** *n*

**rg**  
lein *eb*  
leiniau

**linesman** *n*

**tn**  
ystlyswr *eg*  
ystlyswyr

**linesman** *n*

(obsolete)  
**fb**  
llumanwr *eg*  
llumanwyr

**line-up** *n*

chwaraewyr *eb*  
rhesi

**who will be in the line-up tonight?**

pa chwaraewyr / pwy fydd  
yn chwarae heno?

**links course** *n*

**go**  
cwrs (eg) glan môr  
cyrisiau glan môr

**litter** *n*

**dg**  
sbwriel *eg*

**litter bin** *n*

**dg**  
bin (eg) sbwriel  
biniau sbwriel

**live batter** *n*

**ro**  
batiwr (eg) byw  
batwyr byw

**lob** *n*

**tn**  
lob *eb*  
lobiau

**lob** *v*

**tn**  
lobio *be*

**local derby** *n*

**fb**  
derby (eg) leol

**lock** *n*

**rg**  
clo *eg*  
cloeau,  
cloeon

**locker** *n*

locer *egb*  
loceri

**locker room** *n*

ystafell (*eb*) loceri  
ystafelloedd loceri

**long ball** *n*

pêl (*eb*) hir  
peli hir

**tn**

= out of court

pêl (*eb*) hir  
peli hirion

**long jump** *n*

**ath**  
naid (*eb*) hir  
neidiau hir

**long jump shoe** *n*

**ath**  
esgid (*eb*) naid hir  
esgidiau naid hir

**long jumper** *n*

**ath**  
neidiwr (eg) hir  
neidwyr hir

**long jumping** *n*

**ath**  
neidio (*be*) hir

**long-distance runner** *n*

**ath**  
rhedwr (eg) pellter hir  
rhedwyr pellter hir

**loop-the-loop** *n*

**qu**  
dolennu *be*

**loose ball** *n*

**bb**  
pêl (*eb*) rydd  
peli rhydd

**cr**

pêl (*eb*) lac  
peli llac

**loose maul** *n*

**rg**  
sgarmes (*eb*) rydd  
sgarmesoedd rhydd

**lose** *v*

colli *be*

**lose** *v* contact

**ro**  
colli (*be*) cysylltiad

**lose v one's nerve**

colli'ch (be) hyder

**lose v the lead**

colli'r (be) safle blaen

**lose v the toss**

colli'r (be) tafliad

**loser n**collwr eg  
collwyr**losing adj**

colli be

**losing side n, the**

y tîm (eg) a gollodd / sy'n colli

**loss n**

cr

colled eb  
colledion**twenty without loss**

ugain heb gollod / heb golli wiced

**loss n**colled eb  
colledion**love**

tn

dim eg

**love fifteen**

tn

dim i bymtheg

**love forty**

tn

dim i ddeugain

**love thirty**

tn

dim i ddeg ar hugain

**low release n**

ro

rhyddau'n (be) isel,  
rhyddhad (eg) isel

# M

**maiden n (over)**

cr

gwag ans  
**to bowl a maiden over**  
bowlïo pelawd wag**maintenance n**

cynnal (be) a chadw

**maintenance programme n**rhaglen (eb) cynnal a chadw  
rhaglenni cynnal a chadw**Major League n**

bb

Cynghrair (eb) Fawr

**make v a break-through**

torri (be) drwodd

**make v a mistake**

gwneud (be) camgymeriad

**management committee n**pwyllgor (eg) rheoli  
pwyllgorau rheoli**man-to-man marking n**

bb

marcio (be) un-i-un

**marathon n**

ath

marathon eg  
marathonau**marathon runner n**

ath

rhedwr (eg) marathon  
rhedwyr marathon**margin n for error**lle (eg) i wneud  
camgymeriad**marker n**

bb

marciwr eg  
marcwyr**markings npl**

marciau ell

**mat n**

bo

mat eg  
matiau**mat rounders n**

ro

rownderi (ell) mat

**match n**gêm eb  
gemau**a big match**

gêm fawr / bwysig

**match v**bod (be) cystal â  
**to match an opponent**  
bod cystal â  
gwrthwynebydd**match play n**

go

gêm (eb) dyllau

**match point n**

tn

pwynt (eg) gornest  
pwyntiau gornest**matting n**mat eg  
matiau**maul n**

rg

sgarmes eb  
sgarmesoedd**measure v**

bo

mesur be

**mechanical uplifting n of faeces**

dg

clirio (be) baw yn fecanyddol



**medicine ball** *n*

pêl (*eb*) ymarfer  
peli ymarfer

**medium-pace bowler** *n*

*cr*  
bowlwr (*eg*) lled-gyflym  
bowlwyr lled-gyflym

**men's doubles** *npl*

*tn*  
parau'r (*ell*) dynion

**men's singles** *npl*

*tn*  
senglau'r (*ell*) dynion

**mental preparation** *n*

paratoi (*be*) meddyliol,  
paratoi'n (*be*) feddyliol,  
paratoad (*eg*) meddyliol

**metal-headed club** *n*

*go*  
clwb (*eg*) metel  
clybiau metel

**metric mile** *n*

*ath*  
= 1500 metres  
milltir (*eb*) fetrig  
milltiroedd metrig

**middle stump** *n*

*cr*  
stwmp (*eg*) canol

**middle-distance race** *n*

*ath*  
ras (*eb*) pellter canol  
rasys pellter canol

**middle-distance runner** *n*

*ath*  
rhedwr (*eg*) pellter canol  
rhedwyr pellter canol

**middle-order** *n*

*cr*  
= **batting**  
canol (*eg*) y rhestr fatio

**midfield** *n*

canol (*eg*) y cae

**mid-field** *n*

*cr*  
canol (*eg*) y maes

**midfield player** *n*

chwaraewr (*eg*) canol cae  
chwaraewyr canol cae

**midfielder** *n*

chwaraewr (*eg*) canol cae  
chwaraewyr canol cae

**mid-fielder** *n*

*cr*  
maeswr (*eg*) canol  
maeswyr canol

**midnight basketball** *n*

*bb*  
pêl-fasged (*eb*) canol-nos

**mid-off** *n*

*cr*  
= **fielder**  
maeswr (*eg*) canol-draw  
= **position**  
safle (*eg*) canol-draw

**mid-on** *n*

*cr*  
= **fielder**  
maeswr (*eg*) canol-llawdde  
= **position**  
safle (*eg*) canol-llawdde

**mid-wicket** *n*

*cr*  
= **fielder**  
maeswr (*eg*) canol-wiced  
= **position**  
safle (*eg*) canol-wiced

**Millennium Centre** *n*

Canolfan (*eb*) y Mileniwm

**Millennium Stadium** *n*

Stadiwm (*eg*) y Mileniwm

**minor offence** *n*

mân drosedd *egb*  
mân droseddu

**misconduct** *n*

camymddwyn *be*  
camymddygiad *eg*

**mishap** *n*

anffawd *eb*  
anffodion

**misjudge** *v*

*go*  
= **shot distance**  
cam-fesur *be*

**misread** *v*

*go*  
= **the green**  
cam-ddarllen *be*

**miss** *n*

*tn*  
methiad *eg*  
methiadau

**miss** *v*

methu *be*

**miss v a penalty**

*fb, rg*  
methu (*be*) cic gosb / cic o'r  
smotyn  
methu ciciau cosb / cicau o'r  
smoryn

**miss v a shot**

*tn*  
methu (*be*) ergyd

**miss v the ball**

*tn*  
methu'r (*be*) bêl

**missed hit** *n*

cam-daro *be*,  
cam-drawiad *eg*  
camdrawiadau

**miss-hit** *v*

cam-daro *be*

**mistake** *n*

camgymeriad *eg*  
camgymeriadau  
**to make a mistake**  
gwneud camgymeriad  
**a costly mistake**  
camgymeriad drud

**mixed doubles** *npl*

*tn*  
parau (*ell*) cymysg

**moment** *n* of release

bo

eiliad (eg) rhyddhau /  
ryddhau  
eiliadau rhyddhau

**momentum** *n*

momentwm eg

**morale** *n*

ysbryd eg,  
hwyliau ell,  
morâl

**motivate** *v*

ysgogi be

**motivation** *n*

ysgogiad eg  
ysgogiadau

**mound** *n*

go

twmpath eg  
twmpathau

**Mount your brooms!**

qu

Ar eich ysgubau!

**mouth guard** *n*

gard (eg) ceg  
gardiau ceg

**movement** *n*

symudiad eg  
symudiadau

**mower** *n*

peiriant (eg) lladd gwair  
peiriannau lladd gwair

**mowing** *n*

lladd (be) gwair

**mudbath** *n*

baddon (eg) llaid

**multi-agency  
partnership** *n*

partneriaeth (eb)  
amlasiantaeth  
partneriaethau  
amlasiantaeth

**multigames wall** *n*

mur (eg) aml-gêm  
muriâu aml-gêm

**muscle** *n*

cyhyr eg  
cyhyrau

**muscular** *adj*

cyhyrog ans

# N

**narrow hand** *n*

bo

llaw (eb) gul  
dwylo cul

**narrow line** *n*

bo

llinell (eb) gul  
llinellau cul

**National Basketball  
Association** *n* (NBA)

Y Gymdeithas (eb) Pêl-  
fasged Genedlaethol

**national strategy** *n*

strategaeth (eb)  
genedlaethol  
strategaethau cenedlaethol

**national tournament** *n*

bo

twrnamaint (eg)  
cenedlaethol  
twrnamentiau cenedlaethol

**national training centre** *n*

canolfan (eb) hyfforddi  
genedlaethol  
canolfannau hyfforddi  
cenedlaethol

**natural talent** *n*

dawn (eb) / talent (eb)  
naturiol  
doniau / talentau naturiol

**near post** *n*

postyn (eg) agosaf

**nerve** *n*

nerf eg  
nerfau

**to lose one's nerve**

colli'ch hyder

**an attack of nerves**

digalonni, gwangalonni,  
colli hyder

**nervous** *adj*

nerfus ans

**net** *n*

rhwyd eb  
rhwydi

**in the net**

yn y rhwyd

**to strike the ball into the**

**back of the net**

rhyydo'r (be) bêl

**net!**

tn

rhwyd

**net cord** *n*

tn

cortyn (eg) y rhwyd  
cortynnau rhwydi

**net point** *n*

tn

pwynt (eg) rhwyd  
pwyntiau rhwyd

**net practice** *n*

cr

ymarfer (eg) yn y rhwydi

**nets** *npl*

cr

rhwydi ell

**new ball** *n*

cr, tn

pêl (eb) newydd  
peli newydd

**night watchman** *n*

cr

gwyliwr (eg) nos  
gwylywr nos

**nineteenth hole** *n*

go

y pedwerydd twll (eg) ar bymtheg

**no ball** *n*

cr

pêl (eb) ofer  
peli ofer

**to bowl a no ball**  
bowlïo pêl ofer

**no contest**

dim cystadleuaeth

**'No Dogs' sign** *n*

dg

arwydd (eg) 'Dim Cwn'  
arwyddion 'Dim Ōwn'

**no-contact game** *n*

gêm (eb) heb gyswllt  
gemau heb gyswllt

**non-bowling arm** *n*

bo

braich (eb) nad yw'n bowlïo

**non-jumper** *n*

bb

chwaraewr (eg) nad yw'n neidio / sydd heb fod yn neidio  
chwaraewyr nad ydynt yn neidio / sydd heb fod yn neidio

**non-offending** *adj*

bb

= action

nad yw'n droseddol

= player

nad yw'n troseddu

**non-scoring team** *n*

bb

tîm (eg) nad yw'n sgorïo / sydd heb fod yn neidio  
tîmau nad ydynt yn sgorïo / sydd heb fod yn neidio

**non-track distance event** *n*

ath

ras (eb) hirbell oddi ar y trac  
rasys hirbell oddi ar y trac

**non-turf pitch** *n*

cr

llain (eb) heb borfa  
lleiniau heb borfa

**not out (n.o.)**

cr

heb fod allan (h.f.a.)

**number 8** *n*

rg

wythwr eg  
wythwyr

**Number One Court** *n*

tn

Cwrt (eg) Rhif Un

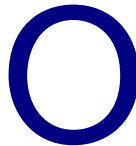
**numbered shirt** *n*

crys (eg) a rhif arno  
crysau a rhifau arnynt

**nursery ground** *n*

cr

maes (eg) meithrin  
meysydd meithrin



**obstacle race** *n*

ath

ras (eb) rwystrau  
rasys rhystrau

**obstruct** *v*

rhwystro *be*

**obstruction** *n*

rhwystro *be*  
rhwystr eg,  
rhwystrau

**off stump** *n*

cr

stwmp (eg) pellaf

**off-balance** *adj*

tn

colli (be) balans

**off-cutter** *n*

cr

gyriad (eg) draw  
gyriadau draw

**off-drive** *n*

cr

dreif (eg) draw

**offence** *n*

trosedd *egb*  
troseddau

**offend** *v*

tramgwyddo *be*,  
troseddu *be*

**offend** *v* against the rules

torri'r (be) rheolau

**offender** *n*

= male

troseddwr eg

= female

troseddwraig eg  
troseddwyr

**offending** *adj*

tramgwyddus *ans*,

= action

troseddol *ans*

= player

sy'n troseddu *be*

**the offending player**

y chwaraewr(aig) sy'n  
tramgwyddo / troseddu

**official** *adj*

swyddogol *ans*

**official** *n*

swyddog eg  
swyddogion

**official score sheet** *n*

bb

taflen (eb) sgorïo swyddogol  
taflenni sgorïo swyddogol

**officials' changing room** *n*

ystafell (eb) newid y  
swyddogion  
ystafelloedd newid y  
swyddogion

**officiate** *v*  
bod (*be*) yn swyddog

**off-side** *adj*  
*fb*  
camsefyll *be*

**off-side** *n*  
*cr*  
ochr (*eb*) gyferbyn

**off-side trap** *n*  
*fb*  
magl (*eb*) camsefyll  
maglau camsefyll

**Olympic Games** *npl*  
Gemau (*ell*) Olympaidd

**on court** *n*  
*tn*  
o fewn (ardd) y cwrt

**On your marks!**  
*ath*  
Ar eich marciau!

**one free throw** *n*  
*bb*  
(un) taflïad (*eg*) rhydd

**one set down**  
*tn*  
(un) set i lawr  
**two sets down**  
dwy set i lawr

**one set up**  
*tn*  
(un) set i fyny  
**two sets up**  
dwy set i fyny

**one-and-one penalty** *n*  
*bb*  
cosb (*eb*) un-ac-un  
cosbau un-ac-un

**one-day captain** *n*  
*cr*  
captan (*eg*) undydd  
capteiniaid undydd

**one-day cricket** *n*  
*cr*  
crïced (*eg*) undydd

**one-day game** *n*  
*cr*  
gêm (*eb*) undydd  
gemau undydd

**one-day match** *n*  
*cr*  
gêm (*eb*) undydd  
gemau undydd

**one-day series** *n*  
*cr*  
cyfres (*eb*) undydd  
cyfresi undydd

**on-side** *n*  
*cr*  
ochr (*eb*) agos

**open** *v* up the head  
*bo*  
agor (*be*) y pen

**open recreation space** *n*  
man (*eg*) hamdden agored  
mannau hamdden agored

**opener** *n*  
*cr*  
batiwr (*eg*) cyntaf  
batwyr cyntaf

**opening batsman** *n*  
*cr*  
batiwr (*eg*) cyntaf  
batwyr cyntaf

**opening bowler** *n*  
*cr*  
bowlïwr (*eg*) cyntaf  
bowlwyr cyntaf

**opening pair** *n*  
*cr*  
pâr (*eg*) agoriadol  
parau agoriadol

**opponent** *n*  
gwrthwynebydd *eg*  
gwrthwynebwy

**opponent's bowl** *n*  
*bo*  
pêl (*eb*) y gwrthwynebydd  
peli'r gwrthwynebydd

**oppose** *v*  
gwrthwynebu *be*

**opposing** *adj*  
gwrthwynebus *ans*

**opposing player** *n*  
= male  
chwaraewr (*eg*) (*sy'n*)  
gwrthwynebu  
= female  
chwaraewraig (*eb*) (*sy'n*)  
gwrthwynebu  
chwaraewyr (*sy'n*)  
gwrthwynebu

**opposing team** *n*, the  
y tîm (*eg*) *sy'n* gwrthwynebu  
/ gwrthwynebwy

**opposition** *n*  
gwrthwynebwyr *ell*

**out!**  
*tn*  
allan!

**out of bounds** *adj*  
*go*  
dros y ffin

**out of court** *prep*  
*tn*  
allan o'r cwrt *ardd*

**out of play** *adj*  
yn farw *ans*

**outdoor** *adj*  
awyr-agored *ans*

**outdoor exercise** *n*  
ymarfer (*be*) yn yr awyr  
agored,  
ymarfer (*eg*) awyr-agored

**outdoor pursuits** *n*  
gweithgareddau (*ell*)  
awyr-agored

**out-field** *n*  
*cr*  
allfaes *eg*

**outfield player** *n*

fb

chwaraewr (*eg*) allfaes  
chwaraewyr allfaes

**outgoing runner** *n*

ath

= in relay

rhedwr (*eg*) allan  
rhedwyr allan

**outgun** *v*

trechu *be*,  
bod (*be*) yn drech na  
**outgun an opponent**  
trechu / bod yn drech na  
gwrthwynebydd

**outlet pass** *n*

bb

pàs (*eb*) ollwng  
pasiau gollwng

**out-of-bounds** *adj*

bb

tu hwnt i'r ffin

**out-of-bounds fence** *n*

go

ffens (*eb*) y ffin *eb*

**outplay** *v*

chwarae'n (*be*) well (na)  
**outplay an opponent**  
chwarae'n well na  
gwrthwynebydd

**outside centre** *n*

rg

canolwr *eg*  
canolwyr

**outside half** *n*

rg

maswr *eg*  
maswyr

**outside lane** *n*

ath

lôn (*eb*) allanol  
lonydd allanol

**out-swing** *n*

cr

gwyro (*be*) allan

**out-swinger** *n*

cr

pêl (*eb*) yn gwyro allan  
peli yn gwyro allan

**over** *n*

cr

pelawd *eb*  
pelawdau

**over the moon**

wrth ei fodd / wrth ei bodd /  
wrth eu bodd

**overarm bowling** *n*

cr

bowlio (*be*) tros / dros (yr)  
ysgwydd

**overarm throw** *n*

tafliad (*eg*) tros / dros  
ysgwydd  
tafliadau tros / dros ysgwydd

**overarm throwing** *n*

ro

taflu (*be*) tros / dros  
ysgwydd

**overcome** *v*

trechu *be*  
**overcome a handicap**  
trechu anfantais  
**overcome an opponent**  
trechu gwrthwynebydd

**overhead pass** *n*

bb

pàs (*eb*) dros ben  
pasiau dros ben

**over-hit** *n*

tn

ergyd (*eb*) ry bell  
ergydion rhy bell

**over-hit** *v*

tn

taro'n (*be*) rhy bell

**overlapping full-back** *n*

fb

cefnwr (*eg*) gorgyffwrdd  
cefnwyr gorgyffwrdd

**over-run** *n*

= the pitch

rhedeg (*be*) dros y llain

**oversize racquet** *n*

tn

raced (*eb*) ry fawr  
racedi rhy fawr

**over-striding** *n*

bo

gorgamu *be*

**overtake** *v*

goddiweddyd *be*

**overthrow** *n*

cr

gordafliad *eg*  
gordafliadau

**overthrow** *v*

cr

gordafllu *be*

**overtime** *n*

bb

goramser *eg*

**overwhelm** *v*

llorio *be*

**overwhelm the  
opposition**

llorio'r gwrthwynebwyr

# P

**pace** *n*

ath, bo

cyflymder,  
cyflymdra *eg*  
**additional pace**

cyflymder / cyflymdra  
ychwanegol

**adjustment in pace**

cymhwyso'r cyflymder /  
cyflymdra

= speed

cyflymder,  
cyflymdra *eg*

go

= of the green

cyflymder,  
cyflymdra ychwanegol

**pace** *v a runner*

gosod (*be*) cyflymder /  
cyflymdra i redwr

**pace** *v oneself*

peidio (*be*) â rhedeg yn rhy  
gyflym

**pace-maker** *n***ath**

safonwr *eg*  
safonwyr

**pad** *n***cr**

pad *eg*  
padiâu

**pairs** *npl***bo**

parau *ell*  
**to play in pairs**  
chwarae mewn parau

**par** *n***go**

y safon *eg*  
**four under par**  
pedair (*ergyd*) yn well na'r  
safon

**par four** *n***go**

safon (*eg*) pedwar

**par putt** *n***go**

pyt (*eb*) am y safon

**participant** *n***= male**

cyfranogwr *eg*

**= female**

cyfranogwraig *eb*  
cyfranogwyr

**= general**

un (*eg*) sy'n cymryd rhan  
rhai sy'n cymryd rhan

**partner** *n***cr, go, tn**

partner *eg*  
partneriaid

**partner** *v***cr, go**

partneru *be*

**tn**

chwarae (*be*) gyda

**partnership** *n***cr**

partneriaeth *eb*  
partneriaethau

**fourth wicket partnership**

partneriaeth pedwaredd  
wiced

**the fourth wicket****partnership**

y bartneriaeth am y  
bedwaredd wiced

**pass** *n*

pàs *eb*

pasiau

**forward pass**

pàs ymlaen

**reverse pass**

pàs wrthol

**pass** *v*

pasio *be*

**to pass a ball**

pasio pêl

**passing shot** *n***tn**

ergyd (*eb*) heibio  
ergydion heibio

**pavilion** *n*

pafiliwn *eg*  
pafiliynau

**penalise** *v*

cosbi *be*

**penalty** *n*

cosb *eb*

cosbau

**to score from a penalty**

sgorio o gic gosb / o'r  
smotyn

**to take a penalty**

cymryd cic gosb / o'r  
smotyn

**to incur a penalty**

cael cosb

**penalty area** *n***fb**

blwch (*egb*) cosbi / gosb  
blychau cosbi

**penalty corner** *n***ho**

cornel (*eg*) cosb  
corneli cosb

**penalty goal** *n***rg**

gôl (*eb*) gosb  
golïau cosb

**penalty half rounder** *n***ro**

hanner (*eg*) rownder cosb  
hanner rownderi cosb

**penalty kick** *n***fb**

cic (*eb*) gosb  
ciciau cosb,  
cic (*eb*) o'r smotyn  
ciciau o'r smotyn

**penalty shoot-out** *n***fb**

brwydr (*eg*) saethu  
brwydrau saethu

**penalty shot** *n*

pêl (*eb*) gosb

**penalty spot** *n***fb**

smotyn (*eg*) gwyn  
smotïau gwyn,  
y smotyn (*eg*) (cosbi)

**penalty stroke** *n***ho**

ergyd (*eb*) gosb  
ergydion cosb

**to take a penalty stroke**

cymryd ergyd gosb

**penalty stroke****competition**

cystadleuaeth ergydion  
cosb

**penalty try** *n***rg**

cais (*eg*) cosb  
ceisiau cosb

**penalty-taker** *n*

y sawl sy'n cymryd y gic  
gosb *eg*  
y rhai sy'n cymryd ciciau  
cosb

**pendulum movement** *n*

**bo**  
symudiad (*eg*) pendil  
symudiadau pendil

**pentathlon** *n*

**ath**  
pentathlon *eg*

**perfect line** *n*

**bo**  
llinell (*eb*) berffaith  
llinellau perffaith

**perform** *v*

perfformio *be*

**performance** *n*

perfformiad *eg*  
perfformiadau

**performance target** *n*

**ath**  
targed (*eg*) perfformio  
targedau perfformio

**performer** *n*

= **male**  
perfformiwr *eg*  
= **female**  
perfformwraig *eb*  
perfformwyr

**period** *n*

cyfnod *eg*  
cyfnodau

**perseverance** *n*

dyncwch *eg*,  
dyfalbarhad *eg*

**persevere** *v*

dal (*be*) ati,  
dyfalbarhau *be*,  
dygnu (*be*) arni

**persistent foul play** *n*

chwarae (*eg*) brwnt cyson

**personal foul** *n*

**bb**  
trosedd (*egb*) personol /  
bersonol  
troseddau personol  
**personal foul - no free  
throws**  
trosedd personol /  
bersonol - dim ergydion  
rhydd

**photo finish** *n*

**ath**  
diwedd (*eg*) clos (iawn / dros  
ben)  
diweddiadau clos (iawn /  
dros ben)

**photo-finish equipment** *n*

**ath**  
cyfarpar (*eg*) diwedd clos

**physical** *adj*

corfforol *ans*

**physical education** *n*

addysg (*eb*) gorfforol

**physical play** *n*

chwarae (*eg*) corfforol,  
chwarae'n (*be*) gorfforol

**physical preparation** *n*

paratoi (*be*) corfforol,  
paratoi'n (*be*) gorfforol,  
paratoad (*eg*) corfforol

**physiotherapist** *n*

ffisiotherapydd *eg*  
ffisiotherapyddion

**physiotherapy** *n*

ffisiotherapi *eg*

**pin** *n*

**go**  
pin *eg*  
pinnau

**pitch** *n* (shot)

**go**  
pitsh *eg*

**pitch** *n*

maes *eg*  
meysydd  
**cr**  
llain *eb*  
lleiniau

**pitch and putt** *n*

**go**  
pitsh a pyt *eg*

**pivot** *n*

**bb**  
canolwr *eg*  
canolwyr

**pivoting** *n*

**bb**  
canol *ans*

**place** *v* the foot

**bo**  
gosod (*be*) y droed

**plant shot** *n*

**bo**  
ergyd (*eb*) osod  
ergydion gosod

**plastic bag** *n*

**dg**  
bag (*eg*) plastig  
bagiau plastig

**play** *n*

y chwarae *eg*  
**the ball is still in play**  
mae'r bêl heb groesi'r  
llinell

**play** *v*

chwarae *be*

**play** *v* for the gap

**bo**  
chwarae (*be*) am y bwlch

**play** *v* into the wind

**go**  
chwarae (*be*) i mewn i'r  
gwynt

**play** *v* on (to wicket)

**cr**  
batio (*be*) ymlaen  
(ar y wiced)

**play** *v on to the bowl*

**bo**  
chwarae (*be*) at y bêl

**play** *v the advantage*

chwarae (*r*) (*be*) rheol fantais

**play** *v the ball*

chwarae'r (*be*) bêl

**play** *v the game*

chwarae'r (*be*) gêm

**play** *v well*

chwarae'n (*be*) dda,  
cael (*be*) hwyl ar chwarae

**play** *v with character*

chwarae (*be*) gydag  
arddeliad

**player** *n*

= **male**  
chwarawr *eg*

= **female**  
chwarawraig *eb*  
chwarawyr

**playground** *n*

maes (*eg*) chwarae  
meysydd chwarae

**playground markings** *npl*

marciau (*ell*) maes chwarae

**playing** *n*

chwarae *be*

**playing conditions** *npl*

amodau (*ell*) chwarae

**playing session** *n*

**bo**  
sesiwn (*eg*) chwarae  
sesiynau chwarae

**playing surface** *n*

wyneb (*eg*) chwarae  
wynebau chwarae

**play-off** *n*

*pl* **play-offs**  
gêm (*eb*) ail-gyfle,  
gemau ail gyfle / gemau'r  
ail gyfle

**point** *n*

pwynt *eg*  
pwyntiau

**cr**

= **fielder**  
maeswr (*eg*) pwynt

= **position**  
safle (*eg*) pwynt

**pole** *n*

**ath**  
polyn *eg*  
polion

**pole vault** *n*

**ath**  
naid (*eb*) bolyn  
neidiau polyn

**pole vault** *v*

**ath**  
neidio (*be*) polyn

**pole vaulter** *n*

**ath**  
neidiwr (*eg*) polyn  
neidwyr polyn

**pole vaulting** *n*

**ath**  
neidio (*be*) polyn

**poop scoop** *n*

**dg**  
rhaw (*eb*) faw  
rhofiau baw

**poop-scoop** *v*

**dg**  
codi (*be*) baw

**poop-scoop byelaw** *n*

**dg**  
is-ddeddf (*eb*) rhofiau codi  
baw  
is-ddeddfau rhofiau codi baw

**poop-scoop scheme** *n*

**dg**  
cynllun (*eg*) rhofiau codi baw  
cynlluniau rhofiau codi baw

**popping crease** *n*

**cr**  
cris (*eg*) batio

**portable apparatus** *n*

cyfarpar (*eg*) cludadwy

**portable barrier** *n*

**ath**  
= **steeplechase**  
clwyd (*eb*) symudol  
clwydi symudol

**position** *n*

safle *eg*  
safleoedd

**position** *v*

gosod *be*

**position** *n on the field*

safle (*eg*) ar y cae  
**to position players**  
gosod chwaraewyr

**positional bowl** *n*

**bo**  
pêl (*eb*) safle  
peli safle

**positioning** *n*

**ro**  
safiad *eg*  
safia dau

**positive** *adj*

**bo**  
cadarnhaol *ans*

**positive** *adj*

cadarnhaol *ans*

**positive approach** *n*

agwedd (*eb*) gadarnhaol

**possess** *v*

meddu *be*

**possession** *n*

meddiant *eg*  
**the player in possession**  
**(of the ball)**

y chwaraewr (*sydd*) â'r bêl  
yn ei feddiant, y  
chwaraewraig (*sydd*) â'r  
bêl yn ei meddiant

**to gain possession of the**  
**ball**

ennill y bêl



**possession *n* of the rink**

**bo**  
bod (*be*) â meddiant o'r rinc

**post *n***

postyn *eg*  
pyst

**to hit the post**  
taro'r postyn

**potential *adj***

posibl *ans*

**potential *n***

potensial *eg*

**power *n***

pwer *eg*,  
grym *eg*

**power walking *n***

**ath**  
cerdded (*eg*) grymus

**powerful *adj***

grymus *ans*

**powerful play *n***

**tn**  
chwarae (*be*) grymus

**practice area *n***

**go**  
man (*eb*) ymarfer  
mannau ymarfer

**practice court *n***

**tn**  
cwrn (*eg*) ymarfer  
cyrtau ymarfer

**practice ground *n***

**go**  
tir (*eg*) ymarfer

**practice pitch *n***

**cr**  
llain (*eb*) ymarfer  
lleiniau ymarfer

**practice range *n***

**go**  
maes (*eg*) ymarfer

**practice round *n***

**go**  
rownd (*eb*) ymarfer

**precise *adj***

**bo**  
manwl *ans*

**Premiership *n***

**fb**  
Uwch-Gynghrair *eb*  
**a premiership team**  
tîm yn yr Uwch-Gynghrair,  
tîm o'r Uwch-Gynghrair

**preparation *n***

paratoad *eg*  
paratoadau,  
paratoi *be*

**pressure *n***

pwysau *ell*  
**to be under pressure**  
bod (o) dan bwysau  
**to put on pressure**  
rhoi pwysau ar

**pressurise *v***

pwysoar *be*

**prize money *n***

gwobr ariannol *eb*  
gwobrau ariannol

**prodigious *adj***

aruthrol *ans*

**prodigy *n***

person (*eg*) rhyfeddol  
pobl (*eb*) ryfeddol

**professional foul *n***

trosedd (*egb*) proffesiynol /  
broffesiynol  
troseddau proffesiynol

**prolong *v***

ymestyn *be*

**prolong *v* the game**

ymestyn (*be*) y gêm

**prop *n***

**rg**  
prop *eg*  
propiau

**protective clothing *n***

dillad (*ell*) diogelu

**protective equipment *n***

offer (*ell*) diogelu

**protective headgear *n***

penwisg (*eb*) ddiogelu

**protector *n***

**cr**  
diogelydd *eg*  
diogelwyr

**protégé *n***

protégé *eg*,  
protégée *eb*

**puddle *n***

**bo**  
pwll (*eg*) dwr,  
pwll o ddwr  
pyllau dwr,  
pyllau o ddwr

**pull *n***

**cr**  
tynnu (*be*) pêl

**pull *v***

**cr**  
tynnu *be*

**pull *v* a shot**

**go**  
tynnu (*be*) ergyd

**punt *v***

**rg**  
cicio *be*

**push *n***

gwthiad *eg*  
gwthiadau,  
gwthio *be*

**push *v***

gwthio *be*

**pushing *n***

**bb**  
gwthio *be*  
**no pushing**  
dim gwthio

**put** *v* the shot

**ath**  
taflu'r (*be*) maen

**putt** *n*

**go**  
pyt *eb*  
pytiau

**putt** *v*

**go**  
pytio *be*

**putter** *n*

**go**  
pytiwr *eg*

# Q

**quaffle** *n*

**qu**  
llyncill *eg*  
llyncilliau

**qualifier** *n*

**tn**  
= **unseeded player**  
un (*eg*) sydd wedi mynd drwodd  
rhai sydd wedi mynd drwodd

**qualify** *v*

**tn**  
mynd (*be*) drwodd

**quarter-final** *n*

gêm (*eb*) gogynderfynol  
gemau gogynderfynol /  
gemau'r wyth olaf

**quick** *adj*

**go**  
cyflym *ans*  
**a quick green**  
lawnt gyflym

**Quidditch** *n*

**qu**  
Quidditch *eg*

**Quidditch Cup** *n*

**qu**  
y Cwpan (*eg*) Quidditch

**Quidditch foul** *n*

**qu**  
ffowl (*eg*) Quidditch  
ffowliau Quidditch

**Quidditch pitch** *n*

**qu**  
cae (*eg*) Quidditch  
caeau Quidditch

**Quidditch practice** *n*

**qu**  
ymarfer (*eg*) Quidditch  
ymarferiadau Quidditch

**Quidditch robes** *npl*

**qu**  
dillad (*ell*) Quidditch

**Quidditch season** *n*

**qu**  
tymor (*eg*) Quidditch  
tymhorau Quidditch

# R

**race** *n*

**ath**  
ras *eb*  
rasys

**race** *v*

**ath**  
rasio *be*

**race walker** *n*

**ath**  
cerddwr (*eg*) rasio  
cerddwyr rasio

**race walking** *n*

**ath**  
cerdded (*be*) rasio

**racquet** *n*

**tn**  
raced *eb*  
racedi

**rain** *n*

glaw *eg*

**rain stopped play**

glaw wedi atal y chwarae

**rained off**

dim gêm oherwydd y glaw

**raise** *v* one's game

codi (*be*) safon eich gêm

**raise** *v* the ball

**ho**  
codi'r (*be*) bêl

**raised ball** *n*

**ho**  
pêl (*eb*) wedi ei chodi

**rally** *n*

**tn**  
rali *eb*  
raliau  
**a ten-shot rally**  
rali o ddeg ergyd

**rally** *v*

**tn**  
chwarae (*be*) rali

**random (drug) testing** *n*

profi (*be*) ar hap am  
gyffuriau

**rank** *n*

**tn**  
safle *eg*  
safleoedd  
**ranked fifth in the world**  
safle'r pumed yn y byd

**rank marker** *n*

**bo**  
marciwr (*eg*) safle  
marcwyr safle

**ranking** *n*

**tn**  
safle *eg*  
safleoedd

**rash stroke** *n*

**cr**  
ergyd (*eb*) fyrbwyll  
ergydion byrbwyll

**reach** *n*

tn

estyniad *eg*

estyniadau

**a long reach**

estyniad pell

**he / she has a long reach**

gall (ef / hi) estyn ymhell

**reach** *v*

tn

cyrraedd *be*

**read** *v* **the green**

bo

darllen (*be*) y llain

**read** *v* **the line**

bo

darllen (*be*) y llinell

**reappraise** *v*

bo

ailasesu *be*

**rear leg** *n*

bo

coes (*eb*) ôl

coesau ôl

**rebound** *n*

bb

adlamu *be*,

adlamiad *eg*

adlamiadau

**rebound** *v*

bb

adlamu *be*

**rebound play** *n*

bb

chwarae (*be*) adlamu

**rebounding** *n*

bb

adlamu *be*

**receiver** *n*

bb

derbynnydd *eg*

derbynwyr

**record** *n*

record *eb*

**record breaker** *n*

torrwr (*eg*) record

torwyr record

**record-breaker** *n*

torrwr (*eg*) record

torwyr record

**record-breaking** *adj*

i dorri'r (*be*) record

**record-breaking performance** *n*

perfformiad (*eg*) i dorri'r

record

perfformiadau i dorri'r

record

**recreation** *n*

hamdden *eg*

**recreational** *adj*

hamdden *eg*

**red card** *n*

ho

= permanent suspension

cerdyn (*eg*) coch

cardiau coch

**redgra pitch** *n*

maes (*eg*) redgra

meysydd redgra

**registration** *n*

dg

cofrestru *be*

**re-instate** *v*

ho

derbyn (*be*) yn ôl

**to re-instate after**

**suspension**

derbyn yn ôl ar wedi

gwaharddiad

**re-instatement** *n*

ho

derbyn (*be*) yn ôl

derbyn yn ôl

**relay** *n*

ath

ras (*eb*) gyfnewid

rasys cyfnewid

**relay baton** *n*

ath

ffon (*eb*) gyfnewid

ffyn cyfnewid

**relay race** *n*

ath

ras (*eb*) gyfnewid

rasys cyfnewid

**relay team** *n*

ath

tîm (*eg*) ras gyfnewid

timau ras gyfnewid

**release** *n*

bo

rhyddhau *be*

**release** *v*

bo

rhyddhau *be*

**release** *n* **of the bowl**

bo

rhyddhau'r (*be*) bêl

**release** *v* **the bowl**

bo

rhyddhau'r (*be*) bêl

**rematch** *n*

ail-chwarae *be*

**replace** *v*

cymryd (*be*) lle

**replacement** *n*

cymryd (*be*) lle

**replacement captain** *n*

capten (*eg*) wedi cymryd lle

**replay** *n*

ailchwarae *eb*

**replay** *v*

ailchwarae *be*

**replay** *v* **the end**

bo

ailchwarae'r (*be*) pen

**represe nt** *v*

cynrychioli *be*

**reserve** *n*

eilydd *eg*  
eilyddion

**resetting** *n of*  
**thirty-seconds clock****bb**

ailosod (*be*) y cloc tri deg  
eiliad

**rest day** *n*

diwrnod (*eg*) gorffwys  
diwrnodau gorffwys

**restart** *v***bb**

ailgychwyn *be*

**restart** *v (the game)***bb**

ailgychwyn *be* (y gêm)

**restraining circle** *n***bb**

cylch (*eg*) atal  
cylchoedd atal

**restrict** *v***dg**

cyfyngu *be*  
**to restrict access**  
cyfyngu mynediad

**restricted area** *n***bb**

rhan (*eb*) gyfyngedig  
rhannau cyfyngedig

**restriction** *n***dg**

cyfyngiad *eg*  
cyfyngiadau

**result** *n*

canlyniad *eg*  
canlyniadau

**to get a result**  
cael canlyniad

**to get a result**  
= **to win the game**  
ennill y gêm

**resume** *v*

ailgychwyn *be*,  
ailddechrau *be*

**resume** *v play*

ailgychwyn (*be*) (y) chwarae,  
ailddechrau('r) chwarae

**resumption** *n*

ailgychwyn *be*,  
ailddechrau *eg*

**resumption** *n of play*

ailgychwyn (*be*) (y) chwarae,  
ailddechrau('r) chwarae

**re-take** *v***bb**

ailgymryd *be*

**retaliation** *n*

taro'n (*eb*) ôl

**retractable lead** *n***dg**

tennyn (*eg*) tynnu i mewn  
tenynnau tynnu i mewn

**return** *n***tn**

dychweliad *eg*  
dychweliadau

**return** *v***tn**

dychwelyd *be*

**reverse** *v*

newid *be*

**reverse** *v a decision*

newid (*be*) penderfyniad

**rhythm** *n***go**

rhythm *eg*  
rhythmau

**ridge** *n***go**

cefnen *eg*  
cefnennau

**right back** *n***fb**

cefnwr (*eg*) de  
cefnwyr de

**right half** *n***fb**

hanerwr (*eg*) de  
hanerwyr de

**right wing** *n***fb**

asgell (*eb*) dde  
esgyll de

**right winger** *n***fb**

asgellwr (*eg*) de  
asgellwyr de

**right-hander** *n*

= **right-handed player**  
**male**

chwaraewr (*eg*) llaw dde

**female**

chwaraewraig (*eb*) llaw dde  
chwaraewyr llaw dde

**rink** *n***bo**

rinc *eb*  
rinciau

**rise** *n***go**

codiad (tir) *eg*  
codiadau

**rise** *v*

codi *be*

**rise** *v to a challenge*

ateb (*be*) yr her,  
wynebu (*be*) her

**road racing** *n***ath**

rasio (*be*) ffyrdd

**road running** *n***ath**

rhedeg (*be*) ffyrdd

**roll** *n***go**

= **movement of ball**  
treigl *eg*  
= **tending the green**  
rholio *be*

**roll** *v*

rholio *be*

**go**

= movement of ball  
treiglo *be*

= tending the green  
rholio'r (*be*) lawnt

**roll** *v* the pitch**cr**

rholio'r (*be*) llain

**roller** *n***cr**

rholiwr *eg*  
rholwyr

**heavy roller**

rholiwr trwm

**roll-up** *n***bo**

rholio (*be*) i fyny

**rotational style** *n***ath**

= shot put

dull (*eg*) cylchdro  
dulliau cylchdro

**rough** *n* (the rough)**go**

y garw *eg*

**rough play** *n*

chwarae (*eg*) garw,  
chwarae'n (*be*) arw

**round** *n*

rownd *eb*  
rowndiau

**round** *n* of golf**go**

rownd (*eb*) o golff *eb*  
rowndiau o golff

**round worm** *n***dg**

llynghyren *eb*  
llyngyr

**rounder** *n***ro**

rownder *eg*  
rownderi

**rounders** *n***ro**

rownderi *ell*

**rubber ball** *n*

pêl (*eb*) rwber  
peli rwber

**ruck** *n***rg**

ryc *eg*  
ryciau

**ruck and maul**

ryc a sgarmes

**ruck** *v***rg**

rycio *be*

**rugby** *n***rg**

rygbi *eg*

**rugby ball** *n***rg**

pêl (*eb*) rygbi

**rugby league** *n***rg**

rygbi (*eg*) tri ar ddeg

**rugby pitch** *n***rg**

cae (*eg*) rygbi  
caeau rygbi,  
maes (*eg*) rygbi  
meysydd rygbi

**rugby player** *n***rg**

chwaraewr (*eg*) rygbi  
chwaraewyr rygbi

**rugby union** *n***rg**

rygbi'r (*eg*) undeb

**rules** *npl* of golf**go**

rheolau (*ell*) golff

**run** *n***cr**

rhediad *eg*  
rhediadau  
**to score a run**  
sgorio rhediad

**run** *v*

rhedeg *be*

**run** *n* of play

rhediad (*eg*) y chwarae

**run** *v* out**bo, cr**

rhedeg (*be*) allan

**run** *v* with the ball

rhedeg (*be*) gyda'r bêl

**run rate** *n***cr**

cyfradd (*eb*) sgorio

**runner** *n***ath**

rhedwr (*eg*) / rhedwraig (*eb*)  
rhedwyr

**running** *n*

rhedeg *be*

**running commentary** *n*

sylwebaeth (*eb*) fyw  
sylwebaethau byw

**running stride** *n***ath**

cam (*eg*) rhedeg  
camau rhedeg

**running surface** *n***bo**

wyneb (*eg*) rhedeg  
wynebau rhedeg

**running track** *n***ath, ro**

trac (*eg*) rhedeg  
traciau rhedeg

**run-out** *n***cr**

rhedeg (*be*) allan

**run-up** *n***cr**

rhediad (*eg*) i fyny

**ro**

rhedeg (*be*) i fyny  
**the bowler's run-up**  
rhediad y bowliwr i fyny

**runway** *n*

**ath**

= long jump

rhedfa *eb*  
rhedfeydd

**rush** *v*

**tn**

rhuthro *be*

**to rush the net**

rhuthro at y rhwyd

# S

**safety cage** *n*

**ath**

caets (*eg*) diogelwch  
caetsys diogelwch

**safety netting** *n*

**ath**

rhwyd (*eb*) ddiogelwch  
rhwydi diogelwch

**sand** *n*

**go**

tywod *eg*

**sand pit** *n*

**ath, dg**

pwll (*eg*) tywod  
pyllau tywod

**sand-based green** *n*

**go**

lawnt (*eb*) uwchdywod  
lawntiau uwchdywod

**save** *n*

arbediad *eg*  
arbediadau

**save** *v*

arbed *be*

**scatter** *v* the bowls

**bo**

gwasgaru'r (*be*) peli

**scissor-jump** *n*

**ath**

naid (*eb*) siswrn  
neidiau siswrn

**scoop** *n*

**ho**

rhofiad *eg*  
rhofiadau

**scoop** *v*

**ho**

rhofio *be*

**score** *n*

sgôr *eb*  
sgoriau

**a good score**

sgôr dda

**score** *v*

sgorio *be*

**score** *v* a goal

sgorio (*be*) gôl

**score** *v* a half rounder

**ro**

sgorio (*be*) hanner rownder

**score** *v* a hat-trick

sgorio (*be*) deirgwaith (yn  
olynol),  
trithro *be*

**score** *v* a penalty

sgorio (*be*) o'r smotyn

**score** *v* a rounder

**ro**

sgorio (*be*) rownder

**score** *v* with a header

**fb**

sgorio (*be*) â'r pen / o beniad

**score card** *n*

**bo**

cerdyn (*eg*) sgorio  
cardiau sgorio

**score sheet** *n*

**bb**

taflen (*eb*) sgorio  
taflenni sgorio

**scoreboard** *n*

**cr**

sgorfwrdd *eg*  
sgorfyRDDau

**score-board** *n*

sgorfwrdd *eg*  
sgorfyRDDau

**scorecard** *n*

**go**

cerdyn (*eg*) / carden (*eb*)  
sgorio  
cardiau sgorio

**score-card** *n*

cerdyn (*eg*) sgorio  
cardiau sgorio

**score-draw** *n*

**fb**

sgôr (*eb*) gyfartal

**scorer** *n*

= player / official

sgoriwr *eg*  
sgorwyr

**scoring** *adj*

sgorio *be*

**scoring bowl** *n*

**bo**

pêl (*eb*) sgorio  
peli sgorio

**scoring draw** *n*

gêm (*eb*) gyfartal gyda sgôr

**scrum** *n*

**rg**

sgrym *eb*  
sgrymiau

**scrum** *v*

**rg**

sgrymio *be*

**scrum-half** *n*

**rg**

mewnwr *eg*  
mewnwyr

**scrummage** *n*

rg

sgrym *eb*  
sgrymiau**scrummaging** *n*

rg

sgrymio *be***seam** *n*

cr

= of the ball

sêm *eb*  
semau**seam bowler** *n*

cr

sêm-fowliwr *eg*  
sêm-fowlwyr**seam-bowling** *n*

cr

sêm-fowlio *be***seamer** *n*

cr

= bowler

sêm-fowliwr *eg*  
sêm-fowlwyr

= ball

pêl (*eb*) sêm  
peli sêm**seating** *n*

rg

seddau *ell***seating for ten thousand spectators**

seddau i ddeg mil o wylwyr

**seating capacity** *n*nifer (*eg*) (*y*) seddau**second bowl** *n*

bo

ail bêl *eb***a good second bowl**  
(bowlïo) (*be*) ail bêl dda**Second Division** *n*

fb

Ail Adran *eb***a second division team**tîm yn yr Ail Adran,  
tîm o'r Ail Adran**second end** *n*

bo

ail ben *eg***second half** *n*yr ail hanner *eg***second innings** *n*

cr

ail fatiad *eg***second post** *n*

ro

ail bostyn *eg***second round** *n*yr ail rownd *eb***a second-round win**buddugoliaeth / ennill yn yr  
ail rownd**second row** *n*

rg

ail reng *eb*,  
clo *eg***second service** *n*

tn

ail serfiad *eg*  
ail serfiadau**Second, the**

bo

= number two

Ail *eg***second-post fielder** *n*

ro

maeswr (*eg*) (*yr*) ail bostyn  
maeswyr (*yr*) ail bostyn**secure v possession of the ball**

bb

meddiannu'r (*be*) bêl**seed** *n*

tn

detholyn *eg*  
detholion**top seed**

y prif detholyn

**seed** *v*

tn

cynnwys (*be*) ymysg /  
ymhlith y detholion**seeded player** *n*

tn

chwaraewr (*eg*) dethol  
chwaraewyr dethol**seeker** *n*

qu

chwiliwr *eg*  
chwilwyr**selection** *n*dewis *be***selector** *n*dewiswr *eg*  
dewiswyr**self-closing mechanism** *n*

dg

dyfais (*eb*) sy'n ei chau ei  
hun  
dyfeisiau sy'n eu cau hunain**self-control** *n*hunanreolaeth *eb***self-defence** *n*hunanamddiffyn *eg***self-discipline** *n*hunanddisgyblaeth *eb***semi-final** *n*gêm (*eb*) gynderfynol  
gemau cynderfynol**send v off**anfon (*be*) o'r cae**to send a player off**anfon chwaraewr(aig) o'r  
cae**serve** *n*

tn

serfiad *eg*  
serfiadau**a big serve**

serfiad mawr

**first serve**

serfiad cyntaf

**serve** *v*

tn

serfio *be*

**serve** *v* for the match

tn

serfio (*be*) am yr ornest**serve and volley** *n*

tn

serfiad (*eg*) a foli  
serfiadau a foli**serve-and-volley game**

gêm o serfio a foli

**server** *n*

tn

serfiwr *eg*  
serfwyr**a big server**

serfiwr mawr

**service game** *n*

tn

gêm (*eb*) serfiad  
gemau serfiad**service line** *n*

tn

llinell (*eb*) serfio  
llinellau serfio**set** *n*

tn

set *eg***two sets to one**

dwy set i un

**set!**

ath

parod!

**set all**

tn

set yr un

**set point** *n*

tn

pwynt (*eg*) set  
pwyntiau set**two / three set points**

dau bwynt / tri phwynt set

**set shot** *n*

bb

ergyd (*eb*) osod  
ergydion gosod**seventh-player foul** *n*

bb

trosedd (*egb*) seithfed  
chwaraewr  
troseddau seithfed  
chwaraewr**severe penalty** *n*cosb (*eb*) lem

cosbau llym

**shaft** *n*

go

= of club

coes (*eb*) y clwb  
coesau clybiau**shield** *v*gwarchod *be***shield** *v* the ballgwarchod (*be*) y bêl**shin** *n*crimog *eb*  
crimogau**shin guard** *n*gard (*eg*) crimog  
gardiau crimog**shirt** *n*crys *eg*  
crysau**shoot** *v*saethu *be***shoot** *v* at goalsaethu (*be*) at y gôl**shooting circle** *n*

ho

cylch (*eg*) saethu  
cylchoedd saethu**short** *adj*

bo, go

byr *ans***short of the jack**

yn fyr o'r jac

**to hit the ball short**

taro'r bêl yn fyr

**short bowl** *n*

bo

pêl (*eb*) fer  
peli byr**short corner** *n*

fb

cornel (*eg*) byr /  
cornel (*eb*) fer  
corneli byr**short game** *n*

go

gêm (*eb*) fer**short hit** *n*

ro

ergyd (*eb*) fer  
ergydion byr**short-fine-leg** *n*

cr

coes (*eb*) fain fer**short-leg** *n*

cr

ystlys (*eb*) agos**shorts** *npl*siorts *ell*

tn

trowsus (*eg*) byr  
trowsusau byr**shot** *n*

ath

maen *eg*  
meini

bo

ergyd *eb*  
ergydion**a split shot**

ergyd hollt

**shot selection**

dewis ergydion

**shot** *n* at goalsaethu (*be*) at y gôl**shot put** *n*

ath

taflu'r (*be*) maen



**shotputter** *n*

**ath**

taflwr (*eg*) maen  
taflwyr maen

**shoulder-height** *adj*

**ho**

uchder (*eg*) ysgwydd  
uchder ysgwydd

**shoulder height** *n*

**ho**

uchder (*eg*) ysgwydd

**shouldering** *n*

**bb**

ysgwyddo *be*  
**no shouldering**  
dim ysgwyddo

**shower** *n*

cawod *eb*  
cawodydd  
**to take a shower**  
cael cawod

**shower** *v*

cael (*be*) cawod

**shower cubicle** *n*

caban (*eg*) cawod  
cabanau cawod

**sick** *adj* **as a parrot**

sâl (*ans*) fel ci

**side** *n*

= **team**

tîm *eg*  
timau

**a third division side**

tîm yn y Drydedd Adran

**side line** *n*

llinell (*eb*) ymyl  
llinellau ymyl

**side-line** *n*

**ho**

ystlys *eb*  
ystlysau

**side-step** *n*

**rg**

ochrgamiad *eg*  
ochrgamiadau

**side-step** *v*

**rg**

ochrgamu *be*

**sight-screen** *n*

**cr**

sgrin (*eb*) wen  
sgriniau gwyn

**signage** *n*

**dg**

arwyddion *ell*

**signal** *n*

arwydd *eg*  
arwyddion

**signal** *v*

arwyddo *be*

**signal** *v* **a penalty**

arwyddo (*be*) cic gosb / cic  
o'r smotyn

**silly mid-off** *n*

**cr**

= **fielder**

maeswr (*eg*) canol-draw  
agos

= **position**

safle (*eg*) canol-draw agos

**silly mid-on** *n*

**cr**

= **fielder**

maeswr (*eg*) canol-llawdde  
agos

= **position**

safle (*eg*) canol-llawdde  
agos

**silly point** *n*

**cr**

= **fielder**

maeswr (*eg*) pwynt agos

= **position**

safle (*eg*) pwynt agos

**silver medal** *n*

medal (*eb*) arian  
medalau arian

**silver whistle** *n*

**qu**

pib (*eb*) arian  
pibau arian

**sin bin** *n*

**ho**

cell (*eb*) cosb  
celloedd cosb

**single** *n*

**cr**

(un) rhediad *eg*

**a quick single**

(un) rhediad cyflym

**to take a single**

sgorio (un) rhediad

**single wicket tournament**

*n*

**cr**

twrnamaint (*eg*) wiced sengl  
twrnameintiau wiced sengl

**singles champion** *n*

**tn**

pencampwr (*eg*) /  
pencampwraig (*eb*) y  
senglau  
pencampwyr y senglau

**singles player** *n*

**tn**

= **male**

chwaraewr (*eg*) senglau

= **female**

chwaraewraig (*eb*) senglau  
chwaraewyr senglau

**six** *n*

**cr**

chwech

**to hit a bowler for six**

sgorio chwech oddi ar

foliwr

**to hit a six**

taro chwech

**Six nations' cup** *n*

**rg**

cwpan (*egb*) y chwe gwlad

**skilfulness** *n*

medrusrwydd *eg*

**Skip** *n*, **the**

**bo**

y Sgip *eg*

**skipper** *n*

capten *eg*  
capteiniaid

**skirt** *n*

tn

sgert *eb*  
sgertiau**sky** *v*

tn

codi'n (*be*) uchel  
**to sky the ball**  
codi'r bêl yn uchel**sky** *v* **the ball**

cr

taro (*be*) pêl i'r awyr**skywards** *prep*

qu

i fyny i'r awyr

**slap** *n*

ho

taro'r (*be*) bêl yn galed  
**slap hit**  
trawiad caled**slap** *v*

ho

taro'r (*be*) bêl yn galed**slice** *n*

tn

sleisiad *eg*  
sleisiadau**slice** *v*

go, tn

slaesio *be*  
**to slice the ball**  
slaesio'r bêl**slicing shot** *n*

tn

ergyd (*eb*) sleisio  
ergydion sleisio**slip** *n*

cr

slip *eg*  
slipiau  
**first / second / third slip**  
slip cyntaf / ail slip /  
trydydd slip  
**in the slips**  
yn y slipiau**slip catch** *n*

cr

daliad (*eg*) yn y slipiau  
daliadau yn y slipiau**slip-fielder** *n*

cr

maeswr (*eg*) slip  
maeswyr slip**slog** *n*

cr

cledrad *eg***slog** *v*

cr

cledro *be***slogger** *n*

cr

cledrwr *eg*  
cledrwyr**slope** *n*

go

llethr *eg*,  
goled *eg*  
goledau**slope** *v*

go

goleddfu *be***sloping ground** *n*

go

tir (*eg*) ar oledd**slow bowler** *n*

cr

bowliwr (*eg*) araf  
bowlwyr araf**slow court** *n*

tn

cwr (i'r) araf  
cyrtau araf**slow green** *n*

bo

llain (*eb*) araf**slow surface** *n*

tn

wyneb (*eg*) araf  
wynebau araf**slow wicket** *n*

cr

wiced (*eb*) araf  
wicedi araf**slump** *n*

cr

colli (*be*) wicedi'n gyflym**slump** *v*

cr

colli (*be*) wicedi'n gyflym**smash** *n*

tn

pwyad *eg*  
pwyadau**smash** *v*

tn

pwyo *be***socks** *npl*

rg

sanau *ell***spectator** *n*

rg

gwyliwr *eg*  
gwylywyr**sparkling performance** *n*perfformiad (*eg*) disglair**spectacular** *adj*= striking  
trawiadol *ans*  
= excellent  
gwyllt *ans*  
= remarkable  
rhyfeddol *ans***speed** *n*

ath

cyflymder *eg*,  
cyflymdra *eg***speed** *n* **of service**

tn

cyflymder y / cyflymdra'r (*eg*)  
serfio / serfiad**speed** *n* **of the bowl**

bo

cyflymdra'r (*eg*) bêl,  
cyflymder (*eg*) y bêl

**speed** *n of the green***bo**cyflymdra'r (eg) llain,  
cyflymder (eg) y llain**go**cyflymder (eg) y lawnt,  
cyflymdra'r (eg) lawnt**spin** *n***cr, tn**

sbin eg

**go**sbin eg,  
troelliad eg**qu**

troelli be

**spin** *v***cr, qu, tn**

troelli be

**to spin the ball**

troelli'r bêl

**to spin off course**

troelli i ffwrdd

**spin bowler** *n***cr**troellwr eg  
troellwyr**spin bowling** *n***cr**

troelli be

**ro**

bowlïo (be) sbin

**sports facility** *n*cyfleuster (eg) chwaraeon  
cyfleusterau chwaraeon**spinner** *n***cr**troellwr eg  
troellwyr**sprint** *n***ath**gwibiad eg  
gwibiadau**sprint** *v***ath**sbrintio be,  
gwibio be**sprint race** *n***ath**ras (eb) wibio  
rasys gwibio**sprinter** *n***ath**gwibiwr eg / gwibwraig eb,  
gwibwyr**sprinting track** *n***ath**trac (eg) gwibio  
traciau gwibio**sprinting track shoe** *n***ath**esgid (eb) trac gwibio  
esgidiau trac gwibio**square** *n***cr**sgwâr egb  
**the match square**  
sgwâr y gêm**square ball** *n***fb**cic (eb) ar draws  
ciciau ar draws**square cut** *n***cr**slaes (eb) sgwâr  
slaesiau sgwâr**square-leg** *n***cr**

coes (eb) sgwâr

**square-leg umpire** *n***cr**

dyfarnwr (eg) coes sgwâr

**squeeze** *v***bo**gwthio be  
**to squeeze out of the head**  
gwthio allan o'r pen**stagger** *n***ath****= curved starting line**hwnt gychwyniad eg  
hwnt gychwyniadau**staggered start** *n***ath**

hwnt gychwyn be

**stance** *n***bo**

safiad eg

**ro**

osgo eg

**stand-off** *n***rg**maswr eg  
maswyr**start line** *n***ath**llinell (eb) gychwyn  
llinellau cychwyn**start position** *n***bb**safle (eg) cychwyn  
safleoedd cychwyn**starting block** *n***ath**bloc (eg) cychwyn  
blociau cychwyn**starting gun** *n***ath**gwn (eg) cychwyn  
gynnau cychwyn**starting pistol** *n***ath**dryll (eg) cychwyn  
drylliau cychwyn**stay** *v back***tn**

sefyll (be) yn ôl

**steeplechase** *n***ath**ras (eb) ffos a pherth  
rasys ffos a pherth**steeplechase barrier** *n***ath**clwyd (eb) ras ffos a pherth  
clwydi ras ffos a pherth

**steeplechaser** *n*

**ath**

neidiwr (*eg*) ffos a pherth  
neidwyr ffos a pherth

**step** *n*

**ath**

cam *eg*  
camau

**step** *v*

**ath**

camu *be*

**step out** *v*

**ro**

camu (*be*) allan

**stick** *n*

**ho**

ffon *eb*  
ffyn

**sticky wicket** *n*

**cr**

wiced (*eb*) anodd  
wicedi anodd

**stop board** *n*

**ath**

bwrdd (*eg*) stopio  
byrddau stopio

**straddle jump** *n*

**ath**

naid (*eb*) fforchog  
neidiau fforchog

**straight** *adj*

**go**

syth *ans*  
**a straight hit**  
trawiad syth

**straight bat** *n*

**cr**

bat (*eg*) syth  
batiau syth  
**to play a straight bat**  
batio'n syth

**straight sets** *npl*

**tn**

**a straight sets victory**  
ennill heb golli('r un) set  
**to win in straight sets**  
ennill heb golli('r un) set

**stray dog** *n*

**dg**

ci (*eg*) crwydr  
cwn crwydr

**stretch** *v*

**tn**

ymestyn *be*  
**to stretch for the ball**  
ymestyn am y bêl

**stride** *n*

**ath**

cam *eg*  
camau

**stride** *v out*

**ath**

camu (*be*) allan

**strike** *v*

**go, rg**

ergydio *be*  
**to strike the ball**  
ergydio'r bêl

**striker** *n*

**fb**

ergydiwr *eg*  
ergydwyr

**striking** *n*

**bb**

taro *be*  
**no striking**  
dim taro

**stroke** *n*

**cr**

ergyd *eb*  
ergydion  
**to play a stroke**  
chwarae ergyd

**stroke** *v*

**cr**

ergydio *be*  
**to stroke the ball**  
ergydio'r bêl

**stroke play** *n*

**cr**

chwarae (*be*) trawiadau

**go**

gêm (*eb*) ergydion

**stud** *n*

**cr**

styden *eb*  
stydiau

**stuff** *v*

**bb**

dowc *eg*  
dowciau

**stump** *n*

**cr**

stwm *eg*  
stympiau

**stump** *v*

**cr**

stympio *be*

**stump** *v a post*

**ro**

stympio (*be*) postyn

**substitute** *n*

eilyddio *be*  
eilyddion

**substitute** *v*

eilyddio *be*

**substitutes' bench** *n*

**fb**

mainc (*eb*) (yr) eilyddion  
meinciau ('r) eilyddion

**substitution** *n*

**bb**

eilyddio *be*  
**no substitution**  
dim eilyddio

**suction machine** *n*

**dg**

peiriant (*eg*) sugno  
peiriannau sugno

**sudden-death play-off** *n*

**go**

datglwm *eg*

**sun hat** *n*

**cr**

het (*eb*) haul  
hetiau haul

**sunblock** *n*

cr

eli (eg) haul

**supple** *adj*

go

= player

hyblyg ans

= chwaraewr

**supportive strategy** *n*

bo

strategaeth (eb) gefnogi

strategaethau cefnogi

**suspend** *v*

ho

gwahardd be

**suspend v a player**

gwahardd (be)

chwaraewr(aig)

**suspension** *n*

ho

gwaharddiad eg

gwaharddiadau

**suspension n of play**

bb

atal (be) y chwarae

**sweater** *n*

cr, tn

siwmpwr eb

siwmperi

**sweeper** *n*

fb

ysgubwr eg

ysgubwyr

**sweeping action** *n*

bo

symudiad (eg) sgubo

symudiadau sgubo

**swerve** *n*

tn

gwyriad eg

gwyriadau

**swerve** *v*

fb

crymanu be

tn

gwyro be

**swing** *n*

ath, tn

swing eb

swingiadau

**swing** *v*

ath

= vaulting

swingio be

**swing** *n*

tn

swing eg

swingiadau

**swing** *v*

tn

swingio be

**synchronise** *v*

cydamseru be

**synthetic track** *n*

ath

trac (eg) synthetig

traciau synthetig



**tackle** *n from behind*

fb

tacl (eb) o'r tu ôl,

taclo (be) o'r tu ôl

**tail-ender** *n*

cr

un (eg) o'r batwyr olaf

y batwyr olaf

**tail-wind** *n*

go

gwynt (eg) o'r tu ôl

**take v a breather**

= have a pause / break

cymryd (be) hoe (fach)

**take v off**

ath

= for a jump

cychwyn be

**take-off** *n*

ath

= jumping

cychwyn be

**take-off board** *n*

ath

= long jump

bwrdd (eg) cychwyn

byrddau cychwyn

**take-out shot** *n*

bo

ergyd (eb) tynnu-allan

ergydion tynnu-allan

**target area** *n*

bb

rhan (eb) darged

rhannau targed

bo

man (eg) targed

mannau targed

**team** *n*

tîm eg

timau

**team game** *n*

gêm (eb) tîm

gemau tîm

**team passing game** *n*

bb

gêm (eb) pasio rhwng y tîm

gemau pasio rhwng y tîm

**team play** *n*

bo

chwarae (eg) tîm

**team-foul markers** *npl*

bb

marcwyr (ell) troseddau tîm

**technical foul** *n*

bb

trosedd (egb) technegol /

dechnegol

troseddau technegol

**tee** *n*

go

ti eg

tïau

**on the fourth tee**

ar y pedwerydd ti

**tee** *v off*

**go**  
taro'r (*be*) bêl

**tee** *v up*

**go**  
rhoi'r (*be*) bêl ar y ti

**temporary suspension** *n*

**ho**  
= **yellow card**  
gwaharddiad (*eg*) dros dro

**ten-metre line** *n*

**rg**  
llinell (*eb*) deg metr

**tennis** *n*

tennis *eg*

**tennis ball** *n*

pêl (*eb*) dennis  
peli tennis

**tennis court** *n*

cwrt (*eg*) tennis  
cyrtiau tennis

**tennis elbow** *n*

llid (*eg*) y penelin

**tennis game** *n*

gêm (*eb*) o dennis  
gemau o dennis

**tennis match** *n*

gornest (*eb*) tennis  
gornestau tennis

**tennis player** *n*

= **male**  
chwaraewr (*eg*) tennis  
chwaraewyr tennis  
= **female**  
chwaraewraig (*eb*) tennis  
chwaraewragedd tennis

**tennis racquet** *n*

raced (*eb*) tennis  
racedi tennis

**tennis shoe** *n*

esgid (*eb*) tennis  
esgidiau tennis

**ten-seconds rule** *n*

**bb**  
rheol (*eb*) deg eiliad  
rheolau deg eiliad

**tentative shot** *n*

**go**  
ergyd (*eb*) betrus  
ergydion petrus

**ten-yard box** *n*

**fb**  
blwch (*eg*) decllath  
blychau decllath

**Test and County Cricket Board** *n*

**cr**  
Bwrdd (*eg*) Criced y Gemau  
Prawf a'r Siroedd

**test captain** *n*

**cr**  
capten (*eg*) gemau prawf  
capteiniaid gemau prawf

**test cricket** *n*

**cr**  
criced (*eg*) gemau prawf

**test match** *n*

**cr**  
gêm (*eb*) brawf  
gemau prawf

**test** *v positive for drugs*

rhoi (*be*) prawf cadarnhaol  
am gyffuriau

**test series** *n*

**cr**  
cyfres (*eb*) brawf  
cyfresi prawf

**test side** *n*

**cr**  
tîm (*eg*) gemau prawf  
timau gemau prawf

**test team** *n*

**cr**  
tîm (*eg*) gemau prawf  
timau gemau prawf

**The Open Championship** *n*

**go**  
Y Bencampwriaeth (*eb*)  
Agored

**Third Division** *n*

**fb**  
Trydedd Adran *eb*  
**a third division team**  
tîm yn y Drydedd Adran,  
tîm o'r Drydedd Adran

**third man** *n*

**cr**  
(y) trydydd dyn *eg*

**third post** *n*

**ro**  
y trydydd postyn *eg*  
y trydydd pyst

**Third** *n, the*

**bo**  
= **number three**  
y Trydydd *eg*

**third-post fielder** *n*

**ro**  
maeswr (*eg*) (y) trydydd  
postyn  
maeswyr (y) trydydd postyn

**thirty all**

**tn**  
deg ar hugain yr un

**thirty fifteen**

**tn**  
deg ar hugain i bymtheg

**thirty forty**

**tn**  
deg ar hugain i ddeugain

**thirty love**

**tn**  
deg ar hugain ddim

**thirty-seconds operator** *n*

**bb**  
gweithredwr (*eg*) tri deg  
eiliad  
gweithredwyr tri deg eiliad

**thirty-seconds rule** *n***bb**rheol (*eb*) tri deg eiliad  
rheolau tri deg eiliad**thirty-seconds signal** *n***bb**arwydd (*eg*) tri deg eiliad  
arwyddion tri deg eiliad**three free throws** *npl***bb**tri thafliad (*eg*) rhydd**three-point attempt** *n***bb**ymgais (*eb*) driphwynt  
ymgeisiau triphwynt**three-point basket** *n***bb**basged (*eb*) driphwynt  
basgedi triphwynt**three-point play** *n***bb**chwarae (*eg*) triphwynt**three-quarters** *npl, the***rg**y tri-chwarteri *ell***three-seconds rule** *n***bb**rheol (*eb*) tair-eiliad  
rheolau tair-eiliad**three-seconds rule -  
infraction** *n***bb**rheol (*eb*) tair-eiliad - torri**throw** *n***cr**tafliad *eg*  
tafliadau**overarm throw**

tafliad dros / tros ysgwydd

**underarm throw**

tafliad dan ysgwydd

**throw** *v***ath, cr**taflu *be***to throw the ball**

taflu'r bêl

**throw** *n into the field***bb**tafliad (*eg*) i mewn i'r maes  
tafliadau i mewn i'r maes**throw** *v the ball from the  
spot***bb**taflu'r (*be*) bêl o'r smotyn**thrower-in** *n***bb**taflwr (*eg*) i mewn  
taflwyr i mewn**throw-in** *n***bb, cr**tafliad (*eg*) i mewn  
tafliadau i mewn,  
taflu (*be*) i mewn**throwing** *n***ath**taflu *be***throwing event** *n***ath**cystadleuaeth (*eb*) daflu  
cystadlaethau taflu**throwing position** *n***ro**safle (*eg*) taflu  
safleoedd taflu**tie break** *n***tn**datglwm *eg*  
datglymau**time!****tn**

amser ar ben!

**time** *v a pass*amseru (*be*) pàs**time in** *n***bb**amser (*eg*) chwarae**time d** *adj*wedi ei amseru *be***a well-timed pass**

pàs wedi ei hamseru'n dda

**time-out** *n***pl time-outs****bb**amser (*eg*) allan  
amserau allan**time-out watch** *n***bb**oriawr (*eb*) amser allan**top spin** *n***cr, tn**top-sbin *eg***toss** *v the coin*taflu (*be*) ceiniog**touch** *n***rg**ystlys *eb*  
ystlysau**to kick into touch**

cicio dros yr ystlys

**to kick for touch**

cicio at yr ystlys

**touch bowl** *n***bo**pêl (*eb*) gyffwrdd  
peli cyffwrdd**touch down** *n***rg**tirio'r (*be*) bêl**touch** *v down***rg**tirio'r (*be*) bêl**touch in goal** *n***rg**yr ystlys (*eb*) gwsg**touch judge** *n***rg**ystlyswr *eg*  
ystlyswyr,  
llumanwr *eg*  
llumanwyr**touch play** *n***tn**chwarae (*eg*) cyffwrdd

**touch player** *n***tn**

= male

chwaraewr (*eg*) cyffwrdd

= female

chwaraewraig (*eb*) gyffwrdd

chwaraewyr cyffwrdd

**toucher** *n***bo**pêl (*eb*) gyffwrdd

peli cyffwrdd

**touchline** *n*llinell (*eb*) (*yr*) ystlys

llinellau ystlys

**along the touchline**

ar hyd yr ystlys

**tough opponent** *n***tn**gwrthwynebydd (*eg*) anodd

gwrthwynebwr anodd

**tournament** *n*twrnamaint *eg*

twrnameintiau

**toxocariasis** *n***dg**tocsocariasis *eg***track** *n***ath**trac *eg*

traciau

**track** *v***cr**tracio *be***to track the ball**

tracio'r bêl

**track athletics** *n***ath**athletau (*ell*) trac,mabolgampau (*ell*) trac**track event** *n***ath**cystadleuaeth (*eb*) drac

cystadlaethau trac

**track kerb** *n***ath**ymyl (*eb*) palmant trac

ymylon palmant trac

**trail shot** *n***bo**ergyd (*eb*) lusgo

ergydion llusgo

**trajectory** *n***tn**llwybr *eg*

llwybrau

**a flat trajectory**

llwybr gwastad

**tramline** *n***tn**llinell (*eb*) (*yr*) ystlys

llinellau ystlys

**trial end** *n***bo**pen (*eg*) profi

pennau profi

**tricky course** *n***go**cwrs (*eg*) anodd

cyrisiau anodd

**tricky shot** *n***go**ergyd (*eb*) anodd

ergydion anodd

**Triple Crown** *n***rg**Y Goron (*eb*) Driphlyg

Coronau Triphlyg

**triple jump** *n***ath**naid (*eb*) driphlyg

neidiau triphlyg

**triple jump shoe** *n***ath**esgid (*eb*) naid driphlyg

esgidiau naid driphlyg

**triple jumper** *n***ath**neidiwr (*eg*) triphlyg

neidwyr triphlyg

**triples** *npl***bo**trioedd *ell***tripping** *n***bb**baglu *be***no tripping**

dim baglu

**trolley** *n***go**troli *eg*

trolïau

**try** *n***rg**cais *eb*

ceisiau

**to score a try**

sgorio cais

**try-line** *n***rg**llinell (*eb*) gais

llinellau cais

**tuft grass** *n***go**gwair (*eg*) tuswog**tug of war** *n***ath**tynnu (*be*) rhaff**turf pitch** *n***cr**llain (*eb*) borfa

lleiniau porfa

**turf wicket** *n***cr**wiced (*eb*) borfa

wicedi porfa

**twelfth man** *n***cr**(y) deuddegfed dyn *eg***twenty-three-metre line** *n***ho**llinell (*eb*) tri metr ar hugain

llinellau tri metr ar hugain

**two free throws** *npl***bb**dau daflïad (*eg*) rhydd



**two games all**

**tn**  
dwy gêm yr un

**two points** *npl*

**bb**  
dau bwynt eg

**two zero**

**tn**  
= in tie break  
dau i ddim  
**three zero**  
tri i ddim

**two-count rhythm** *n*

**bb**  
rhythm (eg) cyfrif dau  
rhythmau cyfrif dau

**two-handed** *adj*

**tn**  
dwy law *ans*  
**two-handed shot**  
ergyd ddwy law,  
ergydd â'r ddwy law  
**two-handed player**  
chwaraewr naill law

**two-wood pairs** *npl*

**bo**  
parau (ell) dwy-belen

**two-wood singles** *npl*

**bo**  
senglau (ell) dwy-belen

# U

**UEFA Cup** *n*

**fb**  
Cwpan (eg) UEFA

**umpire** *n*

**cr**  
dyfarnwr eg  
dyfarnwyr

**underarm action** *n*

**ro**  
taflu (be) dan (yr) ysgwydd

**underarm bowling** *n*

**cr**  
bowlïo (be) dan (yr) ysgwydd

**underlay** *n*

**bo**  
is-haen eb  
is-haenau

**underweight** *adj*

**bo**  
rhy ysgafn *ans*

**undulation** *n*

**go**  
toniad eg  
toniadau

**unfair play** *n*

chwarae'n (be) annheg,  
chwarae (eg) annheg

**unintentional offence**

**ho**  
trosedd (egb) anfwriadol

**unseated** *adj*

**qu**  
ysgwyd be

**unseeded player** *n*

**tn**  
= male  
chwaraewr (eg) sydd heb ei  
ddethol  
= female  
chwaraewraig (eb) sydd heb  
ei dethol  
chwaraewyr sydd heb eu  
dethol

**unsighted** *adj*

**tn**  
methu (be) gweld  
**the linesman was  
unsighted**  
roedd yr ystlyswr yn methu  
gweld

**unsportsmanlike  
conduct** *n*

**bb**  
ymddwyn (be) yn gachgïaidd  
/ annheilwng,  
ymddygiad (eg) cachgïaidd /  
annheilwng

**up-and-under** *n*

**rg**  
cic (eb) a chwrs  
ciciau a chwrs

**upgrade** *v*

**ho**  
uwchraddio be  
**to upgrade a penalty**  
uwchraddio gôl gosb

**uphill** *adj*

**go**  
yn dringo

**up-pass** *n*

**ath**  
= in relay race  
pàs (eb) i fyny  
pasiau i fyny,  
pasio (be) i fyny

**upright** *n*

**ath**  
= of jump barrier  
ystlysbost eg  
ystlysbyst

# V

**variation** *n*

amrywiad eg  
amrywiadau

**vault** *n*

**ath**  
llofnaid eb  
llofneidiau

**vault** *v*

**ath**  
llofneidio be

**vault approach run** *n*

**ath**  
rhediad (eg) llofneidio  
rhediadau llofneidio

**vaulter** *n*

**ath**  
llofneidiwr (eg) /  
llofneidwraig (eb)  
llofneidwyr

**vaulting** *n*

**ath**  
llofnedidio *be*

**vespachien** *n*

**dg**  
man (*eg*) toiled cwn  
mannau toiled cwn

**vice-captain** *n*

isgapten *eg*  
isgapteiniaid

**violation** *n*

torri *be*  
**to violate the rules**  
torri'r rheolau  
**violation of the rules**  
torri'r rheolau

**visualisation** *n*

**bo**  
dychmygu *be*

**volley** *n*

**cr, tn**  
foli *eg*  
foliau

**volley** *v*

**tn**  
folio *be*

**W**

**walk** *v*

**dg**  
= transitive  
cerdded *be*  
**to walk a dog**  
cerdded *ci*

**walking** *n*

**ath**  
cerdded *be*

**wall** *n*

**fb**  
mur *eg*  
muriau

**warning card** *n*

**ho**  
cerdyn (*eg*) rhybudd  
cardiau rhybudd

**water-jump** *n*

**ath**  
naid (*eb*) ddwr  
neidiau dwr

**weight** *n*

**bo**  
pwysau *ell*

**weight** *n* control

**bo**  
rheoli'r (*be*) pwysau

**weight** *n* of the bowl

**bo**  
pwysau'r (*ell*) bêl

**Welsh Rugby Union** *n*  
(WRU)

**rg**  
Undeb (*eg*) Rygbi Cymru

**wheelchair rounders** *n*

**ro**  
rownderi (*ell*) cadair olwyn

**wicket** *n*

**cr**  
wiced *eb*  
wicedi  
**forty for no wicket**  
deugain heb golli wiced

**wicket-keeper** *n*

**cr**  
wicedwr *eg*  
wicedwyr

**wide** *n*

**cr**  
pêl (*eb*) bell  
peli pell

**wide arc** *n*

**bo**  
arc (*eg*) llydan  
arcau llydan

**wide line** *n*

**bo**  
llinell (*eb*) lydan  
llinellau llydan

**wild card** *n*

**tn**  
cerdyn (*eg*) gwyllt  
cardiau gwyllt

**wild pass** *n*

**bb**  
pàs (*eb*) wyllt  
pasiau gwyllt

**wild shot** *adj*

**go**  
ergyd (*eb*) wyllt  
ergydion gwyllt

**wild swing** *n*

**cr**  
ergyd (*eb*) wyllt  
ergydion gwyllt  
**to take a wild swing at the ball**  
anelu ergyd wyllt at y bêl

**win** *v* the header

**fb**  
ennill (*be*) y bêl yn yr awyr  
ennill (*be*) peli yn yr awyr

**wing** *n*

**rg**  
= player  
asgellwr *eg*  
asgellwyr  
= position  
asgell  
esgyll

**wing back** *n*

**fb**  
asgellwr (*eg*) cefn  
asgellwyr cefn

**wing half** *n*

**fb**  
hanerwr (*eg*) asgell  
hanerwyr asgell

**winger** *n*

**fb**  
asgellwr *eg*  
asgellwyr

**winner** *n*

tn

= **winning player**

enillydd *eg*  
enillwyr

= **winning shot**

ergyd (*eb*) lwyddiannus  
ergydion llwyddiannus

**winning shot** *n*

tn

ergyd (*eb*) lwyddiannus  
ergydion llwyddiannus

**wobble** *n*

bo

siglo *be*,  
woblo *be*

**wobble** *v*

bo

siglo *be*,  
woblo *be*

**women's doubles** *npl*

tn

parau'r (*ell*) merched

**women's singles** *npl*

tn

senglau'r (*ell*) merched

**wooden crate** *n*

qu

cawell (*eg*) pren  
cewyll pren

**working dog** *n*

dg

ci (*eg*) gweithio  
cwn gweithio

**World Cup** *n*

fb

Cwpan (*eg*) y Byd

**World Number One** *n*

go

Rhif (*eg*) Un (yn) y Byd

**world ranking** *n*

tn

safle (*eg*) yn y byd  
safleoedd yn y byd

**world record** *n*

record (*eb*) y byd  
recordiau'r byd

**worm** *v*

dg

dilyngyru *be*

**worming** *n*

dg

dilyngyru *be*

**wrist action** *n*

tn

symudiad (*eg*) yr arddwrn  
symudiadau'r arddwrn

**wristband** *n*

tn

rhwymyn (*eg*) garddwrn  
rhwymynnau garddwrn

**Y**

**yellow card** *n*

ho

= **temporary suspension**

cerdyn (*eg*) melyn  
cardiau melyn

**he got a yellow**

cafodd gerdyn melyn

**york** *v*

cr

iorcio *be*

**to york a batsman**

iorcio batiwr

**Z**

**zig-zag** *v*

qu

igam-ogamu *be*

**zone defence** *n*

bb

amddiffyniad (*eg*) parth  
amddiffyniadau parth

# A

## **achosi** *be anaf*

inflict (*v*) an injury

## **adeiladu'r** *be pen*

*bo*  
build (*v*) the head

## **adlam** *eg*

bounce *n*

## **adlamiad** *eg*

*bb*  
rebound *n*

## **adlamu** *be*

bounce *v*,  
rebound *v*

*bb*  
rebound *n*,  
rebounding *n*

## **Adran** *eb Gyntaf*

*fb*  
First Division *n*  
**tîm yn yr Adran Gyntaf,**  
**tîm o'r Adran Gyntaf**  
a first division team

## **addasu** *be*

*bo*  
adapt *v*  
**i'w addasu**  
adaptable

## **addysg** *eb gorfforol*

physical education *n*

## **aerobeg** *eb*

*ath*  
aerobics *npl*

## **aerobeg** *eb uwch*

*ath*  
advanced aerobics *npl*

## **agor** *be y pen*

*bo*  
open (*v*) up the head

## **agos** *ans*

*cr*  
close *adj*

## **agwedd** *eb gadarnhaol*

positive approach *n*

## **anghyfreithlon** *ans*

illegal *adj*

## **anghymhwysiad** *eg*

disqualification *n*

## **anghymhwyso** *be*

disqualify *v*  
**cael eich anghymhwyso**  
to be disqualified

## **anghytundeb** *eg*

dissent *n*

## **anghytuno** *be*

dissent *v* + *n*  
**eich bod yn anghytuno**  
to show dissent

## **Ail** *eg*

*bo*  
the Second *n*

## **Ail Adran** *eb*

*fb*  
Second Division *n*  
**tîm yn yr Ail Adran,**  
**tîm o'r Ail Adran**  
a second division team

## **ail bêl** *eb*

*bo*  
second bowl *n*  
**(bowlïo) ail bêl dda**  
a good second bowl

## **ail ben** *eg*

*bo*  
second end *n*

## **ail bostyn** *eg*

*ro*

second post *n*

## **ail fatiad** *eg*

*cr*  
second innings *n*

## **ail hanner** *eg, yr*

second half *n*

## **ail naw**

*go*  
= *tyllau*  
back nine *n*

## **ail reng** *eb*

*rg*  
second row *n*

## **ail rownd** *eb, yr*

second round *n*  
**buddugoliaeth / ennill yn**  
**yr ail rownd**  
a second-round win

## **ail serfiad** *eg*

*tn*  
second service *n*

## **ailasesu** *be*

*bo*  
reappraise *v*

## **ailchwarae** *be*

rematch *n*,  
replay *v* + *n*

## **ailchwarae'r** *be pen*

*bo*  
replay (*v*) the end

## **ailddechrau** *be*

resume *v*,  
resumption *n*

## **ailddechrau('r)** *be*

**chwarae**  
resume (*v*) play  
resumption (*n*) of play

## **ailgychwyn** *be*

*bb*  
restart *v*,

resume *v*,  
resumption *n*

**ailgychwyn** *be (y) chwarae*

resume (*v*) play,  
resumption (*n*) of play

**ailgychwyn** *be y gêm*

**bb**  
restart (*v*) the game

**ailgymryd** *be*

**bb**  
re-take *v*

**ailosod** *be y cloc tri deg eiliad*

**bb**  
resetting (*n*) of  
thirty-seconds clock

**albatros** *eg*

**go**  
albatros *n*

**alinio'r** *be corff*

**bo**  
line (*v*) up the body

**allan** *adf*

out *adj + adv*  
**allan!**  
out!  
**ei gael allan**  
to be dismissed

**allan o'r cwrt** *ardd*

**tn**  
out of court *prep*

**allfaes** *eg*

**cr**  
out-field *n*

**amddiffyn** *be*

defend *v*,  
defence *n*

**amddiffyn** *be y bencampwriaeth*

defence (*n*) of the  
championship

**amddiffyniad** *eg*

defence *n*

**amddiffyniad** *eg parth*

**bb**  
zone defence *n*

**amddiffynnol** *ans*

defending *adj*,  
defensive *adj*

**amddiffynnwr** *eg*

defender *n*

**amddiffynnwr** *eg canol (y) cae*

**fb**  
central defender *n*

**amddiffynnwraig** *eg*

defender *n*

**amddiffynwyr** *ell llaw*

**ho**  
hand protectors *npl*

**amlwg** *ans*

blatant *adj*

**amodau** *ell chwarae*

playing conditions *npl*

**amser** *eg allan*

**bb**  
time-out *n*  
*pl* time-outs

**amser** *eg allan am hyrddio*

**bb**  
charged time-out *n*

**amser** *eg am anafiadau*

injury time *n*

**amser** *eg chwarae*

**bb**  
time in *n*

**amser** *eg ychwanegol*

extra time *n*

**amser ar ben!**

**tn**  
time!

**anabl** *ans*

disabled *adj*

**anabledd** *eg*

disability *n*  
**pobl ag anabledd**  
people with disabilities

**anadl** *egb*

breath *n*

**anaf** *eg*

injury *n*

**anaf** *eg sy'n analluogi*

incapacitating injury *n*

**anafu** *be*

injure *v*  
**wedi ei anafu,**  
**wedi ei hanafu**  
injured

**anafu** *be gwrthwynebydd*

injure (*v*) an opponent

**analluog** *ans*

incapacitated *adj*

**analluogi** *be*

incapacitate *v*,  
incapacitating *adj*

**anfantais** *eb*

disadvantage *n*  
**dan anfantais**  
disadvantaged

**anfon** *be o'r cae*

send (*v*) off  
**anfon chwaraewr(aig) o'r cae**  
to send a player off

**anffawd** *eb*

mishap *n*

**anobaith** *eg*

despair *n*,  
desperation *n*

**anobeithio** *be*

despair *v*

**Ar eich marciau!**

**ath**  
On your marks!

## Ar eich ysgubau!

qu

Mount your brooms!

## ar y blaen

in the lead

## arafu

be  
falter v

## arbed

be  
save v

## arbennig o dda

ans  
fine adj

**chwaraewr arbennig**

**o dda**

a fine player

## arc

eg

bo

arc n

## arc eb gornel

fb

corner arc n

## arc eg llydan

bo

wide arc n

## arddangosiad

eg  
**syfrdanol / rhyfeddol**

breath-taking display n

## arddull eb daflu

bo

delivery style n

## arddull eb linellol

ath

= taflu'r maen

linear style n

## arena eb ryngwladol

international arena n

## artiffisial

ans  
artificial adj

## aruthrol

ans  
awesome adj,  
prodigious adj

## arwain

lead v

## arwain

be yn y gêm  
lead (v) the game

## arwain

be yr ymosodiad  
lead (v) the charge

## arweinydd

eg  
leader n

## Arweinydd

bo

the Lead n

## arwydd

eg  
signal n

## arwydd

eg

'Dim Cwn'  
dg  
'No Dogs' sign n

## arwydd

eg

**baeddu**

dg

anti-fouling sign n

## arwydd

eg

**tri deg eiliad**

bb

thirty-seconds signal n

## arwyddion

ell

dg

signage n

## arwyddo

be

signal v

**arwyddo cic gosb / cic**

**o'r smotyn**

signal a penalty

## as

egb

tn

ace n

**serfio a s**

to serve an ace

## as-bwynt

eg

tn

ace n

**serfio asbwynt**

to serve an ace

## asgell

eb

rg

wing n

## asgell

eb

fb

**chwith**  
left wing n

## asgell

eb

fb

**dde**  
right wing n

## asgellwr

eg

fb

winger n

rg

wing n

## asgellwr

eg

fb

**cefn**  
wing back n

## asgellwr

eg

fb

**chwith**  
left winger n

fb

**de**  
right winger n

## astroturf

eg

astroturf n

## atal

be

block v

**atal gwrthwynebydd rhag**

**cael y bêl**

deny an opponent the ball

## atal

be

bb

**y chwarae**  
suspension (n) of play

## atal

be

bb

**yn gyfreithlon**  
legal stop n

## atalydd

eg

dg

**cwn**  
dog repellent n

## ateb

be

tn

**yr her**  
rise (v) to a challenge

## atmosfferig

eg

atmospheric *adj*

**athletau** *ell*  
athletics *n*

**athletau** *ell maes*  
*ath*  
field athletics *n*

**athletau** *ell trac*  
*ath*  
track athletics *n*

**athletwr** *eg*  
athlete *n*

**athletwraig** *eb*  
athlete *n*

**awyr** *eb*  
*qu*  
air *prep*,  
sky *prep*  
**i fyny i'r awyr**  
skywards

**awyr-agored** *ans*  
outdoor *adj*

**awyrgylch** *eb*  
atmosphere *n*

# B

**bacio** *be*  
back *v*  
**bacio i mewn i wrthwynebydd**  
back into an opponent

**bachgen** *eg y bêl*  
*tn*  
ball boy *n*

**bachiad** *eg*  
*cr*  
hook *n*

**bachu** *be*  
*cr, ho*  
hook *v*  
**bachu gwrthwynebydd**  
to hook an opponent

**bachwr** *eg*  
*rg*  
hooker *n*

**baddon** *eg llaid*  
mudbath *n*

**baeddu** *be*  
*dg*  
foul *v* (soil / dirty)  
**baeddu man chwarae**  
to foul a play area

**bag** *eg*  
*go*  
bag *n*

**bag** *eg golff*  
*go*  
golf bag *n*

**bag** *eg plastig*  
*dg*  
plastic bag *n*

**baglu** *be*  
*bb*  
trip *v*  
**dim baglu**  
tripping *n*  
**dim baglu**  
no tripping

**bancyn** *eg*  
*go*  
bank *n*

**baner** *eb*  
flag *n*

**bar** *eg*  
crossbar *n*

**barnu** *be*  
*bo*  
gauge *v*

**basged** *eb*  
*bb*  
basket *n*

**basged** *eb driphwynt*  
*bb*

three-point basket *n*

**bat** *eg*  
*cr*  
bat *n*

**bat** *eg criced*  
*cr*  
cricket bat *n*

**bat** *eg syth*  
*cr*  
straight bat *n*

**batiad** *eg*  
*cr*  
batting,  
innings *n*

**batiad** *eg cyntaf*  
*cr*  
first innings *n*

**batio** *be*  
*cr*  
bat *v*  
**batio'n syth**  
to play a straight bat  
**batio ymlaen (ar y wiced)**  
play on (to wicket)

**batiwr** *eg*  
*cr*  
batsman *n*  
*ro*  
batter *n*

**batiwr** *eg byw*  
*ro*  
live batter *n*

**batiwr** *eg cyntaf*  
*cr*  
opener *n*,  
opening batsman *n*

**batiwr** *eg olaf*  
*ro*  
last batter *n*

**baw** *eg cwn*  
*dg*  
dog faeces / mess *npl*

**bei** *eb*

**cr**  
bye *n*

**bei** *eb i'r goes*  
**cr**  
leg bye *n*

**bin** *eg baw cwn*  
**dg**  
dog-dirt bin *n*,  
dog-poop bin *n*

**bin** *eg gwaredu*  
**dg**  
disposal bin *n*

**bin** *eg gwaredu baw cwn*  
**dg**  
dog faeces deposit bin *n*

**bin** *eg gwastraff cwn*  
**dg**  
dog-waste bin *n*

**bin** *eg sbwriel*  
**dg**  
litter bin *n*

**blaen asgellwr** *eg*  
**rg**  
flanker *n*

**blaenllaw** *eg*  
**bo**  
forehand *n*

**blaenwr** *eg*  
**rg**  
forward *n*

**bloc** *eg cychwyn*  
**ath**  
starting block *n*

**blocio** *be*  
**bb**  
block *v*,  
blocking *n*

**blwch** *eg*  
**fb**  
box *n*,

penalty area *n*,  
protector *n*  
**yn y blwch**  
in the box

**blwch** *eg cosbi*  
**fb**  
penalty area *n*

**blwch** *eg decllath*  
**fb**  
ten-yard box *n*

**blwch** *eg sylwebu*  
commentary box *n*

**bogi** *eg*  
**go**  
bogey *n*  
*pl* bogeys  
**bogi saith**  
a bogey seven

**bogi** *eg dwbl*  
**go**  
double bogey *n*

**bowliad** *eg*  
**bo**  
bowling *n*

**bowlio** *be*  
**bo, cr**  
bowl *v*,  
deliver *v*,  
bowling *n*  
delivery *n*

**bowlio** *be at y corff*  
**cr**  
bodyline bowling *n*

**bowlio** *be cynghair*  
**bo**  
league bowling *n*

**bowlio** *be dan (yr) ysgwydd*  
**cr**  
underarm bowling *n*

**bowlio** *be dros y wiced*

**cr**  
bowl (*v*) over the wicket

**bowlio** *be dros (yr) ysgwydd*  
**cr**  
overarm bowling *n*

**bowlio** *be o amgylch y wiced*  
**cr**  
bowl (*v*) round the wicket

**bowlio** *be rownd y wiced*  
**cr**  
bowl (*v*) round the wicket

**bowlio** *be sbin*  
**ro**  
spin bowling *n*

**bowlio** *be tros (yr) ysgwydd*  
**cr**  
overarm bowling *n*

**bowliwr** *eg*  
bowler *n*

**bowliwr** *eg araf*  
**cr**  
slow bowler *n*

**bowliwr** *eg cyflym*  
**cr**  
fast bowler *n*

**bowliwr** *eg cyntaf*  
**cr**  
opening bowler *n*

**bowliwr** *eg lled-gyflym*  
**cr**  
medium -pace bowler *n*

**bowls** *ell*  
**bo**  
bowls *n*

**bowls** *ell lawnt gefngrom*  
**bo**  
crown green bowls *n*

**bowls** *ell lawnt wastad*



**bo**  
flat green bowls *n*

**bowsnar** *eg*

**cr**  
bouncer *n*

**bowsnio** *be*

**bb**  
bouncing *n*

**braich** *eb* **daflu**

**bo**  
delivery arm *n*

**braich** *eb* **fowlio**

**bo**  
bowling arm *n*

**braich** *eb* **nad yw'n bowlio**

**bo**  
non-bowling arm *n*

**brwdfrydedd** *eg*

enthusiasm *n*

**brwydr** *eg* **saethu**

**fb**  
penalty shoot-out *n*

**brwydro'n** *be* **ôl**

fight (*v*) back,  
fight-back *n*

**budd** *eg*

benefit *n*

**buddugoliaeth** *eb*

**ddiamheuol**  
convincing victory *n*

**buddugoliaeth** *eb* **enwog**

famous victory *n*

**buddugoliaeth** *eb* **lwyr**

convincing victory *n*

**buddugoliaeth** *eb* **ysgubol**

emphatic victory *n*

**bwli** *eg*

**ho**  
bully *n*

**dyfarnu bwli**

to award a bully

**cymryd bwli**

to take a bully

**bwlio** *be*

**ho**  
bully (*v*) off

**bwrdd** *eg* **cefn**

**bb, ho**  
backboard *n*

**Bwrdd** *eg* **Cricedy Gemau  
Prawf a'r Siroedd**

**cr**  
Test and County Cricket  
Board *n*

**bwrdd** *eg* **cychwyn**

**ath**  
= **naid hir**  
take-off board *n*

**bwrdd** *eg* **dangos lapiau**

**ath**  
lap indicator board *n*

**bwrdd** *eg* **stopio**

**ath**  
stop board *n*

**bwrdd** *eg* **yr arweinwyr**

**go**  
leader board *n*

**bwriadol** *ans*

deliberate *adj*,

intentional *adj*

**yn fwriadol**

deliberately

**bwrw** *be*

hit *v*,

knock *v*,

hit *n*

**bwrw chwaraewr oddi  
ar y bêl**

to knock a player off the  
ball

**bwrw** *be* **foli bwt**

**tn**

drop volley *v*

**bygi** *eg*

**go**  
buggy *n*

**bygi** *eg* **golff**

**go**  
golf buggy *n*

**bympio** *be*

**bo**  
bump *v*

**byncer** *eg*

**go**  
bunker *n*

**byr** *ans*

**bo, go**

short *adj*

**taro'r bêl yn fyr**

to hit the ball short

**yn fyr o'r jac**

short of the jack

**byrdi** *eg*

**go**  
birdie *n*

**C**

**caban** *eg* **cawod**

shower cubicle *n*

**cadarnhaol** *ans*

positive *adj*

**cadi** *egb*

**go**  
caddy *n*

**cadio** *be*

**go**  
caddy *v*

**cadw** *be* **wiced**

**cr**  
keep (*v*) wicket

**cadw'ch** *be hyder*  
keep (v) one's nerve

**cadw'n** *be heini*  
keep (v) fit

**cadw'r** *be amser*  
keep (v) the time

**cadw'r** *be serfiad*  
*tn*  
hold (v) serve

**cadwyn** *eb*  
*cr*  
chain *n*  
= 22 yards

**cae** *eg*  
field *n*

**cae** *eg pêl-droed*  
*fb*  
football field *n*

**cae** *eg pob-tywydd*  
all-weather area *n*

**cae** *eg rygbi*  
*rg*  
rugby pitch *n*

**cae** *eg Quidditch*  
*qu*  
Quidditch pitch *n*

**cael** *be allan*  
*cr*  
dismiss *v*,  
dismissal *n*  
**cael batiwr allan**  
to dismiss a batsman

**cael** *be byrdi / pluen*  
*go*  
birdie *v*

**cael** *be cawod*  
shower *v*

**cael** *be cerdyn*  
*ho*  
card *v*  
**mae (ef) wedi cael cerdyn**

he has been 'carded'

**cael** *be gêmgyfartal*  
draw (v) a game / match

**cael** *be hyd i linell*  
*bo*  
find (v) a line

**cael** *be mantais dros*  
gain (v) an advantage

**cael** *be profiad*  
experience *v*

**cael** *be twll mewn un*  
*go*  
hole (v) in one

**caets** *eg diogelwch*  
*ath*  
safety cage *n*

**cais** *eb*  
*rg*  
try *n*  
**sgorio cais**  
to score a try

**cais** *eg cosb*  
*rg*  
penalty try *n*

**cam** *eg*  
*ath*  
step *n*,  
stride *n*

**cam-ddarllen** *be*  
*go*  
misread *v*

**cam-fesur** *be*  
*go*  
misjudge *v*

**cam** *eg rhedeg*  
*ath*  
running stride *n*

**cam** *eg ymlaen*  
*bo*  
forward stride *n*

**camdaro** *be*

miss-hit *v*,  
missed hit *n*

**camdrawiad** *eg*  
missed hit *n*

**cam-drin** *be*  
abuse *v*,  
abuse *n*

**camgymeriad** *eg*  
error *n*  
**camgymeriad diangen**  
unforced error  
**dim lle i wneud camgymeriad**  
no margin for error  
mistake *n*  
**camgymeriad drud**  
a costly mistake  
**gwneud camgymeriad**  
to make a mistake

**camp** *eb eithafol*  
extreme sport *n*

**camp** *eb gyswllt*  
contact sport *n*

**camp** *eb lawn*  
*rg*  
grand slam *n*

**campfa** *eb*  
gymnasium *n*

**camsefyll** *be*  
*fb*  
off-side *adj*

**camu** *be*  
*ath*  
step *v*

**camu** *be allan*  
*ro*  
step (v) out

*ath*  
stride (v) out

**camymddwyn** *be*  
misconduct *n*

**camymddygiad** *eg*  
misconduct *n*

**caniatáu** *be* **gôl**

**fb, ho**

award (*v*) a goal

**canlyniad** *eg*

result *n*

**cael canlyniad**

to get a result

**canol** *ans*

**bb**

pivoting *n*

**canol** *eg*

**rg**

centre *n*

**canol** *eg y cae*

midfield *n*

**canol** *eg y lawnt*

**go**

centre (*n*) of the green

**canol** *eg y maes*

**cr**

mid-field *n*

**canol** *eg y rhestr fatio*

**cr**

middle-order *n*

**canolbwyntio** *be*

concentrate *v*,

focus *v*,

concentration *n*

**canolbwyntio** *be dwys*

intense concentration *n*

**canolbwyntio'n** *be ddwys*

intense concentration *n*

**canolfan** *eb ddatblygu*

development centre *n*

**canolfan** *eb hamdden*

leisure centre *n*

**canolfan** *eb hyfforddi genedlaethol*

national training centre *n*

**Canolfan** *eb y Mileniwm*

Millennium Centre *n*

**canolwr** *eg*

centre *n*

**canolwr** *eg*

**bb**

pivot *n*

**fb**

centre half *n*

**rg**

centre *n* (player),  
inside centre *n* (player)  
outside centre *n* (player)

**canolwr** *eg blaen*

**fb**

centre forward *n*

**canolwr** *eg cefn*

**fb**

centre back *n*

**canon** *eg*

**bo**

cannon *n*

**cap** *eg*

cap *n*

**chwaraewr â dau gap**

a twice-capped player

**cap** *eg pêl-fas*

baseball cap *n*

**capteiniaeth** *eb*

captaincy *n*

**capten** *eg*

captain *n*

**capten** *eg gemau prawf*

**cr**

test captain *n*

**capten** *eg undydd*

**cr**

one-day captain *n*

**capten** *eg wedi cymryd lle*

replacement captain *n*

**caedig** *ans*

lenient *adj*

**caedigrwydd** *eg*

leniency *n*

**cario'r** *be clybiau*

**go**

caddy *v*

**carped** *eg*

**bo**

carpet *n*

**carthion** *ell*

**dg**

dog excreta *npl*,  
excrement *npl*

**cat** *eb*

**cr**

bail *n*

**caten** *eb*

**cr**

bail *n*

**cawell** *eg pren*

**qu**

wooden crate *n*

**cawod** *eb*

shower *n*

**cael cawod**

to take a shower

**cefn** *ans*

**fb**

back *adj*

**cefn** *eg llaw*

**bo**

backhand *n*

**cefn** *eg y ffon*

**ho**

back (*n*) of the stick

**cefnen** *eg*

**go**

ridge *n*

**cefnogwr** *eg*

fan *n*

**cefnogwraig** *eb*  
fan *n*

**cefnwr** *eg*  
full-back *n*

**cefnwr** *eg* **chwith**  
*fb*  
left back *n*

**cefnwr** *eg* **de**  
*fb*  
right back *n*

**cefnwr** *eg* **gorgyffwrdd**  
*fb*  
overlapping full-back *n*

**ceg** *eb* **y gôl**  
*fb*  
goal-mouth *n*

**ceidwad** *eg*  
*qu*  
keeper *n*

**cell** *eb* **cosb**  
*ho*  
sin bin *n*

**cerdded** *be*  
*dg*  
walk *v*  
*ath*  
walking *n*  
**cerdded ci**  
to walk a dog

**cerdded** *be* **cwn**  
*dg*  
dog-walking *n*

**cerdded** *be* **grymus**  
*ath*  
power walking *n*

**cerdded** *be* **rasio**  
*ath*  
race walking *n*

**cerddwr** *eg* **rasio**  
*ath*  
race walker *n*

**cerdyn** *eg*  
card *n*

**cerdyn** *eg* **coch**  
red card *n*

**cerdyn** *eg* **gwyllt**  
*tn*  
wild card *n*

**cerdyn** *eg* **gwyRDD**  
*ho*  
green card *n*

**cerdyn** *eg* **melyn**  
*ho*  
yellow card *n*  
= temporary suspension  
**cafodd gerdyn melyn**  
he got a yellow

**cerdyn** *eg* **rhybudd**  
*ho*  
warning card *n*

**cerdyn** *eg* **sgorio**  
score card *n*

**ci** *eg*  
*dg*  
dog *n*

**ci** *eg* **crwydr**  
*dg*  
stray dog *n*

**ci** *eg* **gweithio**  
*dg*  
working dog *n*

**ci** *eg* **tywys**  
*dg*  
guide dog *n*

**cic** *eb*  
kick *n*

**cic** *eb* **a chwrs**  
*rg*  
up-and-under *n*

**cic** *eb* **adlam**  
*rg*  
drop-kick *n*

**cic** *eb* **ar draws**  
*fb*  
square ball *n*

**cic** *eb* **bwt**  
*rg*  
grubber kick *n*

**cic** *eb* **godi**  
*fb*  
chip *n*

**cic** *eb* **gôl**  
*fb*  
goal kick *n*

**cic** *eb* **gornel**  
*fb*  
corner kick *n*

**cic** *eb* **gosb**  
*fb*  
penalty kick *n*

**cic** *eb* **gychwyn**  
kick-off *n*

**cic** *eb* **letraws**  
*rg*  
diagonal kick *n*

**cic** *eb* **o'r smotyn**  
*fb*  
penalty kick *n*

**cic** *eb* **rydd**  
free kick *n*  
**rhoi cic rydd**  
to award a free kick  
**cymryd cic rydd**  
to take a free kick

**cic** *eb* **rydd**  
**anuniongyrchol**  
*fb*  
indirect free kick *n*

**cic** *eb* **rydd union**  
*fb*  
direct free kick *n*

**cic** *eb* **sgrech**  
*rg*

fly kick *n*

**cic** *eb wib*

*rg*  
fly kick *n*

**cicio** *be*  
kick *v*

*rg*  
punt *v*

**ciciwr** *eg*  
kicker *n*

**cildaro** *be*

*cr*  
glance *v*

**cildrawiad** *eg*

*cr*  
glance *n*  
**cildrawiad i'r goes fain**  
a glance to fine-leg  
**cildrawiad o'r goes**  
leg-glance

**cilio** *be*

*bo*  
fade *v*

**clawdd** *eg*

*dg*  
hedge *n*,  
hedging *n*

**cleadr** *eg llaw*

*tn*  
forehand *n*  
**ennill ag ergyd cleadr llaw**  
a forehand winner

**cledrad** *eg*

*cr*  
slog *n*

**cladro** *be*

*cr*  
slog *v*

**cledrwr** *eg*

*cr*  
slogger *n*

**clip** *eb*

*go*  
chip (shot) *n*

**clipio** *be*

*go*  
chip *v*

**clirio** *be*

clear *v*  
**clirio oddi ar y llinell**  
to clear off the line

**clirio** *be baw yn fecanyddol*

*dg*  
mechanical uplifting (*n*) of  
faeces

**clirio'r** *be bêl*

*fb*  
clear (*v*) (the ball)  
**clirio'r bêl oddi ar y llinell**  
to clear off the line

**clo** *eg*

*rg*  
lock *n*,  
second row *n*

**cloc** *eg*

*bb*  
clock *n*  
**cloc amseru electronig**  
electronic timing display

**cloch** *eb*

*ath*  
= **am gylchdro terfynol**  
bell *n*  
= for the final lap

**clun** *eb*

*bo*  
hip *n*

**clwb** *eg*

*go*  
club *n*,  
clubhouse *n*

**clwb** *eg bowlio*

*bo*  
bowling club *n*

**clwb** *eg carbon graffit*

*go*  
carbon graphite club *n*

**clwb** *eg golff*

*go*  
golf club *n*

**clwb** *eg metel*

*go*  
metal-headed club *n*

**clwstwr** *eg*

*bo*  
cluster *n*  
**clwstwr o gwmpas / amgylch y jac**  
a cluster round the jack

**clwyd** *eb*

*ath*  
hurdle *n*

**clwyd** *eb ras ffos a pherth*

*ath*  
steeplechase barrier *n*

**clwyd** *eb symudol*

*ath*  
= **ras ffos a pherth**  
portable barrier *n*

**clystyru** *be*

*bo*  
cluster *v*  
**clystyru o gwmpas / amgylch y jac**  
to cluster round the jack

**cnoc** *eb*

*ho*  
knock *n*

**cnocio** *be*

*ho*  
knock *v*  
**cnocio chwaraewr oddi ar y bêl**  
to knock a player off the ball

**Codau'r** *ell Cyfreithiau*

*cr*  
Codes (*npl*) of Laws

**codi** *be*

rise *v*

**codi** *be baw*

**dg**  
poop-scoop *v*

**codi** *be safon eich gêm*

raise (*v*) one's game

**codiad** *eg (tir)*

**go**  
rise *n*

**codi'r** *be bêl*

**ho**  
raise (*v*) the ball

**codi'r** *be bêl yn uchel*

sky (*v*) the ball

**coes** *eb fain*

**cr**  
fine-leg *n*

**coes** *eb fain fer*

**cr**  
short-fine-leg *n*

**coes o flaen wiced (c.f.w)**

**cr**  
leg before wicket (l.b.w.)

**coes** *eb ôl*

**bo**  
rear leg *n*

**coes** *eb sgwâr*

**cr**  
square-leg *n*

**coes** *eb y clwb*

**go**  
shaft (*n*) of club

**cofrestru** *be*

**dg**  
registration *n*

**cofrestru** *be cwn*

**dg**  
dog registration *n*

**colled** *eb*

**cr**

loss *n*

**ugain heb golled**  
twenty without loss

**colli** *be*

lose *v*,  
losing *n*

**y tîm a sy'n colli**  
the losing side

**ugain heb golli wiced**  
twenty without loss

**colli** *be balans*

**tn**  
off-balance *adj*

**colli** *be cysylltiad*

**ro**  
lose (*v*) contact

**colli** *be dwr*

dehydrate *v*

**colli'ch** *be hyder*

lose (*v*) one's nerve

**colli'r** *be taflïad*

lose (*v*) the toss

**collwr** *eg*

loser *n*

**corff** *eg rheoli*

governing body *n*

**corfforol** *ans*

physical *adj*

**cornel** *egb*

**fb**  
corner *n*

**ildio cornel**  
to concede a corner

**cymryd cic gornel**  
to take a corner

**cornel** *eg byr*

**fb**  
short corner *n*

**cornel** *eg cosb*

**ho**  
penalty corner *n*

**cornel** *eb fer*

**fb**  
short corner *n*

**cornel** *eb gosb*

**ho**  
penalty corner *n*

**Coron** *eb Driphlyg*

**rg**  
Triple Crown *n*

**cortyn** *eg y rhwyd*

**tn**  
net cord *n*

**cosb** *eb*

penalty *n*  
**cael cosb**  
to incur a penalty

**cosb** *eb lem*

severe penalty *n*

**cosb** *eb taflïad rhydd*

**bb**  
free throw penalty *n*

**cosb** *eb un-ac-un*

**bb**  
one-and-one penalty *n*

**cosbi** *be*

penalise *v*

**cost** *eb gwaredu*

**dg**  
disposal cost *n*

**criced** *eg dosbarth cyntaf*

**cr**  
first class cricket *n*

**criced** *eg*

**cr**  
cricket *n*

**criced** *eg gemau prawf*

**cr**  
test cricket *n*

**criced** *eg undydd*

**cr**  
one-day cricket *n*

**cricedwr** *eg*

**cr**  
cricketer *n*

**crimog** *eb*  
shin *n*

**cris** *eg*  
**cr**  
crease *n*

**cris** *eg* **batio**  
**cr**  
batting crease,  
popping crease *n*

**cris** *eg* **bowlio**  
**cr**  
bowling crease *n*

**criw'r** *eg* **cwrt**  
**tn**  
ground crew *n*

**croesfar** *eg*  
cross-bar *n*

**croesi** *be*  
**fb**  
cross *v*  
**croesi'r bêl**  
to cross the ball

**croesiad** *eg*  
**fb**  
cross *n*  
**croesiad wedi'i amseru'n dda / gelfydd**  
a well-timed cross

**croesiad** *eg* **uchel**  
**fb**  
high cross *n*

**cryfder** *eg* **aruthrol**  
awesome strength *n*

**crwb** *eg*  
**go**  
hump *n*

**cryfder** *eg* **aruthrol**

awesome strength *n*

**crys** *eg*  
shirt *n*

**crys** *eg* **a rhif arno**  
numbered shirt *n*

**crymanu** *be*  
**pd**  
swerve *v*

**crymanu'r be bêl**  
**pd**  
bend (*v*) the ball

**cwblhau** *be* **rownd**  
**go**  
complete (*v*) a round

**Cwpan** *eg* **Ewrop**  
**pd**  
European Cup *n*

**Cwpan** *eg* **Quidditch, y**  
**qu**  
Quidditch Cup *n*

**Cwpan** *eg* **UEFA**  
**pd**  
UEFA Cup *n*

**Cwpan** *eg* **y Byd**  
**pd**  
World Cup *n*

**cwpan** *egb* **y chwe gwlad**  
**rg**  
six nations' cup *n*

**Cwpan** *eg* **yr FA**  
**pd**  
FA Cup *n*

**cwrs** *eg* **anodd**  
**go**  
tricky course *n*

**cwrs** *eg* **cwn ystwyth**  
**cn**  
agility dog course *n*

**cwrs** *eg* **glan môr**  
**go**

links course *n*

**cwrs** *eg* **golff glan môr**  
**go**  
golf links *n*

**cwrs** *eg* **mewndirol**  
**go**  
inland course *n*

**cwrt** *eg*  
**tn**  
court *n*  
**o fewn y cwrt**  
on court

**cwrt** *eg* **araf**  
**tn**  
slow court *n*

**cwrt** *eg* **blaen**  
**pf**  
front court *n*

**cwrt** *eg* **caled**  
**tn**  
hard court *n*

**Cwrt** *eg* **Canol**  
**tn**  
Centre Court *n*

**cwrt** *eg* **cefn**  
**pf**  
back court *n*

**cwrt** *eg* **clai**  
**tn**  
clay court *n*

**cwrt** *eg* **cyflym**  
**tn**  
fast court *n*

**cwrt** *eg* **glaswellt**  
**tn**  
grass court *n*

**cwrt** *eg* **gwair**  
**tn**  
grass court *n*

**cwrt** *eg pêl-fasged*

pf

basketball court *n*

**cwrt** *eg porfa*

tn

grass court *n*

**Cwrt** *eg Rhif Un*

tn

Number One Court *n*

**cwrt** *eg tennis*

tn

tennis court *n*

**cwrt** *eg y gôl*

pd

goal area *n*

**cwrt** *eg ymarfer*

tn

practice court *n*

**cwртеisi** *eg*

bo

courtesy *n*

**cwt** *eg*

cn

kennel *n*

**cwmp** *eg*

fall *n*

**cwmpo** *be*

fall *v + n*

**cychwyn** *be*

ath

= **naid**

take (*v*) off *n*

= **neidio**

take-off *n*

**cychwyniad** *eg*

ho

bully-off *n*

**cydamseru** *be*

synchronise *v*

**cydarweinydd** *eg*

go

joint leader *n*

**cydbwysedd** *eg*

bo

balance *n*

**cydbwyso** *be*

bo

balance *v*

**cydio** *be*

grasp *v*

**cydlyniant** *eg*

co-ordination *n*

**cydlynu** *be*

co-ordination *n*

**cyfar** *eg*

cr

cover *n*

**cyfar** *eg ychwanegol*

cr

extra-cover *n*

**cyfar-dreif** *eg*

cr

cover-drive *n*

**cyfarpar** *eg*

apparatus *n*

**cyfarpar** *eg cludadwy*

portable apparatus *n*

**cyfarpar** *eg diwedd clos*

ath

photo-finish equipment *n*

**cyfar-pwynt** *eg*

cr

cover-point *n*

**cyfartal** *ans*

equal *adj*

**dod yn gyfartal â'r record**

equal the record

**cyfartaledd** *eg*

cr

average *n*

**cyfartaledd** *eg batio*

cr

batting average *n*

**cyfartaledd** *eg bowlio*

cr

bowling average *n*

**cyffur** *eg*

drug *n*

**cyffyrddiad** *eg rhydd*

bo

front toucher *n*

**cyflawni** *be*

accomplish *v*

**cyflawni** *be tafliad*

bo

execute (*v*) a shot

**cyflawni** *be trosedd*

commit (*v*) a foul / an offence

**cyflawniad** *eg*

bo

execution *n*

**cyfle** *eg am fyrdi / am bluen*

go

birdie opportunity *n*

**cyflwr** *eg*

condition *n*

**mae cyflwr y maes / llain**

**yn sâl / wael**

conditions are poor

**mewn cyflwr da**

in good condition

**cyflym** *ans*

go

quick *adj*

**lawnt gyflym**

a quick green

**cyflymder** *eg*



pace *n*,  
speed *n*

**go**  
= **y lawnt**  
pace *n* (of the green)

**cyflymder** *eg aruthrol*  
awesome speed *n*

**cyflymder** *eg dan reolaeth*  
**bo**  
controlled pace *n*

**cyflymder** *eg y bêl*  
**bo**  
speed (*n*) of the bowl

**cyflymder** *eg y lawnt*  
**go**  
speed (*n*) of the green

**cyflymder** *eg y llain*  
**bo**  
speed (*n*) of the green

**cyflymder** *eg y serfio / serfiad*  
**tn**  
speed (*n*) of service

**cyflymder** *eg ychwanegol*  
additional pace / speed *n*

**cyflymdra** *eg*  
pace *n*,  
speed *n*

**go**  
= **y lawnt**  
pace *n* (of the green)

**cyflymdra** *eg aruthrol*  
awesome speed *n*

**cyflymdra** *eg dan reolaeth*  
**bo**  
controlled pace *n*

**cyflymdra** *eg ychwanegol*  
additional pace / speed

**cyflymdra'r** *eg bêl*  
**bo**  
speed (*n*) of the bowl

**cyflymdra'r** *eg lawnt*  
**go**  
speed (*n*) of the green

**cyflymdra'r** *eg llain*  
**bo**  
speed (*n*) of the green

**cyflymdra'r** *eg serfio / serfiad*  
**tn**  
speed (*n*) of service

**cyflymiad** *eg*  
acceleration *n*

**cyflymu** *be*  
accelerate *v*,  
acceleration *n*

**cyfnewid** *eg*  
**ath**  
= **mewn ras gyfnewid**  
change-over *n*

**tn**  
exchange *n*

**cyfnewid** *be*  
**tn**  
exchange *v*

**cyfnod** *eg*  
period *n*

**cyfnod** *eg y chwarae*  
duration (*n*) of play

**cyfnod** *eg ychwanegol*  
**pf**  
extra period *n*

**cyfosod** *be*  
**bo**  
juxtaposition *n*

**cyfradd** *eb sgorio*  
**cr**  
run rate *n*

**cyfranogwr** *eg*  
participant *n*

**cyfranogwraig** *eb*

participant *n*

**cyfreithlon** *ans*  
legitimate *adj*  
**yn gyfreithlon**  
legitimately

**cyfres** *eb brawf*  
**cr**  
test series *n*

**cyfres** *eb undydd*  
**cr**  
one-day series *n*

**cyfrif** *eg cyntaf*  
**pf**  
first count *n*

**cyfyngiad** *eg*  
**cn**  
restriction *n*

**cyfyngiad** *eg cwn*  
**cn**  
dog restriction *n*

**cyfyngu** *be*  
**cn**  
restrict *v*  
**cyfyngu mynediad**  
to restrict access

**cyngghrair** *eb colegol*  
**pf**  
collegiate league *n*

**Cyngghrair** *eb Fawr*  
**pf**  
Major League *n*

**Cyngghrair** *eb Pêl-droed*  
**pd**  
Football League *n*

**Cyngghrair** *eb y Pencampwyr*  
**pd**  
Champions' League *n*

**Cyngghrair** *eb Sirol*  
**bo**  
County League *n*

**Cynghrair** *eb* **Trioedd Sirol**  
**bo**

County Triples League *n*

**cyhuddo** *be*  
**chwarawwr(aig) o drosedd**  
charge (*v*) a player with an  
offence

**cyhyr** *eg*  
muscle *n*

**cyhyrog** *ans*  
muscular *adj*

**cylich** *eg*  
**qu**  
hoop *n*

**cylich** *eg* **atal**  
**pf**  
restraining circle *n*

**cylich** *eg* **canol**  
**pd**  
centre circle *n*

**cylich** *eg* **saethu**  
**ho**  
shooting circle *n*

**cymdeithas** *eb*  
association *n*  
**Y Gymdeithas Pêl-fasged**  
**Genedlaethol (NBA)**  
National Basketball  
Association (NBA)

**Cymdeithas** *eb* **Athletau**  
**Cymru**  
Athletics Association of  
Wales *n*

**Cymdeithas** *eb* **Dyfarnwyr**  
**a Sgorwyr Criced**  
**cr**  
Association of Cricket  
Umpires and Scorers

**Cymdeithas** *eb* **Dyfarnwyr**  
**Criced**  
**cr**  
Association of Cricket  
Umpires

**cymell** *be* **daliad**

**ro**  
induce (*v*) a catch

**cymeriad** *eg*  
character *n*

**cymhelliant** *eg*  
motivation *n*

**cymhwyso** *be*  
adapt,  
adjust *v*  
**cymhwyso'r cyflymder /**  
**cyflymdra**  
adjustment in pace

**cymryd** *be* **cyffuriau**  
doping *n*

**cymryd** *be* **lle**  
replace *v*,  
replacement *n*

**cymryd** *be* **cic gosb**  
take (*v*) a penalty (kick)

**cymryd** *be* **cic o'r smotyn**  
take (*v*) a penalty (kick)

**cynel** *eg*  
**cn**  
kennel *n*

**cynllun** *eg* (**ar gyfer**) **gêm**  
game plan *n*

**cynllun** *eg* **rhofiau codi**  
**baw**  
**cn**  
poop-scoop scheme *n*

**cynnal** *be* **a chadw**  
maintenance *n*

**cynnal a chadw(r) maes**  
grounds' maintenance *n*

**cynnwys** *be* **ymysg /**  
**ymhlith y detholion**  
**tn**  
seed *v*

**cynrychioli** *be*  
represent *v*

**cyrraedd** *be*  
**tn**  
reach *v*

**cysgod** *eg* **llygaid**  
**tn**  
eye-shade *n*

**cystadleuaeth** *eb*  
competition *n*,  
contest *n*

**cystadleuaeth** *eb* **bellter**  
**ath**  
distance event *n*

**cystadleuaeth** *eb* **daflu**  
**ath**  
throwing event *n*

**cystadleuaeth** *eb* **drac**  
**ath**  
track event *n*

**cystadleuaeth** *eb* **maes**  
**ath**  
field event *n*

**cystadleuaeth** *eb*  
**traws-gwlad**  
**ath**  
cross-country event *n*

**cystadleuol** *ans*  
competitive *adj*

**cystadleuydd** *eg*  
competitor *n*

**cystadlu** *be*  
compete *v*,  
contest *v*

**cystal** *ans*  
equal *adj*  
**bod cystal â**  
**gwrthwynebydd**  
to match an opponent

**cyswllt** *eg*  
contact *n*

**cyswllt** *eg corfforol*  
bodily contact *n*

**cysylltu** *be â*  
contact *v*

**cywir** *ans*  
accurate *adj*

**cywirdeb** *eg*  
accuracy *n*

# Ch

**chwarae** *be*  
play *v*,  
playing *n*  
**chwarae gydag arddeliad**  
to play with character  
**chwarae'n dda**  
to play well  
**y chwarae**  
play

**chwarae** *be adlamu*  
*pf*  
rebound play *n*

**chwarae** *be am y bwlch*  
*bo*  
play (*v*) for the gap

**chwarae** *eg amddiffynnol*  
defensive play *n*

**chwarae** *be at y bêl*  
*bo*  
play (*v*) on to the bowl

**chwarae** *eg brwnt cyson*  
persistent foul play *n*

**chwarae** *eg budr*  
foul play *n*

**chwarae** *eg corfforol*  
physical play *n*

**chwarae** *eg cyffwrdd*  
*tn*

touch play *n*

**chwarae** *eg garw*  
rough play *n*

**chwarae** *be grymus*  
*tn*  
powerful play *n*

**chwarae** *be gyda*  
*tn*  
partner *v*

**chwarae** *be i mewn i'r gwynt*  
*go*  
play (*v*) into the wind

**chwarae** *eg llyfn*  
fluent play *n*

**chwarae** *be o'r naill ben i'r llall*  
*pd*  
end-to-end play *n*

**chwarae** *eg peryglus*  
dangerous play *n*

**chwarae** *be rali*  
*tn*  
rally *v*

**chwarae** *be rheol fantais*  
play (*v*) the advantage

**chwarae** *eg teg*  
fair play *n*

**chwarae** *eg tîm*  
*bo*  
team play *n*

**chwarae** *be trawiadau*  
*cr*  
stroke play *n*

**chwarae** *eg triphwynt*  
*pf*  
three-point play *n*

**chwarae** *eg ymosodol*  
aggressive play *n*,  
attacking play *n*

**chwarae'n** *eg amddiffynnol*  
defensive play *n*

**chwarae'n** *be arw*  
rough play *n*

**chwarae'n** *be fudr*  
foul play *n*

**chwarae'n** *be gorfforol*  
physical play *n*

**chwarae'n** *eg llyfn*  
fluid movement *n*,  
fluid play *n*

**chwarae'n** *be ymosodol*  
aggressive play *n*,  
attacking play *n*

**chwarae'n** *be well (na)*  
outplay *v*  
**chwarae'n well na gwrthwynebydd**  
outplay an opponent

**chwarae'r** *be bêl*  
play (*v*) the ball

**chwarae'r** *be gêm*  
play (*v*) the game

**chwarae'r** *be rheol fantais*  
play (*v*) the advantage

**chwaraewr** *eg*  
player *n*  
**chwaraewr a gollod yn y rownd olaf**  
beaten finalist  
**chwaraewr (sy'n) gwrthwynebu**  
opposing player

**chwaraewr** *eg allfaes*  
*pd*  
outfield player *n*

**chwaraewr** *eg allweddol*  
key player *n*

**chwaraewr** *eg amddiffyn*  
defending player *n*

**chwaraewr** *eg amddiffynol*

*pf*  
defensive player *n*

**chwaraewr** *eg amryddawn*  
all-round player *n*,  
all-rounder *n*

**chwaraewr** *eg bowls*

*bo*  
bowls player *n*

**chwaraewr** *eg canol cae*  
midfield player *n*,  
midfielder *n*

**chwaraewr** *eg cyffwrdd*

*tn*  
touch player *n*

**chwaraewr** *eg dethol*

*tn*  
seeded player *n*

**chwaraewr** *eg hoci*

*ho*  
hockey-player *n*

**chwaraewr** *eg llaw chwith*

left-handed player *n*,  
left-hander *n*

**chwaraewr** *eg medrus*

accomplished player

**chwaraewr** *eg nad yw'n neidio*

*pf*  
non-jumper *n*

**chwaraewr** *eg parau*

*tn*  
doubles player *n*

**chwaraewr** *eg pêl-fasged*

*pf*  
basketball player *n*

**chwaraewr** *eg pêl-fasged*

*pf*  
basketballer *n*

**chwaraewr** *eg penderfynol*  
determined player *n*

**chwaraewr** *eg profiadol*  
experienced player *n*

**chwaraewr** *eg proffesiynol y clwb*

*go*  
club pro *n*

**chwaraewr** *eg rygbi*

*rg*  
rugby player *n*

**chwaraewr** *eg rhyngwladol*

international *n*

**chwaraewr** *eg senglau*

*tn*  
singles player *n*

**chwaraewr** *eg sy'n ymosod*

*ho*  
attacking player *n*

**chwaraewr** *eg sydd heb fod yn neidio*

*pf*  
non-jumper *n*

**chwaraewr** *eg sydd heb ei ddethol*

*tn*  
unseeded player *n*

**chwaraewr** *eg tennis*

*tn*  
tennis player *n*

**chwaraewr** *eg tynnu*

*bo*  
drawing player *n*

**chwaraewr** *eg ymosodol*

aggressive player *n*,  
attacking player *n*

**chwaraewr** *eg yn methu chwarae*

incapacitated player *n*

**chwaraewr** *eg llaw dde*

right-hander *n*

**chwaraewraig** *eb*

player *n*  
**chwaraewraig a gollod yn y rownd olaf**  
beaten finalist

**chwaraewraig** *eb bowls*

*bo*  
bowls player *n*

**chwaraewraig** *eb allweddol*

key player *n*

**chwaraewraig** *eb amryddawn*

all-round player *n*,  
all-rounder *n*

**chwaraewraig** *eb amddiffynol*

*pf*  
defensive player *n*

**chwaraewraig** *eb benderfynol*

determined player *n*

**chwaraewraig** *eb cyffwrdd*

*tn*  
touch player *n*

**chwaraewraig** *eb fedrus*

accomplished player

**chwaraewraig** *eb gwrthwynebu*

opposing player *n*

**chwaraewraig** *eb law chwith*

left-handed player

**chwaraewraig** *eb law chwith*

left-hander *n*

**chwaraewraig** *eb* **parau**  
*tn*

doubles player *n*

**chwaraewraig** *eb*  
**pêl-fasged**

*pf*  
basketballer *n*

**chwaraewraig** *eb* **sy'n**  
**gwrthwynebu**

opposing player *n*

**chwaraewraig** *eb* **sydd**  
**heb ei dethol**

*tn*  
unseeded player *n*

**chwaraewraig** *eb* **sydd**  
**wedi ennill cap(iau)**

capped player *n*

**chwaraewraig** *eb* **tennis**

*tn*  
tennis player *n*

**chwaraewraig** *eb* **tynnu**

*bo*  
drawing player *n*

**chwaraewraig** *eb* **wedi**  
**ennill cap(iau)**

capped player *n*

**chwaraewraig** *eb*  
**ymosodol**

aggressive player *n*,  
attacking player *n*

**chwaraewraig** *eg* **hoci**

*ho*  
hockey-player *n*

**chwaraewraig** *eb* **llaw dde**

right-hander *n*

**chwaraewraig** *eg* **senglau**

*tn*  
singles player *n*

**chwech**

*cr*

six *n*

**sgorio chwech oddi ar**  
**foliwr**

to hit a bowler for six

**taro chwech**

to hit a six

**chwiliwr** *eg*

*qu*  
seeker *n*

**chwythu** *be*

blow *v*

**chwythu'r chwiban (olaf)**

to blow the (final) whistle

## D

**dadansoddi** *be*

analyse *v*

**dadansoddiad** *eg*

analysis *n*

**dal** *be*

catch *v*

**dal y bêl**

to catch the ball

*pf*

holding *n*

**dim dal**

no holding

**dal** *be* **ati**

persevere *v*

**daliad** *eg*

*cr*

catch *n*

**daliad hawdd / rhwydd**

an easy catch

**daliad yn y slipiau**

slip catch

**damwain** *eb*

accident *n*

**damweiniol** *ans*

accidental *adj*

**dan do**

indoor *adj*

**chwaraeon dan do**  
indoor games

**darllen** *be* **y llain**

*bo*  
read (*v*) the green

**darllen** *be* **y llinell**

*bo*  
read (*v*) the line

**datglwm** *eg*

*go*

sudden-death play-off *n*

*tn*

tie break *n*

**dau bwynt** *eg*

*pf*

two points *npl*

**dau daflïad** *eg* **rhydd**

*pf*

two free throws *npl*

**dau i ddim**

*tn*

= *mewn datglwm*

two zero

**dawn** *eb* **naturïol** *eb*

natural talent *n*

**decathlon** *eg*

*ath*

decathlon *n*

**dechrau'r** *be* **chwarae**

game on

**dechrau'r** *be* **gêm**

*pd*

kick (*v*) off

**defnydd** *eg* **cymunedol**

community use *n*

**defnydd** *eg* **gan y**

**gymuned**

community use *n*

**defnyddio** *be* **gan y**

**gymuned**

community use *n*

**defnyddio'r** *be* **dwylô'n anghyfreithlon**

*pf*  
illegal use (*n*) of hands

**defod** *eb*

*bo*  
etiquette *n*

**deg ar hugain i bymtheg**

*tn*  
thirty fifteen

**deg ar hugain i ddeugain**

*tn*  
thirty forty

**deg ar hugain i ddim**

*tn*  
thirty love

**deg ar hugain yr un**

*tn*  
thirty all

**dehongli** *be*

interpret *v*  
**dehongli'r rheolau**  
to interpret the rules

**dehongliad** *eg*

interpretation *n*  
**dehongliad o'r rheolau**  
interpretation of the rules

**deifio** *be*

dive *v* + *n*

**derby** *eg lleol*

*pd*  
local derby *n*

**derbyn** *be yn ôl*

*ho*  
reinstate *v*,  
reinstatement *n*  
**derbyn yn ôl ar wedi gwaharddiad**  
to reinstate after suspension

**derbynydd** *eg*

*pf*  
receiver *n*

**detholyn** *eg*

*tn*  
seed *n*  
**y prif ddetholyn**  
the top seed

**deuddegfed dyn** *eg, (y)*

*cr*  
twelfth man *n*

**deugain i bymtheg**

*tn*  
forty fifteen

**deugain i ddeg ar hugain**

*tn*  
forty thirty

**deugain i ddim**

*tn*  
forty love

**dewis** *be*

*ho*  
choose *v*,  
selection *n*  
**dewis cael (y) meddiant**  
to choose possession  
**dewis pen**  
to choose end(s)

*bo*  
**dewis ergydion**  
shot selection

**dewiswr** *eg*

selector *n*

**dewr** *ans*

brave *adj*

**diddymu** *be sgôr*

*pf*  
cancel (*v*) score

**diddymu'r** *be chwarae*

*pf*  
cancel (*v*) play

**diffyg** *eg*

*tn*  
default *n*  
**ennill drwy ddiffyg**  
to win by default

**digalonni** *be*

lose (*v*) confidence / heart *n*

**digwyddiad** *eg ar y cyd*

*ath*  
= decathlon,  
heptathlon,  
pentathlon  
combined event *n*

**dillad** *eg*

kit *n*,  
clothes *n*

**dillad** *ell diogelu*

protective clothing *n*

**dillad** *ell Quidditch*

*qu*  
Quidditch robes *npl*

**dilyn** *be*

*bo*  
follow *v*

**dilyn** *be drwodd / trwodd*

follow-through *n*  
follow (*v*) through

**dilyn** *be ymlaen*

*cr*  
follow (*v*) on,  
follow-on *n*  
**osgoi dilyn ymlaen**  
to avoid the follow-on

**dilyngyru** *be*

*cn*  
worm *v*,  
worming *n*

**dilynwr** *eg*

follower *n*

*qu*  
bludger *n*

**dilynwr castiog**

a rogue bludger

**dim** *eg*

nil  
*tn*  
love

**dim cystadleuaeth**

no contest

**dim gêm oherwydd y glaw**

rained off

**dim i bymtheg**

**tn**  
love fifteen

**dim i ddeg ar hugain**

**tn**  
love thirty

**dim i ddeugain**

**tn**  
love forty

**dimensiwn** *eg*  
dimensions *npl*

**diogelydd** *eg*

**cr**  
protector *n*

**dirwy** *eb*

fine *n*  
**gosod dirwy**  
to impose a fine

**dirwyo** *be*

fine *v*  
**dirwyo chwaraewr**  
to fine a player

**disgen** *eb*

**ath**  
discus *n*

**disgyn** *be*

**ath**  
land *v*,  
landing *n*

**diwedd** *eg*

end *n*,  
finish *n*

**diwedd** *eg* **clos**  
**(iawn / dros ben)**

**ath**  
photo finish *n*

**diwr nod** *eg* **gorffwys**

rest day *n*

**diws** *eg*

**tn**  
deuce

**doctor** *eg*

doctor *n*

**dod** *be at be*

**ath**  
= **neidio**  
approach *v + n*

**dod oddi ar** *be*

deflect *v* (off / from)

**dolennu** *be*

**qu**  
loop-the-loop *v + n*

**dowc** *eg*

**pf**  
dunk *n*,  
stuff *n*

**dowcio** *be*

**pf**  
dunk *v*

**dreif** *eg*

**cr**  
drive *n*

**dreif** *eg* **draw**

**cr**  
off-drive *n*

**dreifar** *eg*

**go**  
driver *n*

**dreifio** *be*

**go**  
drive *v*

**dribl** *eg*

**pf, pd**  
dribble *n*

**dribl** *eg* **anghyfreithlon**

**pf**  
illegal dribble *n*

**dribl** *eg* **dwbl**

**pf**  
double dribble *n*

**driblo** *be*

**pf, pd**  
dribble *v*,  
dribbling *n*

**driblo** *be* **dwbl**

**pf**  
double dribble *v*

**dringo, yn**

**go**  
uphill *adj*

**dros y ffin**

**go**  
out of bounds *adj*

**dryll** *eg* **cychwyn**

**ath**  
starting pistol *n*

**dull** *eg* **cylchdro**

**ath**  
= **taflu'r maen**  
rotational style *n*

**dull** *eg* **llyfn**

fluid style *n*

**dull** *eg* **taflu**

**bo**  
delivery action *n*

**dwy ergyd** *eb* **dros y safon**

**go**  
double bogey *n*

**dwy gêm yr un**

**tn**  
two games all

**dwy law** *ans*

**tn**  
two-handed *adj*  
**ergyd ddwy law,**  
**ergyd â'r ddwy law**  
two-handed shot

**dwys** *ans*

intense *adj*

**dwyster** *eg*

intensity *n*

**dychmygu** *be*

**bo**  
visualisation *n*

**dychweliad** *eg*

*tn*  
return *n*

**dychwelyd** *be*

*tn*  
return *v*

**dycnwch** *eg*

endurance *n*

**dycnwch** *eg*

perseverance *n*

**dyfais** *eb* **sy'n ei chau ei hun**

*cn*  
self-closing mechanism *n*

**dyfalbarhau** *be*

persevere *v*

**dyfarnwr** *eg*

*pd, ho, rg*  
referee *n*  
*cr, ro, tn*  
umpire *n*

**dyfarnwr** *eg* **batio**

*ro*  
batter's umpire *n*

**dyfarnwr** *eg* **bowlio**

*ro*  
bowler's umpire *n*

**dyfarnwr** *eg* **coes sgwâr**

*cr*  
square-leg umpire *n*

**dyfarnwr** *eg* **cynorthwyol**

assistant referee *n*

**dygnu** *be* **arni**

persevere *v*

**dynesiad** *eg*

*ath*  
= *neidio*  
approach *n*

**dynesu** *be*

approach *v*,  
approach *n*

# E

**effro** *ans*  
alert *adj*

**egwyl** *eb*

halftime *n*,  
interval *n*

**eiliad** (*ebg*) **rhyddhau / ryddhau**

*bo*  
moment (*n*) of release

**eilydd** *eg*

reserve *n*

**eilyddio** *be*

substitute *v*  
substitution *n*

**dim eilyddio**  
no substitution

**eli** *eg* **haul**

*cr*  
sunblock *n*

**élite** *ans*

élite *adj*

**élite** *eg*

élite *n*

**elwa** *be* **o**

benefit (*v*) from / by

**ennill** *be*

win *v*

**ennill** *be* **gartref**

home win *n*

**ennill** *be* **oddi cartref**

away win *n*

**ennill** *be* **y bêl**

gain (*v*) possession  
of the ball

**ennill** *be* **y bêl yn yr awyr**

*pd*  
win (*v*) the header

**ennill** *be* **y meddiant**

gain (*v*) possession

**enillydd** *eg*

*tn*  
winner *n*,  
winning player *n*

**enwi** *be* **troseddwr**

*pf*  
designate (*v*) an offender

**ergyd** *eb*

blow *n*,  
shot *n*  
**ergyd dda!**  
good shot!  
**dewis ergydion**  
shot selection

*cr*  
stroke *n*

**chwarae ergyd**  
to play a stroke

*ho*  
knock *n*

**ergyd** *eb* **anodd**

*go*  
tricky shot *n*

**ergyd** *eb* **ar draws y cwrt**

*tn*  
cross-court shot *n*

**ergyd** *eb* **betrus**

*go*  
tentative shot *n*

**ergyd** *eb* **bwt**

*tn*  
drop shot *n*

**ergyd** *eb* **danio**

*bo*  
firing shot *n*

**ergyd** *eb* **dynnu**

*bo*  
draw shot *n*



**ergyd** *eb fawr*

**tn**  
big hit *n*

**ergyd** *eb fer*

**ro**  
short hit *n*

**ergyd** *eb flaenllaw*

**tn**  
forehand stroke *n*

**ergyd** *eb fyrbwyll*

**cr**  
rash stroke *n*

**ergyd** *eb gam*

**pf**  
hook shot *n*

**ergyd** *eb glos*

**pf**  
close-in shot *n*

**ergyd** *eb gosb*

**ho**  
penalty stroke *n*  
**cymryd ergyd gosb**  
to take a penalty stroke  
**cystadleuaeth ergydion**  
**cosb**  
penalty stroke competition

**ergyd** *eb gyfreithlon*

**bo**  
legitimate shot *n*

**ergyd** *eb heibio*

**tn**  
passing shot *n*

**ergyd** *eb hollt*

**bo**  
split shot *n*

**ergyd** *eb i'r pen*

blow (*n*) to the head

**ergyd** *eb i'w balchder*

blow (*n*) to their pride

**ergyd** *eb isel*

**tn**  
ground shot / stroke *n*

**ergyd** *eb lusgo*

**bo**  
trail shot *n*

**ergyd** *eb lwyddiannus*

**tn**  
winner *n*,  
winning shot *n*

**ergyd** *eb o'r tywod / o'r byncher*

**go**  
bunker shot *n*

**ergyd** *eb osod*

**bo**  
plant shot *n*,  
set shot *n*

**ergyd** *eb ry bell*

**tn**  
over-hit *n*

**ergyd** *eb rydd*

**ho**  
free hit *n*  
**pf**  
free shot *n*

**ergyd** *eb sleisio*

**tn**  
slicing shot *n*

**ergyd** *eb tafliad rhydd*

**pf**  
free-throw shot *n*

**ergyd** *eb tuag yn ôl*

**ro**  
backward hit *n*

**ergyd** *eb tynnu-allan*

**bo**  
take-out shot *n*

**ergyd** *eb uchelgeisiol*

**go**  
ambitious shot *n*

**ergyd** *eb wrthlaw*

backhand stroke *n*

**ro**  
backhand hit *n*

**tn**  
backhand *n*

**ergyd wrthlaw â'r ddwy law**

a two-handed backhand

**ergyd** *eb wyllt*

**cr**  
wild swing *n*  
**anelu ergyd wyllt at y bêl**  
to take a wild swing at the ball  
**go**  
wild shot *adj*

**ergyd** *eb ymosodol*

**tn**  
attacking shot *n*

**ergydio** *be*

**cr**  
stroke *v*  
**ergydio'r bêl**  
to stroke the ball

**go, rg**  
strike *v*  
**ergydio'r bêl**  
to strike the ball

**ergydiwr** *eg*

**pd**  
striker *n*

**erygydiwr** *eg mawr*

**tn**  
big hitter *n*

**eryr** *eg*

**go**  
eagle *n*

**eryr** *eg mewn tair ergyd*

**go**  
eagle three *n*

**eryru** *be*

**go**  
eagle *v*

**esgid** *eb bêl-droed*

**pd**  
football boot *n*

**esgid** *eb gwaywffon*

**ath**  
javelin shoe *n*

**esgid** *eb naid driphlyg*

**ath**  
triple jump shoe *n*

**esgid** *eb naid hir*

*ath*  
long jump shoe *n*

**esgid** *eb naid uchel*

*ath*  
high jump shoe *n*

**esgid** *eb tennis*

*tn*  
tennis shoe *n*

**esgid** *eb trac dycnwch*

*ath*  
endurance track shoe *n*

**esgid** *eb trac gwibio*

*ath*  
sprinting track shoe *n*

**estyniad** *eg*

*tn*  
reach *n*  
**estyniad pell**  
a long reach

**ethos** *eg*

*bo*  
ethos *n*  
**ethos y llain**  
ethos of the rink

**F**

**foli** *eg*  
volley *n*

**foli** *eb bwt*

*tn*  
drop volley *n*

**foli** *eb dreif*

*tn*  
drive volley *n*

**folio** *be*

*tn*  
volley *v*

**Ff**

**ffawt** *eg*

*tn*  
fault *n*

**ffawt** *eg dwbwl*

*tn*  
double fault *n*

**ffawt** *eg troed*

*tn*  
foot fault *n*

**ffefryn** *eg*

favourite *n*  
**y ffebyn i ennill**  
the favourite to win

**ffeinal** *eb*

final *n*

**ffens** *eg*

*cn*  
fence *n*,  
fencing *n*

**ffens** *eb y ffin* *eb*

*go*  
out-of-bounds fence *n*

**ffensio** *be*

*cn*  
fence *v*

**ffin** *eb*

*cr*  
boundary *n*  
**cyrraedd y ffin**  
to reach the boundary  
**dal (y bêl) ar y ffin**  
a catch on the boundary

**ffin** *eb gwsg*

*rg*  
dead-ball line *n*

**ffiniau** *ell*

*pf*  
bounds *npl*  
**o fewn y ffin**  
in bounds

**ffisiotherapi** *eg*  
physiotherapy *n*

**ffisiotherapydd** *eg*  
physiotherapist *n*

**ffit** *ans*  
fit *adj*

**ffitrwydd** *eg*  
fitness *n*

**fflic** *eg*

*ho*  
flick *n*  
**trawiad fflic**  
a flick shot

**fflicio** *be*

*ho*  
flick *v*

**ffliwc** *eg*

*bo*  
fluke *n*

**Fflop** *eg Fosbury*

*ath*  
= **neidio uchel**  
Fosbury Flop *n*

**ffocws** *eg*

*bo*  
focus *n*

**ffon** *eb*

*ath*  
baton *n*  
*ho*  
stick *n*

**ffon** *eb gyfnewid*

*ath*  
relay baton *n*

**ffon** *eb hoci*

*ho*  
hockey stick *n*

**fforffedu** *be*

*pf*  
forfeit *n*

**ffos** *eb*

*bo*  
ditch *n*

**ffowl** *eg* **Quidditch**

**qu**  
Quidditch foul *n*

**ffrwydro** *be*

**bo**  
explode *v*

**ffug** *ans*  
artificial *adj*

**ffugiad** *eg*  
feint *n*

**ffugio** *be*  
feint *v*,  
feint *n*  
**ffugio chwarae'r bêl**  
to feint at playing the ball  
**ffugio i'r chwith**  
feint to the left

**pf**  
dummy *v*

**ffyddiog** *ans*  
confident *adj*

# G

**gadael** *be y bêl*

**tn**  
leave (*v*) the ball

**gafael** *egb*

**bo, go**  
grip *n*  
**gafael gadarn**  
a firm grip

**gafael** *be*

**bo, go**  
grip *v*

**gafael** *eb* **bowliwr**

**ro**  
bowler's grip *n*

**gafael** *eb* **crafanc**

**bo**  
claw grip *n*

**gafael** *eb* **crud**

**bo**  
cradle grip *n*

**galw** *be i mewn*

**ro**  
calling in *n*

**galwad** *eb* **dda**

**tn**  
= **gan yr ystlyswr**  
good call *n*

**galwad** *eb i mewn*

**ro**  
calling in *n*

**gambl** *eb*

gamble *n*

**gard** *eg*

**pf, cr**  
guard *n*

**gard** *eg* **ceg**

mouth guard *n*

**gard** *eg* **coes**

**ho**  
leg guard *n*

**gard** *eg* **crimog**

shin guard *n*

**garw** *eg, y*

**go**  
rough *n* (the rough)

**garw** *eg* **ysgafn**

**go**  
light rough *n*

**gêm** *eb*

game *n*,  
match *n*  
**gêm i Miss Williams**  
game, Miss Williams  
**gêm fawr / bwysig**  
a big match

**gêm** *eb* **ail-gyfle**

play-off *n*

**gêm** *eb* **bêl**

ball game *n*

**gêm** *eb* **brawf**

**cr**  
test match *n*

**gêm** *eb* **dyllau**

**go**  
match play *n*

**Gêm** *eb* **Derfynol Cwpan yr FA**

**pd**  
FA Cup Final *n*

**gêm** *eb* **dderby**

**pd**  
derby game *n*

**gêm** *eb* **ddi-sgôr**

**pd**  
goal-less draw *n*

**gêm** *eb* **ergydion**

**go**  
stroke play *n*

**gêm** *eb* **fawr**

big match *n*

**gêm** *eb* **fer**

**go**  
short game *n*

**gêm** *eb* **fudd**

benefit match *n*

**gêm** *eb* **gartref**

home fixture / game *n*

**gêm** *eb* **gogynderfynol**

quarter-final *n*

**gêm** *eb* **gwpan**

cup game *n*,  
cup-tie *n*

**gêm** *eb* **gyfartal**

drawn game *n*

**gêm** *eb* **gyfartal gyda sgôr**

scoring draw *n*

**gêm** *eb* **gynderfynol**

semi-final *n*

**gêm** *eb* **gyswllt**

contact game *n*

**gêm** *eb heb gyswllt*  
no-contact game *n*

**gêm** *eb o barau*  
*bo*  
game (*n*) of pairs

**gêm** *eb o dennis*  
*tn*  
tennis game/ match *n*

**gêm** *eb o drioedd*  
*bo*  
game (*n*) of triples

**gêm** *eb o rinciau*  
*bo*  
game (*n*) of rinks

**gêm** *eb pasio rhwng y tîm*  
*pf*  
team passing game *n*

**gêm** *eb ryngwladol*  
international *n*  
= game / match

**gêm** *eb serfiad*  
*tn*  
service game *n*

**gêm** *eb tîm*  
team game *n*

**gêm** *eb undydd*  
*cr*  
one-day game / match *n*

**gêm** *eg dan lifoleuadau*  
*cr*  
floodlit game / match *n*

**gêm a set gyntaf**  
*tn*  
game and first set

**gêm i ddim**  
*tn*  
game to love

**gêm, set a gornest**  
*tn*  
game, set and match

**gemau** *ell dan do*  
indoor games *npl*

**Gemau** *ell Olympaidd*  
Olympic Games *npl*

**glanhau** *be*  
*cn*  
clean (*v*) up  
**glanhau ar ôl ci**  
to clean up after a dog

**glaniad**  
*eg*  
*ath*  
landing *n*

**glanwaith** *ans*  
*cn*  
hygienic *adj*

**glaswellt**  
*eg*  
grass *n*

**glaswellt** *eg sych*  
dry grass *n*

**glaw** *eg*  
rain *n*  
**glaw wedi atal y chwarae**  
rain stopped play

**glendid** *eg*  
*cn*  
hygiene *n*

**goddiweddyd** *be*  
overtake *v*

**gôl** *eb*  
goal *n*

**gôl** *eb adlam*  
*rg*  
drop-goal *n*

**gôl** *eb bendant*  
*ho*  
definite goal *n*

**gôl** *eb euraid(d)*  
*pd*  
golden goal *n*

**gôl** *eb faes*  
*pf*  
field goal *n*

**gôl** *eb gosb*  
*rg*  
penalty goal *n*

**gôl** *eb oddi cartref*  
*pd*  
away goal *n*

**goledd** *eg*  
*go*  
slope *n*

**goleddfu** *be*  
*go*  
slope *v*

**goleuadau** *ell artiffisial*  
artificial lighting *n*

**goleuo** *be artiffisial*  
artificial lighting *n*

**gôl-geidwad** *eg*  
goalkeeper *n*  
*pd*  
goalie *n*

**golff** *eg*  
*go*  
golf *n*

**golffiwr** *eg*  
*go*  
golfer *n (male)*

**golffwraig** *eb*  
*go*  
golfer *n (female)*

**golwr** *eg*  
goalkeeper *n*  
*pd*  
goalie *n*

**gollwng / ildio** *be ergyd*  
*go*  
drop (*v*) a shot

**gollwng** *be y bêl*  
drop (*v*) a catch / the ball

**gollyngiad** *eg asyn*  
*ro*  
donkey drop *n*

**gonestrwydd** *eg*  
integrity *n*

**goramser** *eg*  
*pf*  
overtime *n*

**gorchuddion** *ell*  
*tn*  
covers *npl*

**gorchuddio'r** *be* **cwrt**  
*tn*  
cover (*v*) the court

**gordafliad** *eg*  
*cr*  
overthrow *n*

**gordafllu** *be*  
*cr*  
overthrow *v*

**gorffen** *be*  
end *v*

**gorfodi** *be*  
enforce *v*

**gorgamu** *be*  
*bo*  
over-striding *n*

**gorgyffwrdd** *be*  
*ath*  
encroach *v*,  
encroachment *n*

**gornest** *eb* **gwpan**  
*pd*  
cup tie *n*

**gornest** *eb* **tennis**  
*tn*  
tennis match *n*

**gosod** *be*  
position *v*

**gosod** *be* **cyflymder /  
cyflymdra i redwr**  
pace (*v*) a runner

**gosod** *be* **dirwyo**  
impose (*v*) a fine

**gosod** *be* **y droed**  
*bo*  
place (*v*) the foot

**grid** *eg* **cwn**  
*cn*  
dog grid *n*

**grip** *eg*  
*go*  
grip *n* (part of club)

**grym** *eg*  
power *n*,  
force *n*

**grym** *eg* **allgyrchol**  
*ath*  
centrifugal force *n*

**grymus** *ans*  
powerful *adj*

**gwag** *ans*  
*cr*  
maiden *n* (over)  
**bowlio pelawd wag**  
to bowl a maiden over

**gwahardd** *be*  
*ho*  
ban *n*,  
suspend *v*  
**gwahardd heb ganiatáu  
apêl**  
to ban without appeal  
**yn cael ei wahardd gan y  
rheolau**  
forbidden by the rules

**gwahardd** *be* **cwn**  
*cn*  
dog ban *n*

**gwaharddedig** *ans*  
forbidden *adj*

**gwaharddiad** *eg*  
*ho*  
ban *n*,  
suspension *n*

**gwaharddiad** *eg* **ar gwn**  
*cn*  
dog ban *n*

**gwaharddiad** *eg* **dros dro**  
*ho*  
temporary suspension

**gwair** *eg*  
grass *n*

**gwair** *eg* **sych**  
dry grass *n*

**gwair** *eg* **tuswog**  
*go*  
tufted grass *n*

**gwall** *eg*  
error *n*

**gwangalonni** *be*  
lose (*v*) confidence / heart

**gwarchod** *be*  
*bo*  
cover *v*

**gwarchod** *be*  
*qu*  
guard *v*  
**gwarchod pyst y gôl**  
to guard the goalposts

**gwarchod** *be*  
shield *v*

**gwarchod** *be* **postyn**  
*ro*  
cover (*v*) a post

**gwarchod** *be* **tir**  
land protection *n*

**gwarchod** *be* **y bêl**  
shield (*v*) the ball

**gwaredu** *be*  
*cn*  
disposal *n*

**gwasgaru'r** *be* **peili**  
*bo*  
scatter (*v*) the bowls

**gwastad** *ans*  
level *adj*  
**cae chwarae gwastad**  
level playing field

**gwaywffon** *eb*

**ath**  
javelin *n*

**gweinydd** *eg*

attendant *n*

**gweithgar** *ans*

active *adj*

**gweithgaredd** *eg*

activity *n*

**gweithgareddau** *ell*

**awyr-agored**  
outdoor pursuits *n*

**gweithgarwch** *eg*

activity *n*

**gweithio'n** *be* **galed**

high workrate *n*

**gweithredu** *be*

execute *v*,  
execution *n*

**gweithredwr** *eg* **tri deg**

**eiliad**

**pf**  
thirty-seconds operator *n*

**gwely** *eg* **disgyn / glanio**

**ath**  
landing-bed *n*

**gwely** *eg* **disgyn o ewyn**

**ath**  
= **naid uchel**  
foam landing-bed *n*

**gwella** *be*

improve *v*

**gwelliant** *eg*

improvement *n*

**gwgli** *eg*

**cr**  
googly *n*

**gwibiad** *eg*

**ath**  
sprint *n*

**gwibio** *be*

**ath**  
sprint *v*

**gwibiwr** *eg*

**ath**  
sprinter *n*

**gwibwraig** *eb*

**ath**  
sprinter *n*

**gwisg** *eb*

**tn**  
dress *n*

**gwn** *eg* **cychwyn**

**ath**  
starting gun *n*

**gwneud** *be* **camgymeriad**

make (*v*) a mistake

**gwneud** *be* **ffawt dwbwl**

**tn**  
double-fault *v*

**gwneud** *be* **yn gyfartal**

**cr**  
level *v*  
**gwneud y gyfres yn gyfartal**  
to level the series

**gwobr** *eb* **ariannol**

prize money *n*

**gwrthwyso** *be*

**bo**  
counter-balance *v*

**gwrthdaro** *eb, be*

confrontation *n*

**gwrthwynebu** *be*

oppose *v*

**y tîm sy'n gwrthwynebu**  
the opposing team

**gwrthwynebus** *ans*

adversarial *adj*,  
opposing *adj*

**gwrthwynebwyr** *ell*

opposition *n*,  
the opposing team *n*

**gwrthwynebydd** *eg*

adversary *n*,  
opponent *n*

**gwrthwynebydd** *eg* **anodd**

tough opponent *n*

**gwthiad** *eg*

push *n*

**gwthio** *be*

jostle *v*,  
push *v* + *n*

**pf**  
pushing *n*

**dim gwthio**

no pushing

**bo**

squeeze *v*

**gwthio allan o'r pen**

to squeeze out of the head

**gwyliwr** *eg*

**rg**  
spectator *n*

**gwyliwr** *eg* **nos**

**cr**  
night watchman *n*

**gwyllt** *ans*

desperate *adj*

**gwynt** *eg* **o'r cefn**

**go**  
following wind *n*

**gwynt** *eg* **o'r tu ôl**

**go**  
tail-wind *n*

**gwyriad** *eg*

deflection *n*

**tn**

swerve *n*

**gwyriad** *eg* **coes**

**cr**  
leg-break *n*

**gwyro** *be*  
deflect *v*

**bo**  
drift *v*

**tn**  
swerve *v*

**gwyro** *be* **allan**  
**cr**

out-swing *n*

**gwyro'r** *be* **bêl**  
**pd**

bend (*v*) the ball

**gwytnwch** *eg*  
endurance *n*

**prawf o / ar wytnwch**  
test of endurance

**gyli** *eg*  
**cr**

gully *n*

**gymnasteg** *eb*  
gymnastics *npl*

**gymnastwr** *eg*  
gymnast *n*

**gymnastwraig** *eb*  
gymnast *n*

**gyriad** *eg*  
**bo**

drive *n*

**gyriad gwirioneddol**  
out and out drive

**gyriad** *eg* **coes**  
**cr**

leg-cutter *n*

**gyriad** *eg* **draw**  
**cr**

off-cutter *n*

**gyriad** *eg* **o'r goes**  
**cr**

leg-drive *n*

**gyrru** *be*  
**go**

drive *v*

**gyrru** *be* **beic**  
bicycle riding *n*

**H**

**haearn** *eg*  
**go**

iron *n*

**haerllug** *ans*  
arrogant *adj*

**haerllugrwyd** *eg*  
arrogance *n*

**hamdden** *eg*  
leisure *n*,

recreation *n*,

recreational *adj*

**handicap** *eg*  
**go**

handicap *n*

**haneri** *ell*  
**rg**

halfbacks *npl*

**hanerwr** *eg* **asgell**  
**pd**

wing half *n*

**hanerwr** *eg* **chwith**  
**pd**

left half *n*

**hanerwr** *eg* **de**  
**pd**

right half *n*

**hanner** *eg*  
half *n*

**hanner** *eg* **cyntaf**  
first half *n*

**gôl yn yr hanner cyntaf**  
a first-half goal

**hanner** *eg* **marathon**  
**ath**

half marathon *n*

**hanner** *eg* **rownder cosb**  
**ro**

penalty half rounder *n*

**hanner foli** *eg*  
**cr, tn**

half-volley *n*

**heb fod allan (h.f.a.)**  
**cr**

not out (n.o.)

**heb sgorio** *be*  
**cr**

duck *n*

**allan heb sgorio (dim)**  
out for a duck

**heini** *ans*  
fit *adj*

**helmed** *eb*  
**cr**

helmet *n*

**heptathlon** *eg*  
**ath**

heptathlon *n*

**her** *eb*  
challenge *n*

**herio** *be*  
challenge *v*

**het** *eb* **haul**  
**cr**

sun hat *n*

**hoci** *eg*  
**ho**

hockey *n*

**hoe** *eb*  
breather *n*  
**cael hoe (fach)**  
take a breather

**hofran** *be*  
**qu**  
glide *v*

**hunanamddiffyn** *eg*  
self-defence *n*

**hunanddisgyblaeth** *eb*  
self-discipline *n*

**hunanreolaeth** *eb*  
self-control *n*

**hwb** *eg*  
**bo**  
impetus *n*

**hwyl** *eb*  
fervour *n*  
**cael hwyl ar chwarae**  
to play well

**hwnt gychwyn** *be*  
**ath**  
staggered start *n*

**hwnt gychwyniad** *eg*  
**ath**  
stagger *n*,  
curved starting line *n*

**hwyliau** *ell*  
morale *n*

**hyblyg** *ans*  
flexible *adj*  
**go**  
= **chwaraewr**  
supple *adj*

**hyblygrwydd** *eg*  
flexibility *n*

**hyd** *eg*  
**bo**  
length *n*  
**hyd y jac**  
length of jack

**hyd** *eg olaf*  
**ath**  
home straight *n*

**hyder** *eg*  
confidence *n*  
**magu hyder**  
to develop confidence  
**colli hyder**  
to lose confidence

**hyderus** *ans*  
confident *adj*

**hyfforddi** *be*  
coach *v*,  
train *v*

**hyfforddiant** *eg*  
coaching *n*,  
training *n*

**hyfforddiant** *eg cylchol*  
circuit training *n*

**hyfforddiant** *eg ffitrwydd*  
fitness training *n*

**hyfforddwr** *eg*  
coach *n*,  
instructor *n*,  
trainer *n*

**hyfforddwr** *eg cwn*  
**cn**  
dog trainer *n*

**hyfforddwr** *eg*  
**cynorthwyol**  
assistant coach *n*

**hyfforddwraig** *eb*  
coach *n*,  
instructor *n*,  
trainer *n*

**hyfforddwraig** *eb*  
**gynorthwyol**  
assistant coach *n*

**hyrddiad** *eg*  
charge *n*

**hyrddio** *be*  
charge *v*,  
charging *n*

**hyrddio** *be yn erbyn*  
**gwrthwynebydd**  
charge (*v*) an opponent

**hysbyseb** *eb*  
advertising *n*

**hysbysebu** *be*  
advertising *n*

**iach** *ans*  
healthy *adj*

**idlio** *be*  
yield *v*,  
concede (*v*) defeat

**iechyd** *eg*  
health *n*

**igam-ogamu** *be*  
**qu**  
zig-zag *v*

**iorcio** *be*  
**cr**  
york *v*  
**iorcio batiwr**  
to york a batsman

**is-ddeddf** *eb cwn ar*  
**dennyn**  
**cn**  
dog-on-lead byelaw *n*

**is-ddeddf** *eb gwahardd*  
**cwn**  
**cn**  
dog-ban byelaw *n*

**is-ddeddf** *eb rhofiau codi*  
**baw**  
**cn**  
poop-scoop byelaw *n*

**is-haen** *eb*  
**bo**  
underlay *n*

**jac** *eg*  
**bo**  
jack *n*  
**jac uchel**  
jack high



**jocstrap** *eg*  
jock strap *n*



**lap** *eg*  
*ath*  
lap *n*

**lap** *eg* **terfynol**  
*ath*  
final lap *n*

**lapio** *be*  
*ath*  
lap *v*

**lapio** *be* **gwrthwynebydd**  
*ath*  
lap (*v*) an opponent

**larfâu** *ell*  
*cn*  
larvae *npl*

**lawnt** *eb*  
*go*  
green *n*

**lawnt** *eb* **olaf**  
*go*  
finishing green *n*

**lawnt** *eb* **uchel**  
*go*  
elevated green *n*

**lawnt** *eb* **uwchdywod**  
*go*  
sand-based green *n*

**lefel** *eb*  
level *n*

**lein** *eb*  
*rg*  
line-out *n*

**lob** *eb*  
lob *n*

**lobio** *be*  
lob *v*

**locer** *egb*  
locker *n*

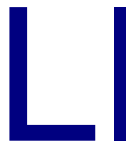
**lôn** *eb*  
*ath*  
lane *n*

**lôn** *eb* **allanol**  
*ath*  
outside lane *n*

**lôn** *eb* **fewnol**  
*ath*  
inside lane *n*

**loncian** *be*  
jog *v*,  
jog *n*,  
jogging *n*  
**mynd i loncian**  
to go for a jog

**lonciwr** *eg*  
jogger *n*



**lladd** *be* **gwair**  
mowing *n*

**lladd** *be* **y pen**  
*bo*  
kill (*v*) the end

**llain** *eb*  
pitch *n*  
= cricket

**llain** *eb*, **y**  
*bo*  
the green *n*

**llain** *eb* **araf**  
*bo*  
slow green *n*

**llain** *eb* **artiffisial**  
*cr*  
artificial pitch *n*

**llain** *eb* **borfa**  
*cr*

turf pitch *n*,  
grass pitch *n*

**llain** *eb* **dan do**  
*bo*  
indoor green *n*

**llain** *eb* **fowlio**  
*bo*  
bowling green *n*

**llain** *eb* **griced**  
*cr*  
cricket pitch *n*

**llain** *eb* **gyflym**  
*bo*  
fast green *n*

**llain** *eb* **heborfa**  
*cr*  
non-turf pitch *n*

**llain** *eb* **laswellt**  
grass pitch *n*

**llain** *eb* **pob-tywydd**  
all-weather pitch *n*  
= cricket

**llain** *eb* **wair**  
grass pitch *n*

**llain** *eb* **ymarfer**  
*cr*  
practice pitch *n*

**llaw** *eb* **chwith**  
left-handed *adj*

**llaw** *eb* **gul**  
*bo*  
narrow hand *n*

**llawio'r** *be* **bêl**  
*pd*  
hand ball *n*  
**llawio'r bêl yn fwriadol**  
deliberate hand ball

**llethr** *eg*  
*go*  
slope *n*

**llid** *eg y penelin*

**tn**  
tennis elbow *n*

**llif** *eg*

flow *n*  
**llif y gêm**  
flow of the game

**llifo** *be*

flow *v*

**llifolau** *eg*

floodlight *n*

**llifoleuadau** *ell*

floodlighting *n*  
**dan lifoleuadau**  
floodlit

**llifoleuo** *be*

floodlight *v*,  
floodlighting *n*  
**wedi ei lifoleuo**  
floodlit

**llinell** *eb*

**bo, go, tn**  
line *n*  
**llinell dynn**  
a tight line  
**ar hyd y llinell**  
down the line  
**ar y llinell**  
on the line

**llinell** *eb a hyd*

**cr**  
line and length *n*

**llinell** *eb berffaith*

**bo**  
perfect line *n*

**llinell** *eb deg metr*

**rg**  
ten-metre line *n*

**llinell** *eb derfyn*

**ath**  
finishing line *n*

**llinell** *eb ddau ar hugain*

**rg**  
22 metre line *n*

**llinell** *eb gais*

**rg**  
try-line *n*

**llinell** *eb gwsg*

**rg**  
dead-ball line *n*

**llinell** *eb fas*

**ath**  
base line *n*

**llinell** *eb flaen*

**ro**  
front line *n*

**llinell** *eb ffin*

**pf, ro**  
boundary line *n*

**llinell** *eb ganol*

centre line *n*

**llinell** *eb gefn*

**ho**  
back-line *n*

**tn**  
baseline *n*

**llinell** *eb gôl*

**ho**  
goal-line *n*

**llinell** *eb gul*

**bo**  
narrow line *n*

**llinell** *eb gychwyn*

**ath**  
start line *n*

**llinell** *eb gylch*

**ho**  
circle-line *n*

**llinell** *eb gywir*

**bo**  
correct line *n*

**llinell** *eb hanner*

halfway line *n*

**llinell** *eb i fatwyr sydd*

**allan**  
**ro**  
line (*n*) for batters out

**llinell** *eb i fatwyr yn aros*  
**eu tro**

**ro**  
line (*n*) for waiting batters

**llinell** *eb lydan*

**bo**  
wide line *n*

**llinell** *eb ôl*

**ro**  
back line *n*,  
backward line *n*

**llinell** *eb ôl-stop*

**ro**  
backstop line *n*

**llinell** *eb orffen*

**pf**  
end line *n*

**llinell** *eb serfio*

**tn**  
service line *n*

**llinell** *eb taflïad rhydd*

**pf**  
free-throw line *n*

**llinell** *eb tri metr ar hugain*

**ho**  
twenty-three-metre line *n*

**llinell** *eb wedi ei thynnu*

**bo**  
drawn line *n*

**llinell** *eb y gôl*

goal line *n*

**llinell** *eb ymyl*

side line *n*

**llinell** *eb (yr) ystlys*

touchline *n*  
**ar hyd yr ystlys**  
along the touchline

**tn**  
tramline *n*

**ro**  
2 metre line *n*

**lliw** *eg*  
colour *n*

**lloches** *eb*

**pd**  
dug-out *n*

**llofnaid** *eb*

**ath**  
vault *n*

**llofneidio** *be*

**ath**  
vault *v*,  
vaulting *n*

**llofneidiwr** *eg*

**ath**  
vaulter *n*

**llofneidwraig** *eb*

**ath**  
vaulter *n*

**llorio** *be*

overwhelm *v*  
**llorio'r gwrthwynebwy**  
overwhelm the opposition

**lluchiad** *eg di-dor*

**cr**  
full-pitch *n*

**lluchio** *be*

**qu**  
buck *v*

**Lludw** *ell, y*

**cr**  
the Ashes *npl*

**lluman** *eg*

flag *n*

**lluman** *eg cornel*

corner flag *n*

**llumanwr** *eg*

**pd**  
linesman *n* (obsolete)

**rg**  
touch judge *n*

**llwybr** *eg*

path *n*,  
flight *n*

**llwybr** *eg gwastad*

**tn**  
a flat trajectory *n*

**llwybr** *eg loncian*

**ath**  
jogging path *n*,  
jogging route *n*

**llwybr** *eg tro*

**bo**  
curved path *n*

**llwybr** *eg y bêl*

flight (*n*) of the ball

**llyfn** *ans*

fluid *adj*

**llynghyren** *eb*

**cn**  
round worm *n*

**llyn** *eg*

**go**  
lake *n*

**llyncill** *eg*

**qu**  
quaffle *n*

# M

**mabolgampau** *ell*

athletics *n*

**mabolgampau** *ell maes*

**ath**  
field athletics *n*

**mabolgampau** *ell trac*

**ath**  
track athletics *n*

**mabolgampwr** *eg*

athlete *n*

**mabolgampwraig** *eb*

athlete *n*

**maen** *eg*

**ath**  
shot *n*

**maes** *eg*

field *n*,  
pitch *n*

**maes** *eg agos*

**cr**  
infield *n*

**maes** *eb criced*

**cr**  
cricket ground *n*

**maes** *eg chwarae*

playground *n*,  
field (*n*) of play

**maes** *eg dan ddwr*

flooded pitch *n*

**maes** *eg glaswellt*

grass pitch *n*

**maes** *eg gwair*

grass pitch *n*

**maes** *eg hoci*

**ho**  
hockey pitch *n*

**maes** *eg meithrin*

**cr**  
nursery ground *n*

**maes** *eg pêl-droed*

**pd**  
football pitch *n*

**maes** *eg pob-tywydd*

all-weather pitch *n*

**maes** *eg porfa*

grass pitch *n*

**maes** *eg redgra*

redgra pitch *n*

**maes** *eg rygbi*

**rg**  
rugby pitch *n*

**maes** *eg y chwarae*

field (*n*) of play

**maes** *eg ymarfer*

**go**  
practice range *n*

**maes** *eg ymosodol*

**cr**  
attacking field *n*

**maesu** *be*

**cr**  
field *v*,  
fielding *n*

**maesu** *be dwfn*

**ro**  
deep fielding *n*

**maeswr** *eg*

**cr**  
fielder *n*

**maeswr** *eg agos*

**cr**  
close fielder *n*

**maeswr** *eg ail bostyn*

**ro**  
second-post fielder *n*

**maeswr** *eg canol*

**cr**  
mid-fielder *n*

**maeswr** *eg canol-draw*

**cr**  
mid-off *n*

**maeswr** *eg canol-draw agos*

**cr**  
silly mid-off *n*

**maeswr** *eg canol-llawdde*

**cr**  
mid-on *n*

**maeswr** *eg canol-llawdde agos*

**cr**  
silly mid-on *n*

**maeswr** *eg canol-wiced*

**cr**  
mid-wicket *n*

**maeswr** *eg coes sgwâr bell*

**cr**  
deep-square-leg *n*

**maeswr** *eg dwfn*

**ro**  
deep fielder *n*

**maeswr** *eg pedwerydd postyn*

**ro**  
fourth-post fielder *n*

**maeswr** *eg postyn cyntaf*

**ro**  
first-post fielder *n*

**maeswr** *eg pwynt*

**cr**  
point *n*

**maeswr** *eg pwynt agos*

**cr**  
silly point *n*

**maeswr** *eg slip*

**cr**  
slip-fielder *n*

**maeswr** *eg (y) trydydd postyn*

**ro**  
third-post fielder *n*

**magl** *eb camsefyll*

**pd**  
off-side trap *n*

**mainc** *eb (yr) eilyddion*

**pd**  
substitutes' bench *n*

**man** *eg Cwn ar Dennyn*

**cn**  
Dogs on Leads area *n*

**man** *eg cwn ystywyth*

**cn**  
agility area *n*

**mân drosedd** *egb*

minor offence *n*

**man** *eg hamdden agored*

open recreation space *n*

**man** *eg hamdden cymunedol*

community recreation space *n*

**man** *eg heb gwn*

**cn**  
dog-free area *n*

**man** *eg i gwn*

**cn**  
dog area *n*

**man** *eg penodol i ymarfer cwn*

**cn**  
dedicated dog exercise area *n*

**man** *eg targed*

**bo**  
target area *n*

**man** *eg toiled cwn*

**cn**  
dog toilet area *n*

**man** *eb ymarfer*

**go**  
practice area *n*

**man** *eg ymarfer cwn*

**cn**  
dog-exercise zone *n*

**maneg** *eb*

**cr**  
glove *n*

**mantais** *eb*

advantage *n*

**mantais** *eb (chwarae) gartref*

home advantage *n*

**manwl** *ans*

**bo**  
precise *adj*

**marathon** *eg*

**ath**

marathon *n*

**marciau** *ell*

markings *npl*

**marciau** *ell* (ar y) cae

field markings *npl*

**marciau** *ell* maes chwarae

playground markings *npl*

**marcio** *be* un-i-un

**pf**

man-to-man marking *n*

**marciwr** *eg*

**pf**

marker *n*

**marciwr pêl** *eg*

**go**

ball marker *n*

**marciwr** *eg* safle

**bo**

rank marker *n*

**marcwyr** *ell* troseddau tîm

**pf**

team-foul markers *npl*

**maswr** *eg*

**rg**

fly-half *n*,  
outside half *n*,  
stand-off *n*

**mat** *eg*

**bo**

mat *n*,  
matting *n*

**medal** *eb* arian

silver medal *n*

**medal** *eb* aur

gold medal *n*

**medal** *eb* efydd

bronze medal *n*

**meddiannu'r** *be* bêl

**pf**

secure (v) possession  
of the ball

**meddiant** *eg*

possession *n*

**meddiant o'r rinc**

possession of the rink

**meddu** *be*

possess *v*

**meddyg** *eg*

doctor *n*

**medrus** *ans*

accomplished *n*,  
skilled *adj*

**medrusrwydd** *eg* aruthrol

awesome skill *n*

**melltith** *eb*

jinx *n*,  
curse *n*

**melltithio** *be*

jinx *n*,  
curse *v*

**mae'r maes wedi ei**

**felltithio**

the ground is jinxed

**menter** *eb*

gamble *n*

**mentro** *be*

gamble *v*

**merch** *eg* y bêl

**tn**

ball girl *n*

**mesur** *be*

**bo**

measure *v*,  
gauge *v*

**methiad** *eg*

**go, tn**

miss *n* (a shot)

**methu** *be*

miss *v*

**methu** *be* cic gosb

miss (v) a penalty

**methu** *be* cic o'r smotyn

miss (v) a penalty

**methu** *be* ergyd

**tn**

miss (v) a shot

**methu** *be* gweld

**tn**

unsighted *adj*

**roedd yr ystlyswr yn**

**methu gweld**

the linesman was  
unsighted

**methu'r** *be* bêl

**tn**

miss (v) the ball

**mewnfaes** *eg*

**cr**

infield *n*

**mewnfaeswr** *eg*

**cr**

infielder *n*

**mewnwr** *eg*

**pd**

inside forward *n*

**rg**

scrum-half *n*

**mewnwr** *eg* chwith

**pd**

inside left *n*

**mewnwr** *eg* de

**pd**

inside right *n*

**milltir** *eb* fetrig

**ath**

= 1500 metr

metric mile *n*

**mini-rownderi** *ell*

**Incrediball**

**ro**

Incrediball mini-rounders *n*

**momentwm** *eg*

momentum *n*

**morâl** *eg*  
morale *n*

**morthwyl** *eg*  
**ath**  
hammer *n*

**mur** *eg*  
**pd**  
wall *n*

**mur** *eg* **aml-gêm**  
multigames wall *n*

**mynd** *be* **drwodd**  
**tn**  
qualify *v*

**mynediad** *eg* **i'r jac**  
**bo**  
access (*n*) to the jack

# N

**naid** *eb*  
jump *n*

**naid** *eb* **bolyn**  
**ath**  
pole vault *n*

**naid** *eb* **ddwr**  
**ath**  
water-jump *n*

**naid** *eb* **driphlyg**  
**ath**  
triple jump *n*

**naid** *eb* **fforchog**  
**ath**  
straddle jump *n*

**naid** *eb* **hir**  
**ath**  
long jump *n*

**naid** *eb* **siswrn**  
**ath**  
scissor-jump *n*

**naid** *eb* **uchel**  
**ath**  
high jump *n*,  
high jumping *n*

**naw cyntaf**  
**go**  
= **tyllau**  
front nine *n*

**neidio** *be*  
jump *v*  
**qu**  
jerk *v*

**neidio** *be* **dros y clwydi**  
**ath**  
hurdling *n*

**neidio** *be* **hir**  
**ath**  
long jumping *n*

**neidio** *be* **polyn**  
**ath**  
pole vault *v*,  
pole vaulting *v*

**neidio'n** *be* **uchel**  
**ath**  
high jumping *n*

**neidiwr** *eg* **dros y clwydi**  
**ath**  
hurdler *n*

**neidiwr** *eg* **ffos a pherth**  
**ath**  
steeplechaser *n*

**neidiwr** *eg* **hir**  
**ath**  
long jumper *n*

**neidiwr** *eg* **polyn**  
**ath**  
pole vaulter *n*

**neidiwr** *eg* **triphlyg**  
**ath**  
triple jumper *n*

**neidiwr** *eg* **uchel**  
**ath**  
high jumper *n*

**nerf** *eg*  
nerve *n*

**nerfus** *ans*  
nervous *adj*

**nesáu** *be*  
**ath**  
= **neidio**  
approach *v* + *n*

**newid** *be*  
reverse *v*  
**tn**  
change *v*  
**newid pen**  
to change ends

**newid** *eg*  
**tn**  
change *n*  
**newid pen**  
change of ends

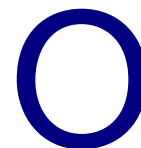
**newid** *be* **cyflymder /  
cyflymdra**  
**tn**  
change (*n*) of pace

**newid** *be* **penderfyniad**  
reverse (*v*) a decision

**nifer** *eg* **seddau**  
seating capacity *n*

**nifer** *eg* **y seddau**  
seating capacity *n*

**niwsans** *eg* **cwn**  
**cn**  
dog nuisance *n*



**ochr** *eb* **agos**  
**cr**  
on-side *n*

**ochr** *eb* **gyferbyn**  
**cr**  
off-side *n*

**ochr** *eb y goes*

*cr*

leg-side *n*

**ochrgamiad** *eg*

*rg*

side-step *n*

**ochrgamu** *be*

*rg*

side-step *v*

**oedi** *be*

*pf*

delay *n*

**oedi cyn ailgychwyn y gêm, oedi cyn ailddechrau'r gêm**

delay in re-starting the game

**offer** *eg / ell*

kit *n*,  
equipment *n*

**offer** *ell diogelu*

protective equipment *n*

**ôl-droelliad** *eg*

*go*

back spin *n*

**ôl-stop** *eg*

*ro*

backstop *n*

**ôl-swing** *eb*

*ro*

backswing *n*

**olwyr** *ell*

*rg*

backs *npl*

**ongl** *eb*

*bo*

angle *n*

**oriawr** *eb amser allan*

*pf*

time-out watch *n*

**osgo** *eg*

*ro*

stance *n*

**osgoi** *be*

duck *v*,

evoke *v*,

evasion *n*,

evasive *adj*

**cymryd camau i osgoi**

to take evasive action

# P

**pad** *eg*

*cr*

pad *n*

**pafiliwn** *eg*

pavilion *n*

**pant** *eg*

*go*

hollow *n*

**pâr** *eg*

*tn*

doubles pairing *n*

**pâr** *eg agoriadol*

*cr*

opening pair *n*

**paratoad** *eg*

preparation *n*

**paratoad** *eg corfforol*

physical preparation *n*

**paratoad** *eg meddyliol*

mental preparation *n*

**paratoi** *be*

prepare *v*

push *v + n*

**paratoi** *be*

prepare *v*

preparation *n*

**paratoi** *be corfforol*

physical preparation *n*

**paratoi** *be meddyliol*

mental preparation *n*

**paratoi'n** *be feddyliol*

mental preparation *n*

**paratoi'n** *be gorfforol*

physical preparation *n*

**parau** *ell*

*bo*

pairs *npl*

**chwarae mewn parau**

to play in pairs

**parau** *ell cymysg*

*tn*

mixed doubles *npl*

**parau** *ell dwy-belen*

*bo*

two-wood pairs *npl*

**parau'r** *ell dynion*

*tn*

men's doubles *npl*

**parau'r** *ell menywod*

*tn*

ladies' / women's  
doubles *npl*

**parau'r** *ell merched*

*tn*

ladies' / women's  
doubles *npl*

**parod** *ans*

prepared *adj*,  
ready *adj*

**bod yn barod**

to take guard

**Parod!**

*ath*

Set!

**parth** *eg blaen*

*ro*

forward area *n*

**parth** *eg cefn*

*ro*

backward area *n*

**parth** *eg cyfnewid*

*ath*

= *mewn ras gyfnewid*  
change-over zone *n*

**partner** *eg*

*cr, go, tn*  
partner *n*

**partner** *eg* **parau**

*tn*  
doubles partner *n*

**partneriaeth** *eb*

*cr*  
partnership *n*  
**partneriaeth pedwaredd wiced**  
fourth wicket partnership  
**y bartneriaeth am y bedwaredd wiced**  
the fourth wicket partnership

**partneriaeth** *eb*

**amlasiantaeth**  
multi-agency partnership *n*

**partneru** *be*

*cr, go, tn*  
partner *v*

**pàs** *eb*

pass *n*  
**pàs ymlaen**  
forward pass  
**pàs wrthol**  
reverse pass

**pàs** *eb* **dros ben**

*pf*  
overhead pass *n*

**pàs** *eb* **i fyny**

*ath*  
= *mewn ras gyfnewid*  
up-pass *n*

**pàs** *eb* **i lawr**

*ath*  
= *mewn ras gyfnewid*  
down-pass *n*

**pàs** *eb* **o'r frest**

*pf*  
chest pass *n*

**pàs** *eb* **ollwng**

*pf*  
outlet pass *n*

**pàs** *eb* **sboncio**

*pf*  
bounce pass *n*

**pàs** *eb* **wyllt**

*pf*  
wild pass *n*

**pàs** *eb* **yn ôl**

*pd*  
back pass *n*

**pàs** *eg* **canol**

*ho*  
centre pass *n*

**pasio** *be*

pass *v*  
**pasio pêl**  
to pass a ball

**pasio** *be* **i fyny**

*ath*  
= *mewn ras gyfnewid*  
up-pass *n*

**pastwn** *eg*

*qu*  
broom *n*

**pedwar**

*cr*  
four *n*  
**taro pedwar**  
to hit a four  
**sgorio pedwar rhediad**  
to score four runs

**pedwar** *eg* **cefn**

*pd*  
back four *npl*

**pedwar yn erbyn pedwar**

*bo*  
four against four

**pedwerydd postyn** *eg*

*ro*  
fourth post *n*

**pedwerydd swyddog** *eg*

*pd*  
fourth official *n*

**peidio** *be* **â rhedeg yn rhy gyflym**

*ath*  
pace (*v*) oneself

**peiriant** *eg* **lladd gwair**

mower *n*

**peiriant** *eg* **sugno**

*cn*  
suction machine *n*

**pêl** *eb*

ball *n*

**pêl wedi ei dychwelyd i'r cwrt cefn**

ball returned to back court

*bo*

bowl *n*

*cr*

delivery *n*

**pêl ogwyddo**

a swinging delivery

**pêl** *eb* **at y corff**

*ro*  
body ball *n*

**pêl** *eb* **bell**

*cr*  
wide *n*

**pêl** *eb* **dennis**

*tn*  
tennis ball *n*

**pêl** *eb* **dorri**

*cr*  
cutter *n*

**pêl** *eb* **dynnu**

*bo*  
drawing bowl *n*

**pêl** *eb* **farw**

dead ball *n*

*bo*

dead bowl *n*

**pêl** *eb* **fer**

*bo*  
short bowl *n*

**pêl** *eb* **fewndro**

*cr*  
in-swinger *n*



**pêl** *eb* **flocio**  
**bo**  
blocking bowl *n*

**pêl** *eb* **fyw**  
**pf**  
alive ball *n*

**pêl** *eb* **gefn**  
**bo**  
back bowl *n*

**pêl** *eb* **golff**  
**go**  
golf ball *n*

**pêl** *eb* **gosb**  
penalty shot *n*

**pêl** *eb* **griced**  
**cr**  
cricket ball *n*

**pêl** *eb* **gyffwrdd**  
**bo**  
touch bowl *n*,  
toucher *n*

**pêl** *eb* **heibio**  
**cr**  
bye *n*

**pêl** *eb* **hir**  
**tn**  
long ball *n*

**pêl** *eb* **hoci**  
**ho**  
hockey ball *n*

**pêl** *eb* **lac**  
**cr**  
loose ball *n*

**pêl** *eb* **ledr**  
leather ball *n*

**pêl** *eb* **neidio**  
**pf**  
jump ball *n*

**pêl** *eb* **newydd**  
**tn**  
new ball *n*

**pêl** *eb* **o'r hyd iawn**  
**cr**  
length ball *n*

**pêl** *eb* **ofer**  
**cr**  
no ball *n*  
**bowlio pêl ofer**  
to bowl a no ball

**pêl** *eb* **olaf**  
**bo**  
last bowl *n*

**pêl** *eb* **rwber**  
rubber ball *n*

**pêl** *eb* **rydd**  
**pf**  
loose ball *n*

**pêl** *eb* **rygbi**  
**rg**  
rugby ball *n*

**pêl** *eb* **safle**  
**bo**  
positional bowl *n*

**pêl** *eb* **sêm**  
**cr**  
seamer *n*

**pêl** *eb* **sgorio**  
**bo**  
scoring bowl *n*

**pêl** *eb* **wedi ei chodi**  
**ho**  
raised ball *n*

**pêl** *eb* **wedi ei dal**  
**pf**  
held ball *n*

**pêl** *eb* **y gwrthwynebydd**  
**bo**  
opponent's bowl *n*

**pêl** *eb* **ymarfer**  
medicine ball *n*

**pêl** *eb* **yn gwyro allan**  
**cr**  
out-swing *n*

**pelawd** *eb*  
**cr**  
over *n*

**pêl-droed** *eg*  
**pd**  
football *n*

**pêl-droediwr** *eg*  
**pd**  
footballer *n*,  
football-player *n*

**pelen** *eb* **lawn**  
**cr**  
full-toss *n*

**pêl-fasged** *eb*  
**pf**  
basketball *n*

**pêl-fasged** *eb* **canol-nos**  
**pf**  
midnight basketball *n*

**pellter** *eg* **dreifio / gyrru**  
**go**  
driving distance *n*

**pen** *eg*  
end *n*  
**go**  
= o'r clwb  
head *n*

**pen** *eg*, (y)  
**bo**  
the head *n*

**pen** *eg* **cau**  
**bo**  
dead end *n*

**pen** *eg* **cyntaf**  
**bo**  
first end *n*

**pen** *eg* **profi**  
**bo**  
trial end *n*

**pen** *eg* **y bowliwr**  
**cr**  
bowler's end *n*

**pen** *eg ychwanegol*

**bo**  
extra end *n*

**pencampwr** *eg*

**tn**  
champion *n*

**pencampwr** *eg parau*

**tn**  
doubles champion *n*

**pencampwr** *eg sy'n amddiffyn*

**tn**  
defending champion *n*

**pencampwr** *eg y senglau*

**tn**  
singles champion *n*

**pencampwraig** *eb*

**tn**  
champion *n*

**pencampwraig** *eb parau*

**tn**  
doubles champion *n*

**pencampwraig** *eb sy'n amddiffyn*

**tn**  
defending champion *n*

**pencampwraig** *eb y senglau*

**tn**  
singles champion *n*

**pencampwriaeth** *eb*

championship *n*  
**go**  
**Y Bencampwriaeth** *eb*  
**Agored**  
The Open Championship *n*

**pencampwriaeth** *eb y siroedd*

**cr**  
county championship *n*

**Pencampwriaeth** *eb y Tai*

**qu**  
House Championship *n*

**pendantrwydd** *eg*

decisiveness *n*

**penderfyniad** *eg*

decision *n*  
**mae penderfyniad y dyfarnwr yn derfynol**  
the umpire's decision is final

**penderfyniad** *eg terfynol*

**bo**  
final decision *n*

**penderfynol** *ans*

decisive *adj*,  
determined *adj*

**penderfynu'r** *be gêm*

**tn**  
decide (*v*) the tie break

**peniad** *eb*

**pd**  
header *n*

**penio'r** *be bêl*

**pd**  
head (*v*) the ball

**peniwr** *eg*

**pd**  
header *n*

**pentathlon** *eg*

**ath**  
pentathlon *n*

**penwisg** *eb ddiogelu*

protective headgear *n*

**perfformiad** *eg*

performance *n*

**perfformiad** *eg trawiadol*

impressive performance *n*

**perfformiad** *eg i dorri'r record*

record-breaking performance *n*

**perfformio** *be*

perform *v*

**perfformiwr** *eg*

performer *n*

**perfformwraig** *eb*

performer *n*

**perygl** *eg*

danger *n*

**peryglu** *be*

endanger *v*

**peryglus** *ans*

dangerous *adj*

**pib** *eb arian*

**qu**  
silver whistle *n*

**pin** *eg*

**go**  
pin *n*

**pitsh** *eg*

**go**  
pitch (shot) *n*

**pitsh a pyt** *eg + eg*

**go**  
pitch and putt *n*

**plant** *eg y bêl*

**tn**  
ball kids *npl*

**plentyn** *eg athrylithgar*

child prodigy *n*

**pluen** *eb*

**go**  
birdie *n*

**plwc** *eg*

**qu**  
jerk *n*

**plymiad** *eg*

dive *n*

**plymio** *be*

dive *v + n*

**polyn** *eg*

**ath**  
pole *n*

**polyn** *eg* **euraid(d)**

**qu**  
golden pole *n*

**polyn** *eg* **ffibr gwydr**

**ath**  
fibreglass pole *n*

**polyn** *eg* **lluman**

flag-post *n*

**porfa** *eb*

grass *n*

**porfa** *eb* **artiffisial**

artificial turf *n*

**porfa** *eb* **sych**

dry grass *n*

**posibl** *ans*

potential *adj*

**postyn** *eg*

post *n*  
**taro'r postyn**  
to hit the post

**postyn** *eg* **agosaf**

near post *n*

**postyn** *eg* **cyntaf**

**ro**  
first post *n*

**postyn** *eg* **lluman**

flag-post *n*

**postyn** *eg* **pellaf**

**pd**  
far post *n*

**postyn** *eg* **y gôl**

goal-post *n*

**potensial** *eg*

potential *n*

**prif dirmon** *eg*

**go**  
head greenkeeper *n*

**prif eisteddle** *eg*

grandstand *n*

**profi** *be*

experience *v*,  
test *v*

**profi** *be* **am gyffuriau**

drug testing *n*

**profi** *be* **ar hap am gyffuriau**

random drug testing *n*

**profiad** *eg*

experience *n*

**profiadol** *ans*

experienced *adj*

**prop** *eg*

**rg**  
prop *n*

**prysur** *ans*

active *adj*

**pwer** *eg*

power *n*

**pwll** *eg* **dwr / o ddwr**

**bo**  
puddle *n*

**pwll** *eg* **tywod**

**ath, cn**  
sand pit *n*

**go**  
bunker *n*

**pwriad** *eg*

**tn**  
smash *n*

**pyllgor** *eg* **rheoli**

management committee *n*

**pwyt** *eg*

point *n*

**o fewn pwynt i ennill y gêm**

game point

**pwyt** *eg* **gornest**

**tn**  
match point *n*

**pwyt** *eg* **hollbwysig**

**tn**  
crucial point *n*

**pwyt** *eg* **rhwyd**

**tn**  
net point *n*

**pwyt** *eg* **set**

**tn**  
set point *n*  
**dau bwynt / tri phwynt set**  
two / three set points

**pwyo** *be*

**tn**  
smash *v*

**pwysau** *ell*

pressure *n*

**bo**  
weight *n*

**bod (o) dan bwysau**

to be under pressure

**rhoi pwysau ar**

to put on pressure

**pwysau** *ell* **cywir**

**bo**  
correct weight *n*

**pwysau** *ell* **dan reolaeth**

**bo**  
controlled weight *n*

**pwysau'r** *ell* **bêl**

**bo**  
weight (*n*) of the bowl

**pwysu ar** *be*

pressurise *v*

**pymtheg i ddeg ar hugain**

**tn**  
fifteen thirty

**pymtheg i ddeugain**

**tn**  
fifteen forty

**pymtheg i ddim**

**tn**  
fifteen love

**pymtheg yr un**

**tn**  
fifteen all

**pyt** *eb*  
**go**  
putt *n*

**pyt** *eb* **am fyrdi / am bluen**  
**go**  
birdie putt *n*

**pyt** *eb* **am y safon**  
**go**  
par putt *n*

**pytio** *be*  
**go**  
putt *v*

**pytiwr** *eg*  
**go**  
putter *n*

# R

**raced** *eb*  
**tn**  
racquet *n*

**raced** *eb* **graffit**  
**tn**  
graphite racquet *n*

**raced** *eb* **ry fawr**  
**tn**  
oversize racquet *n*

**raced** *eb* **tennis**  
**tn**  
tennis racquet *n*

**rali** *eb*  
**tn**  
rally *n*  
**rali o ddeg ergyd**  
a ten-shot rally

**ras** *eb*  
**ath**  
race *n*

**ras** *eb* **dros y clwydi**  
**ath**  
hurdles race *n*

**100 metr dros y clwydi**  
**(merched / menywod)**  
100 metres hurdles  
(women)

**110 metr dros y clwydi**  
**(dynion)**  
110 metres hurdles (men)

**ras** *eb* **ddycnwch ar drac**  
**ath**  
endurance track race *n*

**ras** *eb* **ffos a pherth**  
**ath**  
steeplechase *n*

**ras** *eb* **gyfnewid**  
**ath**  
relay (race) *n*

**ras** *eb* **hirbell oddi ar y trac**  
**ath**  
non-track distance event *n*

**ras** *eb* **pellter canol**  
**ath**  
middle-distance race *n*

**ras** *eb* **rwystrau**  
**ath**  
obstacle race *n*

**ras** *eb* **traws-gwlad**  
**ath**  
cross-country race *n*

**ras** *eb* **wibio**  
**ath**  
sprint race *n*

**rasio** *be*  
**ath**  
race *v*

**rasio** *be* **ffyrdd**  
**ath**  
road racing *n*

**record** *eb*  
record *n*  
**i dorri'r record**  
record-breaking

**rinc** *eb*  
**bo**  
rink *n*

**rownd** *eb*  
round *n*

**rownd** *eb* **derfynol**  
final *n*

**rownd** *eb* **gyntaf, y**  
first round *n*  
**ennill yn y rownd gyntaf**  
a first-round win

**rownd** *eb* **o golff**  
**go**  
round (*n*) of golf

**rownd** *eb* **ymarfer**  
**go**  
practice round *n*

**rownder** *eg*  
**ro**  
rounder *n*

**rownderi** *ell*  
**ro**  
rounders *n*

**rownderi** *ell* **cadair olwyn**  
**ro**  
wheelchair rounders *n*

**rownderi** *ell* **dan do**  
**ro**  
indoor rounders *n*

**rownderi** *ell* **mat**  
**ro**  
mat rounders *n*

**ryc** *eg*  
**rg**  
ruck *n*  
**ryc a sgarmes**  
ruck and maul

**rycio** *be*  
**rg**  
ruck *v*

**rygbi** *eg*  
**rg**  
rugby *n*

**rygbi** *eg cyffwrdd*

**rg**  
touch rugby *n*

**rygbi** *eg cynghrair*

**rg**  
league rugby

**rygbi** *eg tag*

**rg**  
tag rugby *n*

**rygbi** *eg tri ar ddeg*

**rg**  
rugby league *n*

**rygbi'r** *eg undeb*

**rg**  
rugby union *n*

# Rh

**rhaglen** *eb cynnal a chadw*

maintenance programme *n*

**rhagoriaeth** *eb*

excellence *n*

**rhan** *eb darged*

**pf**  
target area *n*

**rhan** *eb gyfyngedig*

**pf**  
restricted area *n*

**rhaniad** *eg*

**go**  
cut *n* (selection of players),  
halfway cut *n* (selection)

**rhaw** *eb faw*

**cn**  
poop scoop *n*

**rhedeg** *be*

run *v*,  
running *n*

**rhedeg** *be allan*

**bo, cr**  
run (*v*) out

**cr**  
run-out *n*

**rhedeg** *be am hwyl*

**ath**  
fun-running *n*

**rhedeg** *be dros y llain*

over-run *n*

**rhedeg** *be ffyrdd*

**ath**  
road running *n*

**rhedeg** *be gyda'r bêl*

run (*v*) with the ball

**rhedeg** *be i fyny*

**ro**  
run-up *n*

**rhedeg** *be lap* *be*

**ath**  
lap *v*  
run (*v*) a lap

**rhedeg** *be traws-gwlad*

**ath**  
cross-country running *n*

**rhedfa** *eb*

**ath**  
= **naid hir**  
runway *n*

**rhediad** *eg*

run *n*  
**mynd am rediad**  
to go for a run  
**yn erbyn rhediad y chwarae**  
against the run of play  
**sgorio un rhediad**  
to take a single

**cr**  
single *n*  
(**un**) **rhediad cyflym**  
a quick single  
**sgorio rhediad**  
to score a run

**rhediad** *eg at y naid*

**ath**  
approach run *n*

**rhediad** *eg i fyny*

**cr**  
run-up *n*  
**rhediad y bowliwr i fyny**  
the bowler's run-up

**rhediad** *eg llofnaid*

**ath**  
vault approach run *n*

**rhediad** *eg y chwarae*

run (*n*) of play

**rhediad** *eg ychwanegol*

**cr**  
extra *n*

**rhedwr** *eg*

**ath**  
runner *n*

**rhedwr** *eg allan*

**ath**  
= **mewn ras gyfnewid**  
outgoing runner *n*

**rhedwr** *eg marathon*

**ath**  
marathon runner *n*

**rhedwr** *eg pellter canol*

**ath**  
middle-distance runner *n*

**rhedwr** *eg pellter hir*

**ath**  
long-distance runner *n*

**rhedwr** *eg sy'n dod i mewn*

**ath**  
= **mewn ras gyfnewid**  
incoming runner *n*

**rhedwraig** *eb*

**ath**  
runner *n*

**rheol** *eb deg eiliad*

**pf**  
ten-seconds rule *n*

**rheng** *eb flaen*

**rg**  
front row *n*

**rheng** *eb ôl*

**rg**  
back row *n*

**rheol** *eb fantais, y*

advantage rule *n*

**rheol** *eb pum eiliad*

**pf**  
five-seconds rule *n*

**rheol** *eb tair eiliad*

**pf**  
three-seconds rule *n*

**rheol** *eb tair eiliad - torri*

**pf**  
three-seconds rule -  
infraction *n*

**rheol** *eb tri degeiliad*

**pf**  
thirty-seconds rule *n*

**rheolaeth** *eb*

control *n*

**rheolaeth** *eb ar y bêl*

ball control *n*

**bod â rheolaeth ar / dros  
y bêl**

to be in control of the ball

**rheolau** *ell golff*

**go**  
rules (*npl*) of golf

**rheolau'r** *ell gêm*

laws of the game *npl*

**rheoli** *be*

control *v*

**rheoli** *be cwn*

**cn**  
dog control *n*

**rheoli'r** *be bêl*

control (*v*) the ball,  
ball control *n*

**rheoli'r** *be gêm*

control (*v*) the game

**rheoli'r** *be pwysau*

**bo**  
weight (*n*) control

**rheolwr** *eg canolfan / y  
ganolfan*

centre manager *n*

**rheolwr** *eg cynorthwyol*

assistant manager *n*

**rheolwraig** *eb canolfan / y  
ganolfan*

centre manager *n*

**rheolwraig** *eb  
gynorthwyol*

assistant manager *n*

**rhif** *eg adnabod*

**ath**  
identification number *n*

**Rhif** *eg Un (yn) y Byd*

**go**  
World Number One *n*

**rhodfa** *eb*

**go**  
fairway *n*

**rhofiad** *eg*

**ho**  
scoop *n*

**rhofio** *be*

**ho**  
scoop *v*

**rhoi** *be ar dennyn*

**cn**  
leash *v*,  
leashing *n*

**rhoi** *be cap*

cap *v*

**rhoi** *be cic gosb*

**pd, ho**  
award (*v*) a penalty

**rhoi** *be cyffur*

drug *v*

**rhoi** *be prawf cadarnhaol  
am gyffuriau*

test (*v*) positive for drugs  
**yr oedd canlyniad y  
prawf cyffuriau arni'n  
gadarnhaol, cafwyd  
canlyniad cadarnhaol i'r  
prawf cyffuriau arni**  
she tested positive for  
drugs

**rhoi** *be cyffuriau*

doping *n*

**rhoi'r** *be bêl ar y ti*

**go**  
tee (*v*) up

**rholio** *be*

roll *v*

**go**  
roll *n*  
= tending the green

**rholio** *be i fyny*

**bo**  
roll-up *n*

**rholio'r** *be lawnt*

**go**  
roll *v*  
= tending the green

**rholio'r** *be llain*

**cr**  
roll (*v*) the pitch

**rholiwr** *eg*

roller *n*

**rholiwr trwm**

heavy roller

**rhuthro** *be*

**tn**  
rush *v*

**rhuthro at y rhwyd**

to rush the net

**rhwyd** *eb*

net *n*

**yn y rhwyd**

in the net

**ying nghefn y rhwyd**

in the back of the net

## rhwyd!

**tn**  
net!

## rhwyd *eb* ddiogelwch

**ath**  
safety netting *n*

## rhwydi *ell*

**cr**  
nets *npl*

## rhwydo'r *be* bêl

**pd, ho**  
strike (*v*) the ball into the back of the net

## rhwymyn *eg* braich

armband *n*  
**rhwymyn braich y capten**  
captain's armband

## rhwymyn *eg* garddwrn

**tn**  
wristband *n*

## rhwymyn *eg* pen

**tn**  
headband *n*

## rhwystr *eg*

obstruction *n*

## rhwystro *be*

block *v*,  
obstruct *v*,  
obstruction *n*

**rhwystro**  
**gwrthwynebydd rhag**  
**cael y bêl**

deny an opponent the ball

## rhy ysgafn

**bo**  
underweight *adj*

## rhybudd *eg*

caution *n*

## rhybuddio *be*

caution *v*  
issue (*v*) a caution

## rhyddau'n *be* isel

**ro**  
low release *n*

## rhyddhau *be*

**ath**  
= llofnedio  
fly-away *n*

## rhyddhau *be*

**bo**  
to release *v*,  
release *n*

## rhyddhau'r *be* bêl

**bo**  
release (*n*) of the bowl

## rhyng-gipiad *eg*

interception *n*

## rhyng-gipio *be*

intercept *v*

## rhyng-gipio'r *be* bêl

intercept (*v*) a pass / the ball

## rhyngipio *be*

**pf**  
intercept *v*

## rhyngwladol *ans*

international *adj*

## rhythm *eg*

**go**  
rhythm *n*

## rhythm *eg* cyfrif dau

**pf**  
two-count rhythm *n*

# S

## saethiad *eg* i mewn

**ho**  
injection *n*

## saethu *be*

**qu**  
fly *v*,  
shoot *v*

**saethu i mewn o'r llinell**  
**gefn**

injection from the back-line

## saethu *be* at y gôl

shoot (*v*) at goal,  
shot (*n*) at goal

## safiad *eg*

**ro**  
positioning *n*  
**bo**  
stance *n*

## safiad *eg* cyntaf

**bo**  
fixed stance *n*

## safle *eg*

position *n*

**ro**  
base *n*

## safle *eg*

**tn**  
rank *n*,  
ranking *n*  
**safle'r pumed yn y byd**  
ranked fifth in the world

## safle *eg* ar y cae

position (*n*) on the field  
**gosod chwaraewyr**  
to position players

## safle *eg* canol-draw

**cr**  
mid-off *n*

## safle *eg* canol-draw agos

**cr**  
silly mid-off *n*

## safle *eg* canol-llawdde

**cr**  
mid-on *n*

## safle *eg* canol-llawdde agos

**cr**  
silly mid-on *n*

## safle *eg* canol-wiced

**cr**  
mid-wicket *n*

## safle *eg* coes sgwâr bell

**cr**  
deep-square-leg *n*

**safle** *eg* **cychwyn**

**pf**  
start position *n*

**safle** *eg* **gât**

**ro**  
gate position *n*

**safle** *eg* **pwynt**

**cr**  
point *n*

**safle** *eg* **pwynt agos**

**cr**  
silly point *n*

**safle** *eg* **taflu**

**ro**  
throwing position *n*

**safle** *eg* **yn y byd**

**tn**  
world ranking *n*

**safon** *eg, y*

**go**  
par *n*  
**pedair (ergyd) yn well na'r safon**  
four under par

**safon** *eg* **pedwar**

**go**  
par four *n*

**safonwr** *eg*

**ath**  
pace-maker *n*

**sail** *eb*

base *n*

**sâl** *ans fel ci*

sick (*adj*) as a parrot

**sawdl** *egb*

**rg**  
heel *n*

**sbin** *eg*

spin *n*

**sbin** *eg* **o'r goes**

**cr**  
leg-spin *n*

**sbonc** *eb*

**ath**  
hop *n*

**sboncio** *be*

**ath**  
hop *v*

**pf**  
bouncing *n*

**sbrintio** *be*

**ath**  
sprint *v*

**sbwriel** *eg*

**cn**  
litter *n*

**seddau** *ell*

**rg**  
seating *n*  
**seddau i ddeg mil o wylwyr**  
seating for ten thousand spectators

**sefyll** *be yn ôl*

**tn**  
stay (*v*) back

**sefyllfa** *eb pêl farw*

**ro**  
dead-ball situation *n*

**sêm** *eb*

**cr**  
seam *n*

**sêm-fowlio** *be*

**cr**  
seam-bowling *n*

**sêm-fowliwr** *eg*

**cr**  
seam bowler *n*,  
seamer *n*

**senglau** *ell dwy-belen*

**bo**  
two-wood singles *npl*

**senglau'r** *ell dynion*

**tn**  
men's singles *npl*

**senglau'r** *ell merched*

**tn**  
women's singles *npl*

**seremoni** *eb wobrwyo*

awards ceremony *n*

**serfiad** *eg*

**tn**  
serve *n*

**serfiad** *eg a foli*

**tn**  
serve and volley *n*

**serfiad** *eg cyntaf*

**tn**  
first service *n*

**serfiad** *eg mawr*

**tn**  
big serve *n*

**serfio** *be*

**tn**  
serve *v*  
**gêm o serfio a foli**  
serve-and-volley game

**serfio** *be am yr ornest*

**tn**  
serve (*v*) for the match

**serfiwr** *eg*

**tn**  
server *n*  
**serfiwr mawr**  
a big server

**sesiwn** *eg chwarae*

**bo**  
playing session *n*

**set** *eg*

**tn**  
set *n*  
**dwy set i un**  
two sets to one

**set i fyny**

**tn**  
one set up  
**dwy set i fyny**  
two sets up



**set i lawr**

tn

one set down  
**dwy set i lawr**  
two sets down

**set yr un**

tn

set all

**sgarmes** *eb*

rg

maul *n*

**sgarmes** *eb* **rydd**

rg

loose maul *n*

**sgert** *eb*

tn

skirt *n*

**sgil** *eb* **aruthrol**

awesome skill *n*

**sgil** *eg* **bywyd**

life skill *n*

**sgilio** *be*

tn

cover *v*  
**sgilio dros bartner**  
to cover for a partner

**Sgip** *eg, y*

bo

the Skip *n*

**sgôr** *eb*

score *n*

**sgôr dda**  
a good score

**sgôr** *eb* **ar yr egwyl**

halftime score *n*

**sgôr** *eb* **gyfartal**

pd

score-draw *n*

**sgorfwrdd** *eg*

score board *n*

**sgorio** *be*

score *v*,  
scoring *n*

**sgorio dim**

to score / make a duck

**sgorio** *be* **â'r pen /  
o beniad**

pd

score (*v*) with a header

**sgorio** *be* **deirgwaith  
(yn olynol) / trithro**

score (*v*) a hat-trick

**sgorio** *be* **gôl**

score (*v*) a goal

**sgorio** *be* **hanner rownder**

ro

score (*v*) a half rounder

**sgorio** *be* **o gic gosb**

score (*v*) (from) a penalty

**sgorio** *be* **o'r smotyn**

score (*v*) (from) a penalty

**sgorio** *be* **rownder**

ro

score (*v*) a rounder

**sgoriwr** *eg*

scorer *n*

**sgoriwr** *eg* **y gôl**

goal scorer *n*

**sgoriwr y gôl /**

**sgoriwr goliau**

the goal scorer

**sgrin** *eb* **wen**

cr

sight-screen *n*

**sgrym** *eb*

rg

scrum *n*,  
scrummage *n*

**sgrymio** *be*

rg

scrum *v*,  
scrummaging *n*

**sgwâr** *egb*

cr

square *n*  
**sgwâr y gêm**  
the match square

**sgwâr** *eg* **batio**

ro

batting square *n*

**sgwâr** *eg* **bowlio**

ro

bowling square *n*

**sgwâr** *eb* **fatio**

ro

batting square *n*

**sgwâr** *eb* **fowlio**

ro

bowling square *n*

**siglo** *be*

bo

wobble *n*,  
wobble *v*

**siom** *eb*

anti-climax *n*

**siorts** *ell*

shorts *npl*

**siwmpwr** *eb*

cr, tn

sweater *n*

**slaes** *eb*

cr

cut *n*

**slaes** *eb* **hwyr**

cr

late cut *n*

**slaes** *eb* **i'r goes**

cr

leg cut *n*

**slaes** *eb* **sgwâr**

cr

square cut *n*

**slaesio** *be*

*cr*

cut *v*

*go, tn*

slice *v*

**sleisio'r bêl**

to slice the ball

**sleisiad** *eg*

*tn*

slice *n*

**slip** *eg*

*cr*

slip *n*

**slip cyntaf / ail slip /**

**trydydd slip**

first / second / third slip

**yn y slipiau**

in the slips

**smotyn** *eg* (**cosbi**), **y**

penalty spot *n*

**smotyn** *eg* **gwyn**

*pd*

penalty spot *n*

**Snichyn** *eg* **Aur, y**

*qu*

the Golden Snitch *n*

**sodli** *be*

*rg*

heel *v*

**Stadiwm** *eg* **y Mileniwm**

Millennium Stadium *n*

**staff** *eg* (**y**) **cae / maes**

grounds staff *n*

**statws** *eg* **elusenol**

charitable status *n*

**steroid** *eg* **anabolig**

anabolic steroid *n*

**straen** *eg* **cesail y**

**forddwyd**

groin strain *n*

**strapen** *eg* **migwrn**

*tn*

ankle strap *n*

**strategaeth** *eb* **gefnogi**

*bo*

supportive strategy *n*

**strategaeth** *eb*

**genedlaethol**

national strategy *n*

**stwmp** *eg*

*cr*

stump *n*

**stwmp** *eg* **coes**

*cr*

leg stump *n*

**stwmp y goes**

the leg stump

**stwmp** *eg* **canol**

*cr*

middle stump *n*

**stwmp** *eg* **pellaf**

*cr*

off stump *n*

**styden** *eb*

*cr*

stud *n*

**stympio** *be*

*cr*

stump *v*

**stympio** *be* **postyn**

*ro*

stump (*v*) a post

**suddo** *be*

*go*

hole *v*

**swing** *eb*

= *llofnaid*

*ath*

swing *n*

*tn*

swing *n*

**swing** *eb* **ymlaen**

*bo*

forward swing *n*

**swing** *eb* **bowliwr**

*ro*

bowler's swing *n*

**swing** *eb* **cefn**

*bo*

backswing *n*

**swingio** *be*

*ath, tn*

= *llofnaid*

swing *v*

swing *v*

**swyddog** *eg*

official *n*

**swyddogol** *ans*

official *adj*

**sy'n troseddu** *be*

offending *adj*

**y chwaraewr(aig) sy'n**

**tramgwyddo / troseddu**

the offending player

**syfrdanol** *ans*

breath-taking *adj*

**sylwebaeth** *eb*

commentary *n*

**sylwebaeth** *eb* **fyw**

running commentary *n*

**sylwebu** *be*

commentate *v*

**sylwebydd** *eg*

commentator *n*

**sylwedd** *eg* **gwaharddedig**

*ath*

banned substance *n*

**symud** *be*

*bo*

dislodge *v*

**symud** *be* (**yn gelfydd**)

execute (*v*) a (clever) move

**symudiad** *eg*

*symudiadau*

movement *n*

**symudiad** *eg* **llyfn**

fluid movement *n*

**symudiad** *eg pendil*

**bo**  
pendulum movement *n*

**symudiad** *eg sgubo*

**bo**  
sweeping action *n*

**symudiad** *eg yr arddwrn*

**tn**  
wrist action *n*

**syर्थio** *be*

**cr**  
fall *v*,  
fall *n*  
**wicedi'n syर्थio**  
fall of wickets

**syth** *ans*

**go**  
straight *adj*  
**trawiad syth**  
a straight hit

# T

**tacl** *eb anghyfreithlon*

illegal tackle *n*

**tacl** *eb deg*

fair tackle *n*

**tacl** *eb deifio*

diving tackle *n*

**tacl** *eb fudr*

foul tackle *n*

**tacl** *eb hwyr*

late tackle *n*

**tacl** *eb o'r ochr*

diving tackle *n*

**tacl** *eb o'r tu ôl*

**pd**  
tackle (*n*) from behind

**tacl** *eb wyllt*

desperate tackle *n*

**tacl** *be o'r tu ôl*

**pd**  
tackle (*v*) from behind

**taflen** *eb sgorio*

**pf**  
score sheet *n*

**taflen** *eb sgorio*  
**swyddogol**

**pf**  
official score sheet *n*

**tafliad** *eg*

**cr, bo, ro**  
delivery *n* (of the ball),  
throw *n*

**tafliad** *eg ar ongl*

**ro**  
angled delivery *n*

**tafliad** *eg cyflym*

**ro**  
fast delivery *n*

**tafliad** *eg dal*

**bo**  
holding shot *n*

**tafliad** *eg dan ysgwydd*

underarm throw *n*

**tafliad** *eg dros ysgwydd*

overarm throw *n*

**tafliad** *eg gyrru*

**bo**  
drive shot *n*

**tafliad** *eg i mewn*

**cr, pf**  
throw-in *n*

**tafliad** *eg i mewn i'r maes*

**pf**  
throw (*n*) into the field

**tafliad** *eg rhydd*

**pf**  
(one) free throw *n*

**tafliad** *eg tros ysgwydd*

overarm throw *n*

**tafliad** *eg tynnu*

**bo**  
drawing shot *n*

**tafliad** *eg wedi ei dynnu*

**bo**  
drawn shot *n*

**taflu** *be*

**bo**  
deliver *v*  
delivery *n*

**ath, cr**  
throw *v*  
**taflu'r bêl**  
to throw the ball

**ath**  
throwing *n*

**taflu** *be ceiniog*

toss (*v*) the coin

**taflu** *be dan (yr) ysgwydd*

**ro**  
underarm action *n*

**taflu** *be dros ysgwydd*

**ro**  
overarm throwing *n*

**taflu** *be gwaywffon*

**ath**  
javelin throwing *n*

**taflu** *be i mewn*

**pf**  
throw-in *n*

**taflu** *be tros ysgwydd*

**ro**  
overarm throwing *n*

**taflu'r** *be bêl*

**ro**  
deliver (*v*) the ball

**taflu'r** *be bêl o'r smotyn*

**pf**  
throw (*v*) the ball from the spot

**taflu'r** *be jac*

**bo**  
cast (*v*) the jack,  
casting (*n*) the jack

**taflu'r** *be maen*

*ath*

put (*v*) the shot,  
shot put *n*

**taflu'r** *be morthwyl*

*ath*

hammer throwing *n*

**taflwr** *eg gwaywffon*

*ath*

javelin thrower *n*

**taflwr** *eg i mewn*

*pf*

thrower-in *n*

**taflwr** *eg maen*

*ath*

shotputter *n*

**talent** *eb naturiol*

natural talent *n*

**tanio** *be*

*bo*

fire *v*

**tanio'n** *be gywir*

*bo*

fire (*v*) accurately

**tâp** *eg terfyn*

*ath*

finishing tape *n*

**tarfu** *be ar*

interrupt *v*,  
interruption *n*

**tarfu** *be ar y chwarae*

interrupt (*v*) play

**tarfu** *be ar y gêm*

interruption (*n*) to the game

**targed** *eg perfformio*

*ath*

performance target *n*

**taro** *be*

hit *v* + *n*,  
striking *n*

**dim taro**

no striking

*go*

tee (*v*) off

**taro** *be dwybêl*

*bo*

cannon *v*

**taro** *be hanner foli*

*tn*

half volley *v*

**taro oddi ar** *be*

deflect *v* (off / from)

**taro** *be pêl i'r awyr*

*cr*

sky (*v*) the ball

**taro'n** *eb ôl*

retaliation *n*

**taro'r** *be bêl yn galed*

*ho*

slap *v* + *n*

**taro'r** *be rhwyd*

*pd*

hit (*v*) the net

**taro'r** *be targed*

hit (*v*) the target

**taro'n** *be rhy bell*

*tn*

over-hit *v*

**teg** *ans*

fair *adj*

**tennis** *eg*

*tn*

tennis *n*

**tennyn** *eg*

*cn*

lead *n*,  
leash *n*

**tennyn** *eg tynnu i mewn*

*cn*

retractable lead *n*

**terfynol** *ans*

decisive *adj*

**ti** *eg*

*go*

tee *n*

**ar y pedwerydd ti**

on the fourth tee

**tîm** *eg*

team *n*

**tîm** *eg dwbl*

*pf*

double team *n*

**tîm** *eg gemau prawf*

*cr*

test side *n*,  
test team *n*

**tîm** *eg ras gyfnewid*

*ath*

relay team *n*

**tîm** *eg sy'n amddiffyn*

defending team *n*

**tîm** *eg sy'n ymosod*

*pf*

attacking team *n*

**tîm** *eg ymosodol*

attacking team *n*

**tir** *eg ar oledd*

*go*

sloping ground *n*

**tir** *eg glas*

*go*

fairway *n*

**tir** *eg ymarfer*

*go*

practice ground *n*

**tirio** *be*

*rg*

ground

**tirio'r bêl**

to ground the ball,  
to touch down,  
touch down *n*

**tirmon** *eg*

*go*

greenkeeper *n*

**tocsocariasis** *eg*

*cn*

toxocariasis *n*

**toiled** *eg cwn*

**cn**

dog loo *n*,  
dog toilet *n*

**toniad** *eg*

**go**

undulation *n*

**top-sbin** *eg*

**cr, tn**

top spin *n*

**torbwynt** *eg*

**tn**

break point *n*

**torf** *eb*

**rg**

crowd *n*

**toriad** *eg*

**pd**

break *n*  
**ar y toriad**  
on the break

**go**

cut *n*  
= a shot

**toriad** *eg cyflym*

**pf**

fast break *n*

**torri** *be*

breach *v* + *n*,  
infringe *v*  
breach *n*

**torri** *be drwodd*

break (*v*) through,  
break-through *n*,  
make (*v*) a break-through

**torri** *be i lawr*

**ho**

break (*v*) down

**torri** *be rheol*

infringe (*v*) a rule,  
infringement (*n*) of a rule

**torri'r** *be chwarae*

break (*v*) down play

**torri'r** *be record*

break (*v*) the record

**torri'r** *be rheolau*

breach (*n*) of the rules

**torri'r** *be rheolau*

breach (*v*) the rules,  
offend (*v*) against the rules

**torri'n** *be ôl*

**tn**

break (*v*) back

**torri'r** *be serfiad*

**tn**

break (*n*) of serve,  
break (*v*) serve / service

**torrwr** *eg record*

record-breaker *n*

**trac** *eg*

**ath**

track *n*

**trac** *eg gwibio*

**ath**

sprinting track

**trac** *eg rhedeg*

**ath, ro**

running track *n*

**trac** *eg synthetig*

**ath**

synthetic track *n*

**trac** *eg syth ôl*

**ath**

back straight *n*

**tracio** *be*

**cr**

track *v*  
**traci o'r bêl**  
to track the ball

**tramgwyddo** *be*

offend *v*

**tramgwyddus** *ans*

offending *adj*

**trawiad** *eg*

**tn**

delivery *n*,  
hit *n*

**bo**

impact *n*

**trawiad** *eg caled*

**ho**

slap hit *n*

**trawiadol** *ans*

impressive *adj*

**traws-gwlad** *ans*

**ath**

cross-country *adj*

**trawst** *eg*

crossbar *n*

**taro'r trawst**

to hit the crossbar

**trechafwriaeth** *eb*

**bo**

gamesmanship *n*

**trechu** *be*

beat *n*,  
defeat *n*,  
overcome *v*

**trechu anfantais**

overcome a handicap

**trechu gwrthwynebydd**

overcome an opponent

**trefn** *eb fatio*

**ro**

batting order *n*

**trefn** *eb (y) batio*

**cr**

batting order *n*

**trefn** *eb y chwarae*

**go**

draw *n*  
= order of play

**treigl** *eg*

**go**

roll *n*  
= movement of ball

**treiglo** *be*

*go*

roll *v*  
= movement of ball

**treisio'r** *be* **cwrt cefn**

*pf*

back court violation *n*

**tri i ddim**

*tn*

= **mewn datglwm**  
three zero

**tri thafliad** *eg* **rhydd**

*pf*

three free throws *npl*

**tri-chwarteri** *ell, y*

*rg*

three-quarters *npl, the*

**trioedd** *ell*

*bo*

triples *npl*

**triongl** *eg* **maesu**

*ro*

fielding triangle *n*

**trithro** *eg*

*cr*

hat-trick *n*  
**cyflawni trithro,**  
**cymryd tair wiced yn**  
**olynol / o'r bron**  
to score a hat-trick

**trithro** *eg*

hat-trick *n*

**sgorio tair**

to score a hat-trick

**troad** *eg*

*bo*

curve *n*

**troed** *eb*

foot *n*

**troed** *eb* **arwain**

*bo*

leading foot *n*

**troed** *eb* **flaen**

*bo*

forward leg *n*

**troed** *eb* **ôl**

*cr*

back foot *n*

**oddi ar y droed ôl**

off the back foot

**troedfedd** *eb*

foot *n*

**troelli** *be*

*cr, tn, qu*

spin *v*

**troelli'r bêl**

to spin the ball

**troelli i ffwrdd**

to spin off course

*cr*

spin bowling *n*

**troelliad** *eg*

*go*

spin *n*

**troellwr** *eg*

*cr*

spin bowler *n,*

spinner *n*

**troi** *be i mewn*

*cr*

in-swing *n*

**trolï** *eg*

*go*

trolley *n*

**trolï** *eg* **golff**

*go*

golf trolley *n*

**trosedd** *egb*

foul *n,*

offence *n*

**trosedd** *egb* **amlwg**

blatant foul *n*

**trosedd** *egb* **anfwriadol**

*ho*

unintentional offence

**trosedd** *eb* **bersonol**

*pf*

personal foul *n*

**trosedd bersonol - dim**

**ergydion rhydd**

personal foul - no free

throws

**trosedd** *eb* **broffesiynol**

professional foul *n*

**trosedd** *eg* **bwriadol**

deliberate offence *n,*

intentional foul *n,*

intentional offence *n*

**trosedd** *eb* **dechnegol**

*pf*

technical foul *n*

**trosedd** *egb* **dwbl / ddwbl**

*pf*

double foul *n*

**trosedd** *eb* **fwriadol**

*ho*

deliberate offence *n,*

intentional foul *n,*

intentional offence *n*

**trosedd (egb) gan y tîm**  
**sy'n rheoli'r bêl**

*pf*

foul (*n*) by the team in

control of the ball

**trosedd** *eg* **personol**

*pf*

personal foul *n*

**trosedd personol - dim**

**ergydion rhydd**

personal foul - no free

throws

**trosedd** *eg* **proffesiynol**

professional foul *n*

**trosedd** *egb* **seithfed**  
**chwaraewr**

*pf*

seventh-player foul *n*

**trosedd** *eg* **technegol**

*pf*

technical foul *n*

**troseddi'n** *be* **fwriadol**

deliberate foul *n*

**troseddol** *ans*

offending *adj*

**nad yw'n droseddol**

non-offending

**troseddu** *be*  
foul *v*,  
offend *v*  
**nad yw'n troseddu**  
non-offending  
**troseddu yn erbyn**  
**gwrthwynebydd**  
to foul an opponent

**troseddwr** *eg*  
offender *n*

**troseddwraig** *eg*  
offender *n*

**trosgais** *eg*  
*rg*  
converted try *n*

**trosi** *be*  
*rg*  
convert *v*  
**trosi cais**  
to convert a try

**trosiad** *eg*  
*rg*  
conversion *n*

**trowsus** *eg byr*  
*tn*  
shorts *npl*

**trugaredd** *eg*  
leniency *n*

**trugarog** *ans*  
lenient *adj*

**trychineb** *eb*  
disaster *n*

**Trydedd Adran** *eb*  
*pd*  
Third Division *n*  
**tîm yn y Drydedd Adran,**  
**tîm o'r Drydedd Adran**  
a third division team

**Trydydd** *eg, y*  
*bo*  
the Third *n*

**trydydd dyn** *eg, (y)*  
*cr*  
third man *n*

**trydydd postyn** *eg*  
*ro*  
third post *n*

**tsip** *eg*  
*go, tn*  
chip *n*  
*pd*  
chip shot *n*

**tsipio** *be*  
*pd, go, tn*  
chip *v*  
**ergyd tsipio**  
a chip shot

**tu hwnt i'r ffin**  
*pf*  
out-of-bounds *adj*

**tuchan** *be*  
*tn*  
grunt *v*

**tuedd** *eb*  
*bo*  
bias *n*

**twll** *eg*  
*go*  
hole *n*

**twll** *eg mewn un*  
*go*  
hole (*n*) in one

**twmpath** *eg*  
*go*  
mound *n*

**twrnamaint** *eg*  
**cenedlaethol**  
*bo*  
national tournament *n*

**twrnamaint** *eg sirol*  
*bo*  
county tournament *n*

**twrnamaint** *eg wiced*  
**sengl**  
*cr*  
single wicket tournament *n*

**Twrnamaint** *eg y Gamp*  
**Lawn**  
*tn*  
Grand Slam Tournament *n*

**twyn** *eg*  
*go*  
hummock *n*

**tymor** *eg Quidditch*  
*qu*  
Quidditch season *n*

**tynnu** *be*  
*bo*  
draw *v*  
*cr*  
pull *v*

**tynnu** *be at* *be*  
*= neidio*  
approach *v*,  
approach *n*

**tynnu** *be at y jac*  
*bo*  
draw (*v*) to the jack

**tynnu** *be ergyd*  
*go*  
pull (*v*) a shot

**tynnu** *be i aros*  
*bo*  
draw (*v*) to rest

**tynnu** *be pêl*  
*cr*  
pull *n*

**tynnu** *be rhaff*  
*ath*  
tug of war *n*

**tynnu'r** *be bêl*  
*bo*  
draw (*v*) the shot

**tynnu'r** *be enw o'r het*  
draw *v + n*

**tyrfa** *eb*  
crowd *n*

**tyrfa** *eb gartref*  
home crowd *n*

**tyrfa** *eb lond y lle*  
capacity crowd *n*

**tyrru** *be* **cwrt llawn**

*pf*  
full court press *n*

**tywod** *eg*

*go*  
sand *n*

**U**

**uchafbwynt** *eg*

climax *n*

**uchder** *eg* **ysgwydd**

*ho*  
shoulder height *n + adj*

**un dros y safon** *eg*

*go*  
bogey *n*

**un rhediad** *eg*

*cr*  
single *n*  
(un) **rhediad cyflym**  
a quick single  
**sgorio (un) rhediad**  
to take a single

**un set i fyny**

*tn*  
one set up  
**dwy set i fyny**  
two sets up

**un set i lawr**

*tn*  
one set down  
**dwy set i lawr**  
two sets down

**un tafliad** *eg* **rhydd**

*pf*  
one free throw *n*

**Undeb** *eg* **Rygbi Cymru**

*rg*  
Welsh Rugby Union *n*  
(WRU)

**unplygrwydd** *eg*

integrity *n*

**Uwch-Gynghrair** *eb*

*pd*  
Premiership *n*  
**tîm yn yr Uwch-Gynghrair, tîm o'r Uwch-Gynghrair**  
a premiership team

**uwchraddio** *be*

*ho*  
upgrade *v*  
**uwchraddio gôl gosb**  
to upgrade a penalty

**W**

**warden** *eg* **cwn**

*cn*  
dog warden *n*

**wiced** *eb*

*cr*  
wicket *n*  
**deugain heb golli wiced**  
forty for no wicket

**wiced** *eb* **anodd**

*cr*  
sticky wicket *n*

**wiced** *eb* **araf**

*cr*  
slow wicket *n*

**wiced** *eb* **borfa**

*cr*  
turf wicket *n*

**wicedwr** *eg*

*cr*  
wicket-keeper *n*

**woblo** *be*

*bo*  
wobble *v + n*

**wrth ei fodd**

over the moon

**wyneb** *eg* **araf**

*tn*  
slow surface *n*

**wyneb** *eg* **artiffisial**

artificial surface *n*

**wyneb** *eg* **chwarae**

playing surface *n*

**wyneb** *eg* **cyflym**

*tn*  
fast surface *n*

**wyneb** *eg* **pob-tywydd**

all-weather surface *n*

**wyneb** *eg* **rhedeg**

*bo*  
running surface *n*

**wyneb** *eg* **y clwb**

*go*  
club face *n*

**wyneb** *eg* **y ffon**

*ho*  
face (*n*) of the stick

**wynebu** *be*

confront *v*  
**wynebu her**  
rise to a challenge

**wythwr** *eg*

*rg*  
number 8 *n*

**Y**

**ymarfer** *be*

exercise *v*

*tn*  
knock (*v*) up

**ymarfer** *eg*

exercise *n*

*tn*  
knock-up *n*

**ymarfer** *eg* **awyr-agored**

outdoor exercise *n*

**ymarfer** *eg* **hyd**

*bo*  
line practice *n*



**ymarfer** *eg iach*  
healthy exercise *n*

**ymarfer** *eg Quidditch*  
*qu*  
Quidditch practice *n*

**ymarfer** *eg yn y rhwydi*  
*cr*  
net practice *n*

**ymarfer** *be yn yr awyr*  
**agored**  
outdoor exercise *n*

**ymddwyn** *be yn*  
**annheilwng**  
*pf*  
unsportsmanlike conduct *n*

**ymddwyn** *be yn dda*  
good behaviour *n*

**ymddwyn** *be yn*  
**gachgiaidd**  
*pf*  
unsportsmanlike conduct *n*

**ymddwyn** *be yn wael*  
bad behaviour *n*

**ymddygiad** *eg annheilwng*  
*pf*  
unsportsmanlike conduct *n*

**ymddygiad** *eg annheilwng*  
*pf*  
unsportsmanlike conduct *n*

**ymddygiad** *eg cachgiaidd*  
*pf*  
unsportsmanlike conduct *n*

**ymddygiad** *eg*  
behaviour *n*

**ymddygiad** *eg da*  
good behaviour *n*

**ymddygiad** *eg gwael*  
bad behaviour *n*

**ymestyn** *be*  
prolong *v*  
*tn*  
stretch *v*

**ymestyn** *be am y bêl*  
stretch (*v*) for the ball

**ymestyn** *be y gêm*  
prolong (*v*) the game

**ymgais** *eb driphwynt*  
*pf*  
three-point attempt *n*

**ymgiprys** *be o flaen y gôl*  
*pd*  
goal-mouth scramble *n*

**Ymgyrch** *eb Ci Da*  
*cn*  
Good Dog Campaign *n*

**ymladd** *be yn ôl*  
fight (*v*) back,  
fight-back *n*

**ymlaen** *ans*  
forward *adj*

**ymlidiwr** *eg*  
*qu*  
chaser *n*

**ymorchestu** *be*  
bravado *n*

**ymosod** *be*  
attack *v*,  
charge *v*,  
attack *n*

**ymosodedd** *eg*  
aggression *n*

**ymosodiad** *eg*  
attack *n*,  
charge *n*

**ymosodol** *ans*  
aggressive *adj*,  
attacking *adj*

**ymosodwr** *eg*  
attacker *n*

**ymyl** *eb*  
*cr*  
edge *n*

**ymyl fewnol (y bat)**  
inside edge (of the bat)

**ymyl allanol (y bat)**  
outside edge (of the bat)

**ymyl** *eb palmant trac*  
*ath*  
track kerb *n*

**ymyl** *eb y ffon*  
*ho*  
edge (*n*) of the stick

**ymyl** *egb y lawnt*  
*go*  
edge (*n*) of the green

**ymyrryd** *be*  
interfere *v*  
*pf*  
interfering *n*

**ymyrryd** *be â'r gêm*  
interfere (*v*) with the game

**ysbryd** *eg*  
morale *n*

**ysgogi** *be*  
motivate *v*

**ysgogiad** *eg*  
motivation *n*

**ysgrifennydd** *eg clwb*  
*go*  
club secretary *n*

**ysgub** *eb*  
*qu*  
broomstick *n*

**ysgubwr** *eg*  
*pd*  
sweeper *n*

**ysgwyd** *be*  
*qu*  
unseated *adj*

**ysgwyddo** *be*  
*pf*  
shouldering *n*  
**dim ysgwyddo**  
no shouldering

**ystafell** *eb loceri*  
locker room *n*

**ystafell** *eb newid*  
changing room *n*

**ystafell** *eb newid y swyddogion*  
officials' changing room *n*

**ystafell** *eb newid y tîm cartref*  
home changing room *n*

**ystlys** *eb*  
*ho*  
side-line *n*

*rg*  
touch *n*  
**cicio dros yr ystlys**  
to kick into touch  
**cicio at yr ystlys**  
to kick for touch

**ystlys** *eb agos*  
*cr*  
short-leg *n*

**ystlys** *eb gwsg, yr*  
*rg*  
touch in goal *n*

**ystlysbost** *eg*  
*ath*  
= **clwyd neidio**  
upright *n*

**ystlyswr** *eg*  
*rg*  
touch judge *n*  
*tn*  
linesman *n*

**ystwyth** *ans*  
agile *adj*

**ystwythder** *eg*  
agility